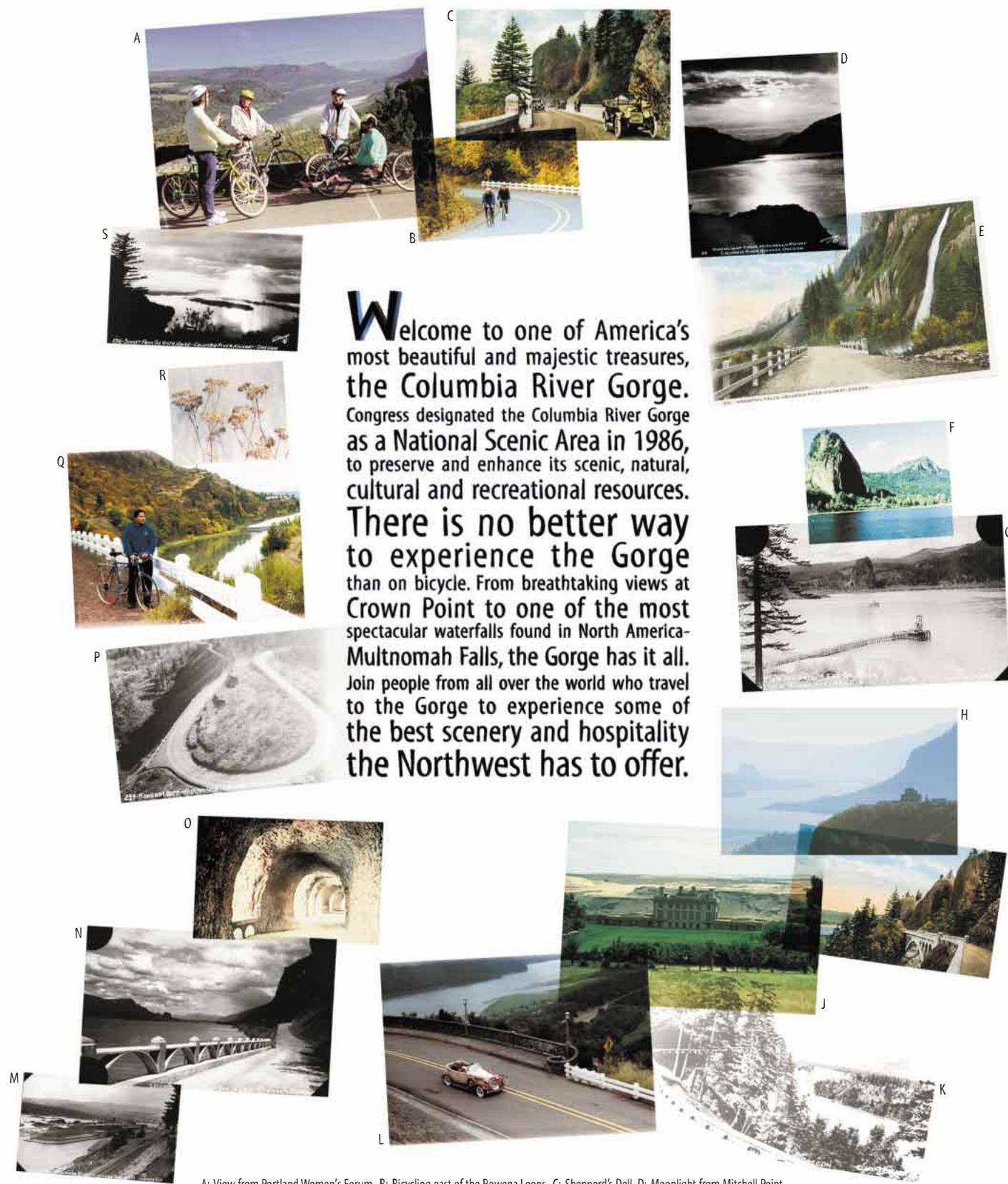




**COLUMBIA
RIVER
GORGE
BIKE MAP**



Welcome to one of America's most beautiful and majestic treasures, the Columbia River Gorge. Congress designated the Columbia River Gorge as a National Scenic Area in 1986, to preserve and enhance its scenic, natural, cultural and recreational resources. There is no better way to experience the Gorge than on bicycle. From breathtaking views at Crown Point to one of the most spectacular waterfalls found in North America—Multnomah Falls, the Gorge has it all. Join people from all over the world who travel to the Gorge to experience some of the best scenery and hospitality the Northwest has to offer.

A: View from Portland Women's Forum, B: Bicycling east of the Rowena Loops, C: Shepperd's Dell D: Moonlight from Mitchell Point, E: Horsetail Falls, F: Beacon Rock, G: Fish wheels at Beacon Rock, H: Vista House at Crown Point, I: Shepperd's Dell, J: Maryhill Museum, K: Near Eagle Creek L: Crown Point view, M: Cascade Locks N: View from the Historic Columbia River Highway O: Mitchell Point Tunnel, P: Rowena Loops Q: Tooley Lake, west of The Dalles, R: Wildflowers S: Sunset from Vista House Photos C, D, E, G, I, K, M, N, O, P and S are historic postcard views - courtesy of the Friends of Vista House



While bicycling in the Gorge, you will have the choice of three different routes to view the spectacular scenery the Gorge offers: 1) the Historic Columbia River Highway (HCRH) in Oregon, 2) State Route 14 (SR-14) in Washington and 3) Interstate 84 (I-84) in Oregon. Each will provide a different experience and take you to different destinations.

State Route 14 is a major east-west highway in southern Washington, providing for both through trips and local access. It is often two lanes with limited or no shoulders. Seven tunnels are located in the middle section of the route. Traffic volumes are moderate; however, many trucks use this route.

Interstate 84 is built to freeway standards. It is basically flat and has a wide, eight to ten foot paved shoulder, except at most bridge locations. The Toothrock Tunnel is located at approximately milepost 41 eastbound; bicyclists should avoid this tunnel by using the adjacent HCRH State Trail, accessed at exit 40; volumes are high, with large numbers of trucks.

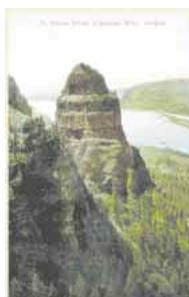
Approach to Mitchell's Point



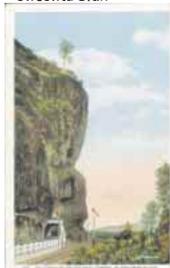
Shepherd's Dell



St. Peter's Dome



Oneonta Bluff



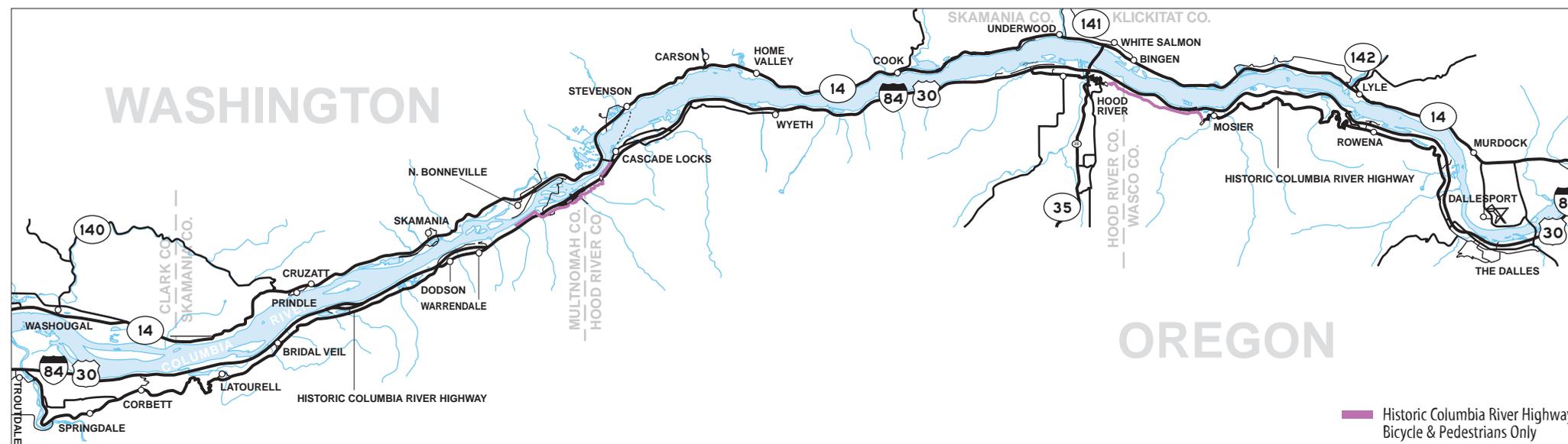
Beacon Rock



Historic Columbia River Gorge vista



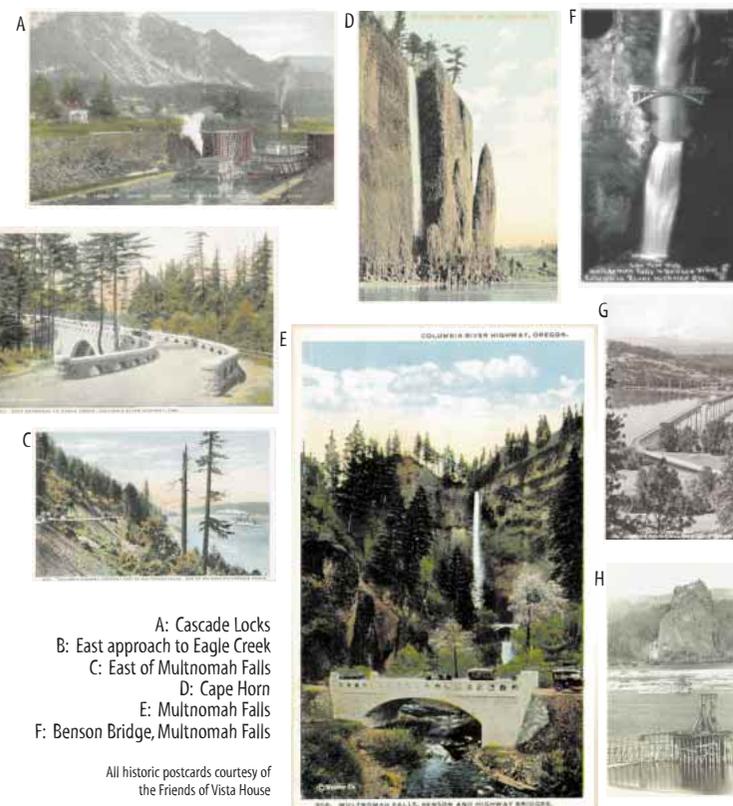
Bridge of the Gods



The Historic Columbia River Highway was constructed between 1913 and 1922 and is the first scenic highway in the country. It is now recognized as an All-American Road, National Scenic Byway, National Historic Civil Engineering Landmark, and a National Historic Landmark.

On certain sections (between Troutdale and Dodson and between Mosier and The Dalles) bicyclists share the roadway with motor vehicles. Shoulder widths vary from zero to five feet. Traffic volumes are generally light, with the heaviest traffic along the Sandy River to Corbett section. Grades are moderate. Other portions are closed to motor vehicles.

This route takes you to six waterfalls, including Multnomah Falls, the most visited natural site in Oregon. It also takes you to magnificent viewpoints overlooking the Gorge, including Portland Women's Forum Scenic Viewpoint, Vista House at Crown Point and Rowena Crest. The majority of visitors begin at the city of Troutdale and travel east on the HCRH. Follow the keystone signs along the HCRH.

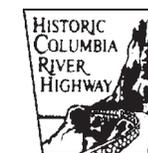


A: Cascade Locks
 B: East approach to Eagle Creek
 C: East of Multnomah Falls
 D: Cape Horn
 E: Multnomah Falls
 F: Benson Bridge, Multnomah Falls

All historic postcards courtesy of the Friends of Vista House

Three sections of the Historic Columbia River Highway State Trail are now open, with additional sections under construction. This is a separated, multi-use trail. Bicyclists traveling eastbound on I-84 are encouraged to exit at exit 40 and use the trail between Tanner Creek and Eagle Creek, to avoid the narrow Toothrock Tunnel on I-84. A stairway located at Eagle Creek provides a groove to facilitate pushing your bike up or down. A second section of the State Trail is open between Eagle Creek and Cascade Locks. This leads you directly into the city of Cascade Locks, where you can follow the original HCRH alignment along Wa-Na-Pa Street and Forest Lane (pg.9). A third section, between Hood River and Mosier, includes the Mosier Twin Tunnels.

G: Interstate Bridge, Hood River
 H: Fish wheels near Beacon Rock
 I: Vista House at Crown Point



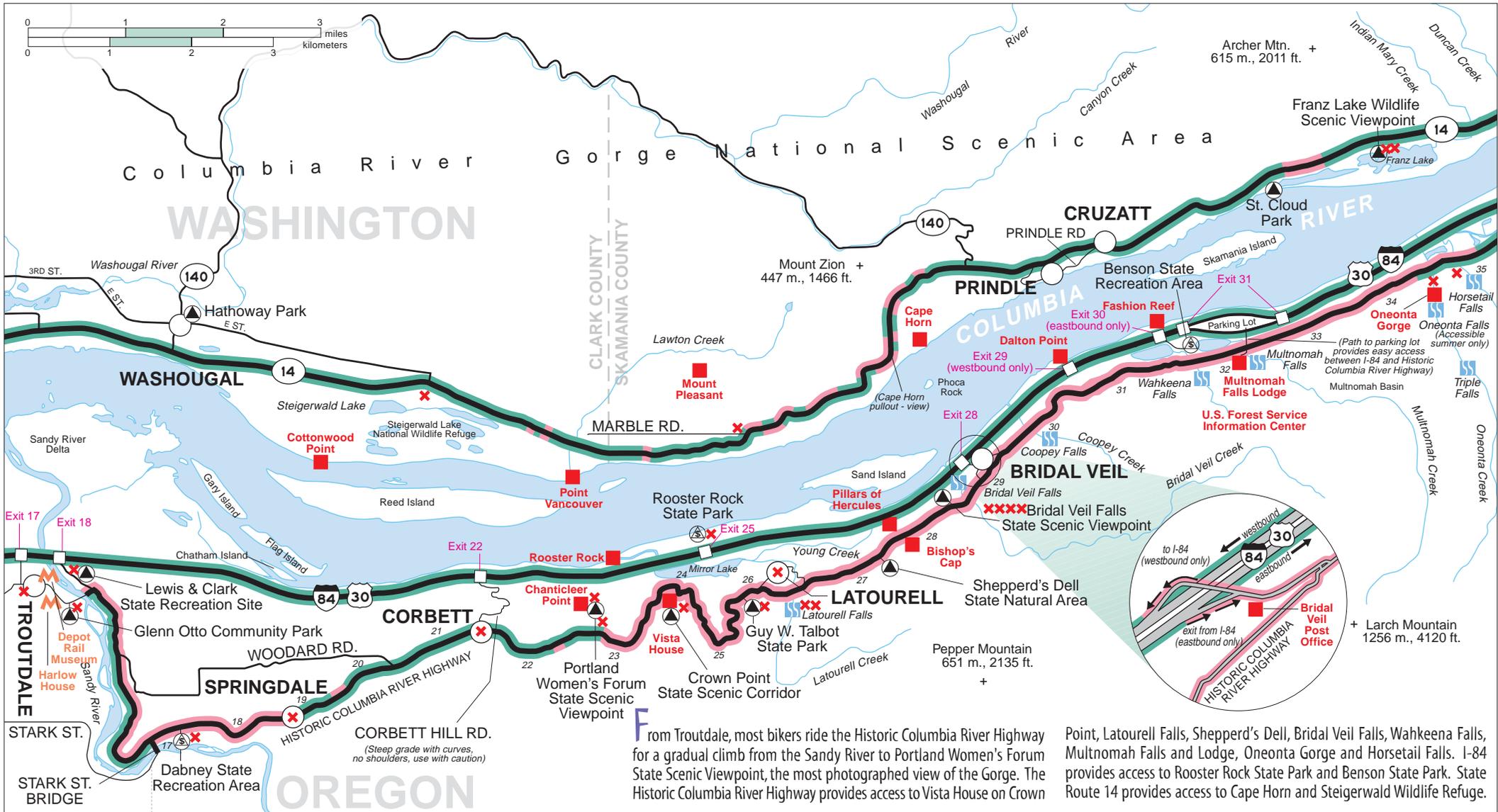
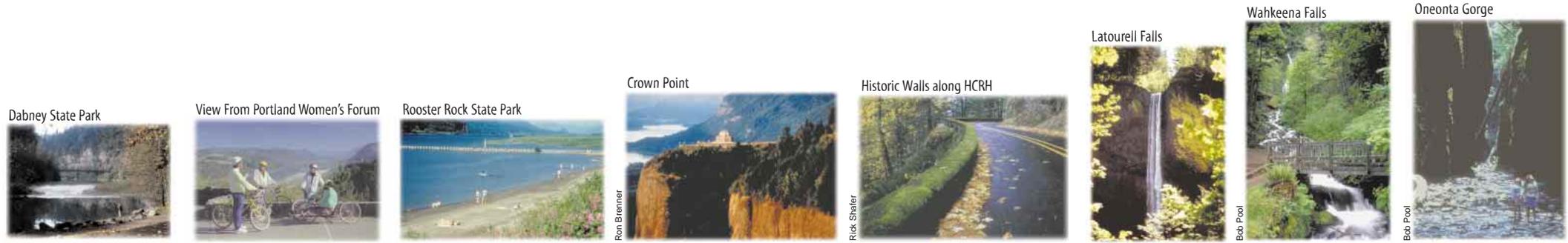
TROUTDALE HORSETAIL FALLS



Multnomah Falls

Larry Geddis

- (These sections open to motor vehicle traffic)
- █ Shoulder Width 3 Feet or Greater
 - █ Shoulder Width Less Than 3 Feet
 - █ HCRH Bicycle & Pedestrians Only
 - Point of Interest
 - ✕ Interpretive Sign Location
 - ⬤ Night Camp
 - ⬤ Day Use
 - Ⓢ Use Fees
 - SS Waterfall
 - M Museum

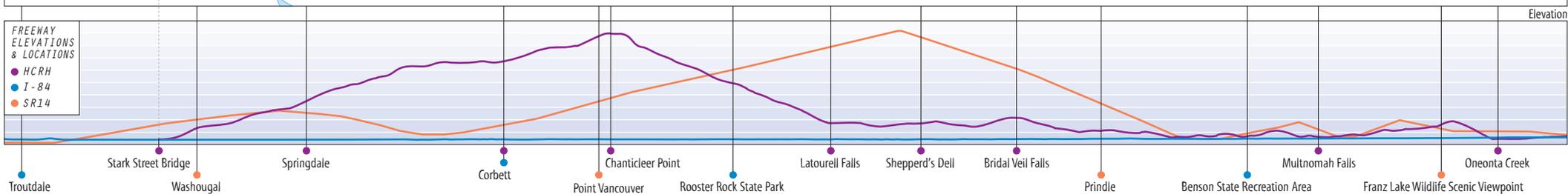


From Troutdale, most bikers ride the Historic Columbia River Highway for a gradual climb from the Sandy River to Portland Women's Forum State Scenic Viewpoint, the most photographed view of the Gorge. The Historic Columbia River Highway provides access to Vista House on Crown Point, Latourell Falls, Shepperd's Dell, Bridal Veil Falls, Wahkeena Falls, Multnomah Falls and Lodge, Oneonta Gorge and Horsetail Falls. I-84 provides access to Rooster Rock State Park and Benson State Park. State Route 14 provides access to Cape Horn and Steigerwald Wildlife Refuge.

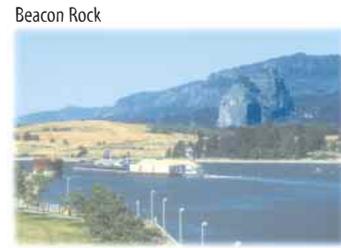
TROUTDALE CLIMATE INFORMATION

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Average High	45	50	56	62	69	74	81	81	76	65	53	46
Average low	33	36	38	41	46	51	54	54	50	44	40	35
Precipitation*	6.3	5.0	4.3	3.4	2.6	1.9	0.7	1.0	2.0	3.6	6.4	6.9

* Annual total of precipitation measured in inches



HORSETAIL FALLS WYETH



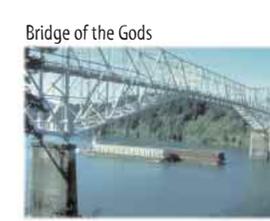
Beacon Rock



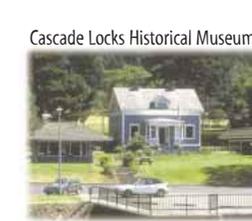
Stairway on HCRH State Trail at Eagle Creek



HCRH Eagle Creek Bridge



Bridge of the Gods



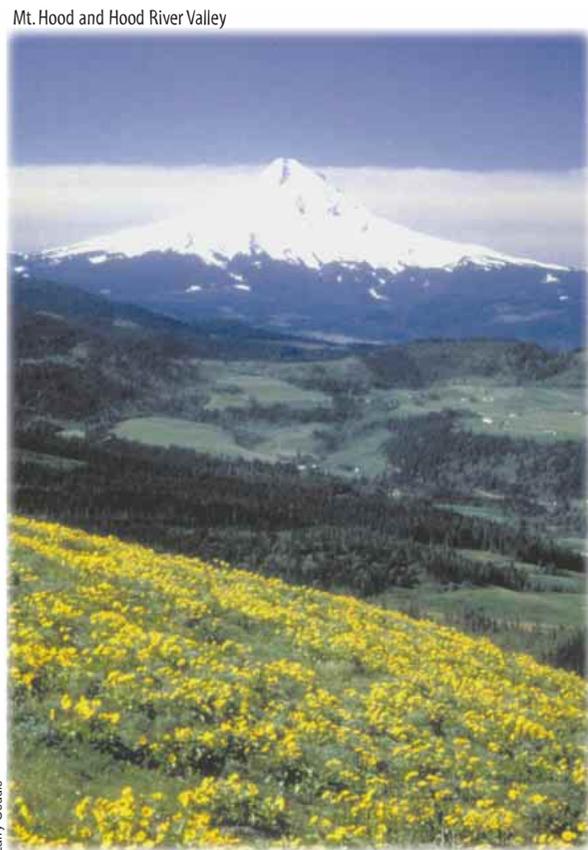
Cascade Locks Historical Museum



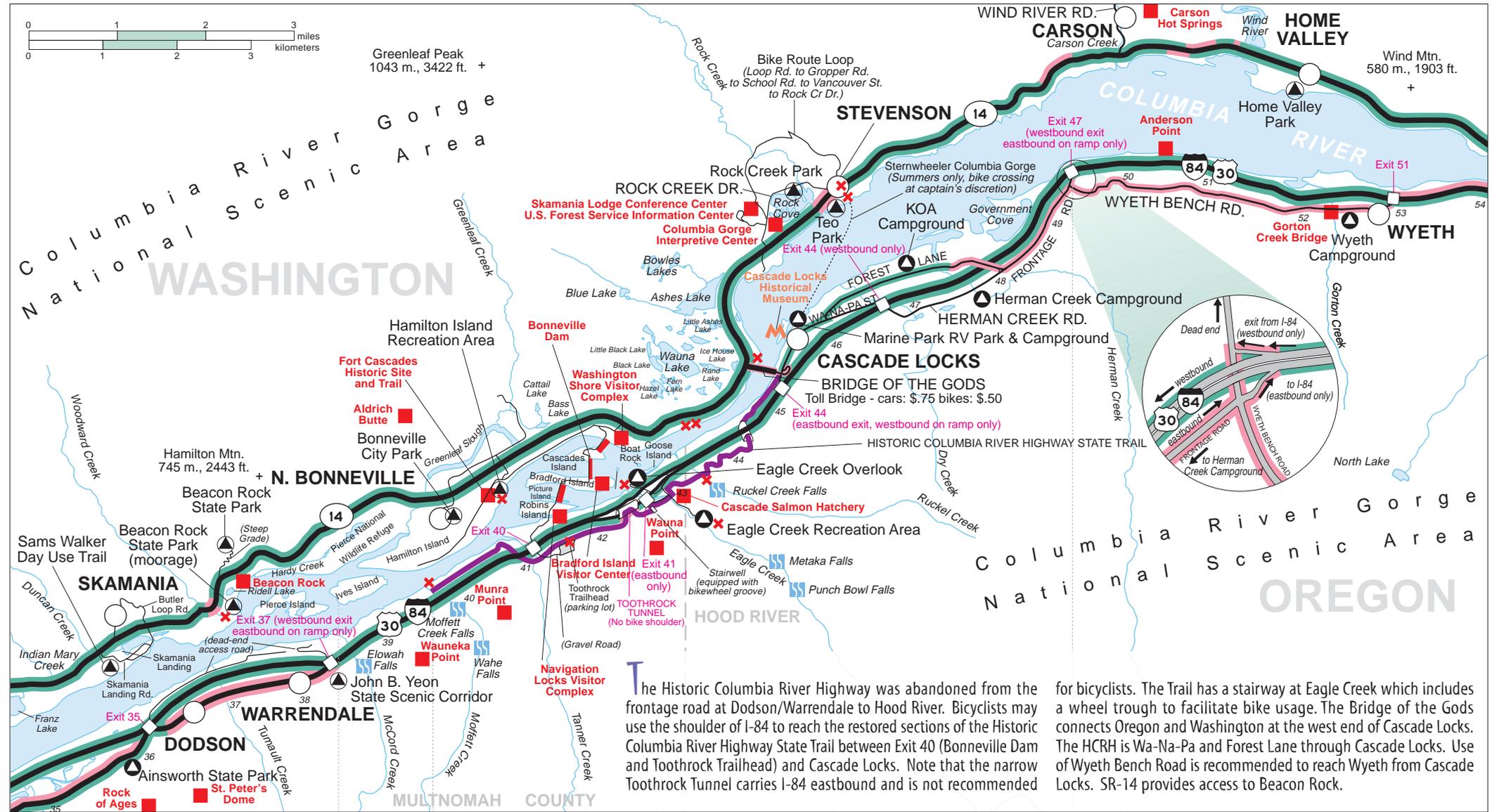
Sternwheeler Columbia Gorge



Bonneville Dam

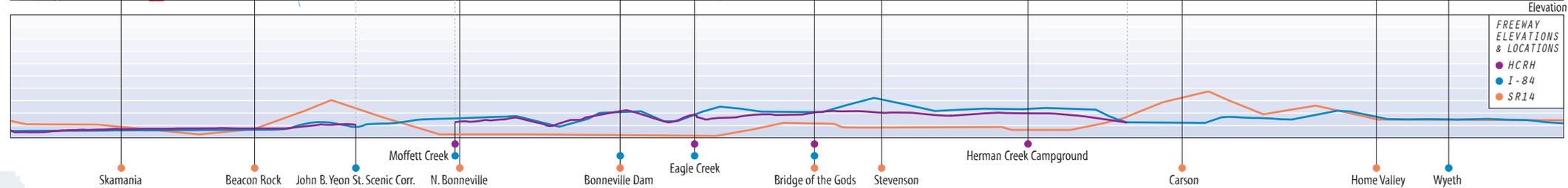


Mt. Hood and Hood River Valley

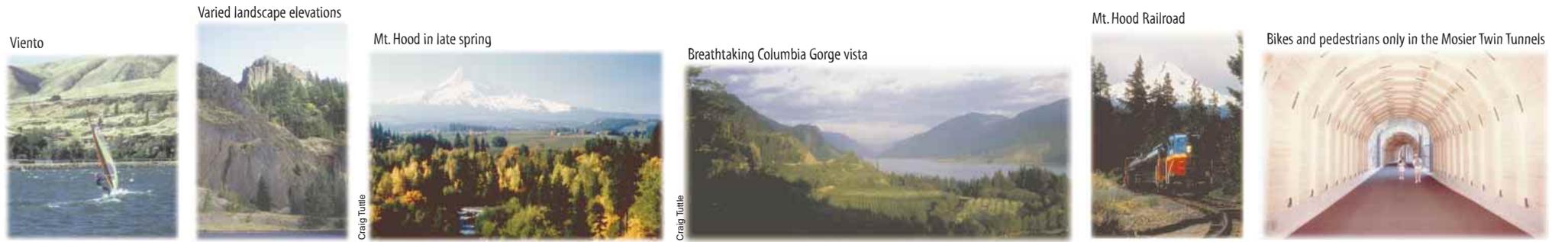


The Historic Columbia River Highway was abandoned from the frontage road at Dodson/Warrendale to Hood River. Bicyclists may use the shoulder of I-84 to reach the restored sections of the Historic Columbia River Highway State Trail between Exit 40 (Bonneville Dam and Toothrock Trailhead) and Cascade Locks. Note that the narrow Toothrock Tunnel carries I-84 eastbound and is not recommended for bicyclists. The Trail has a stairway at Eagle Creek which includes a wheel trough to facilitate bike usage. The Bridge of the Gods connects Oregon and Washington at the west end of Cascade Locks. The HCRH is Wa-Na-Pa and Forest Lane through Cascade Locks. Use of Wyeth Bench Road is recommended to reach Wyeth from Cascade Locks. SR-14 provides access to Beacon Rock.

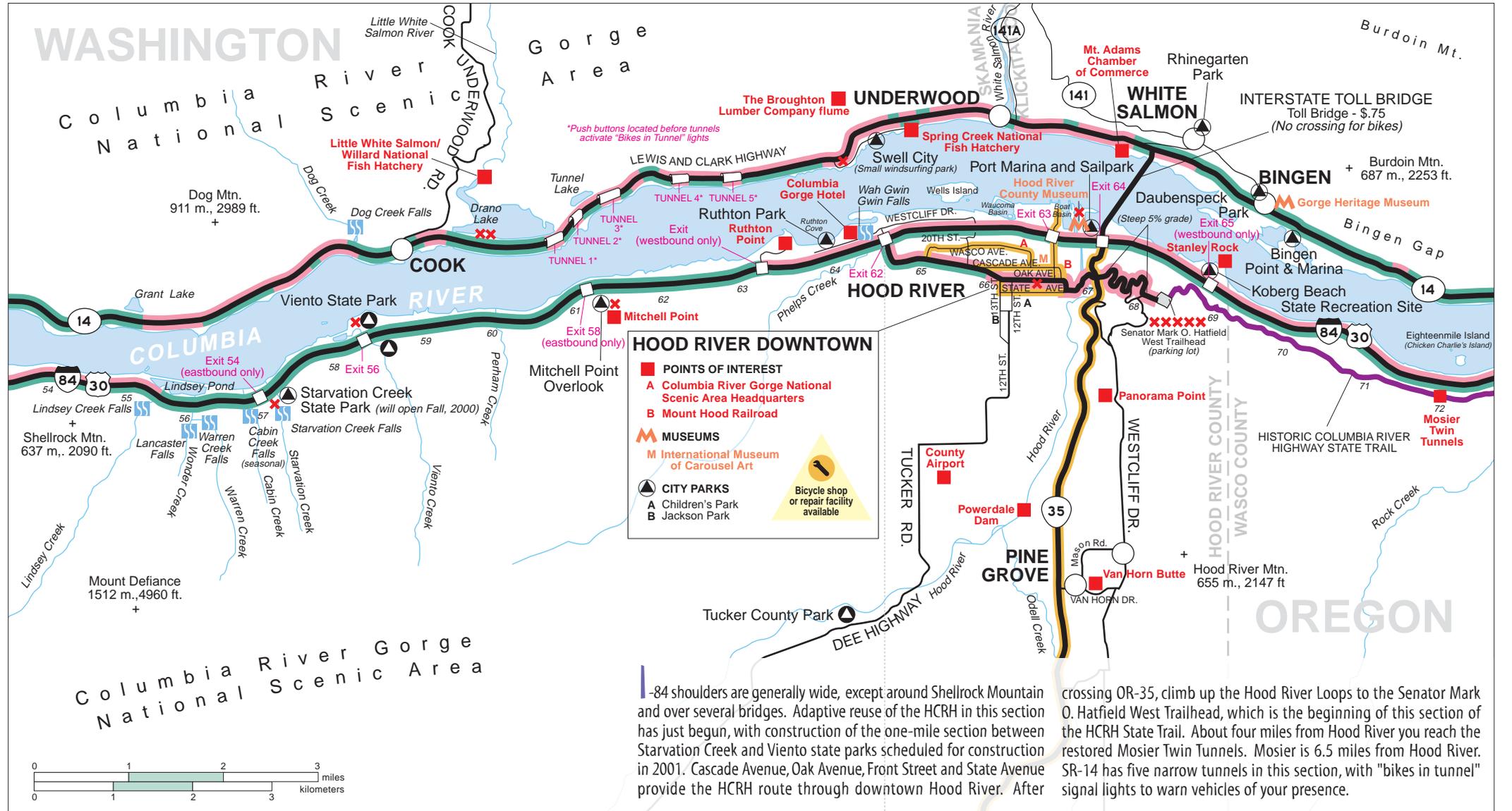
- Shoulder Width 3 Feet or Greater
- Shoulder Width Less Than 3 Feet
- HCRH Bicycle & Pedestrians Only
- Interpretive Sign Location
- Point of Interest
- Night Camp
- Day Use
- Use Fees
- Waterfall
- Museum



WYETH HOOD RIVER



Fishing in the Columbia River Gorge



HOOD RIVER DOWNTOWN

- POINTS OF INTEREST
 - A Columbia River Gorge National Scenic Area Headquarters
 - B Mount Hood Railroad
- MUSEUMS
 - M International Museum of Carousel Art
- CITY PARKS
 - A Children's Park
 - B Jackson Park

Bicycle shop or repair facility available

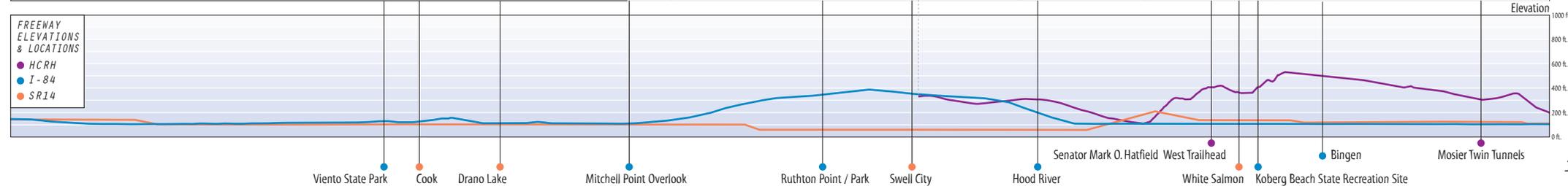
SR-84 shoulders are generally wide, except around Shellrock Mountain and over several bridges. Adaptive reuse of the HCRH in this section has just begun, with construction of the one-mile section between Starvation Creek and Viento state parks scheduled for construction in 2001. Cascade Avenue, Oak Avenue, Front Street and State Avenue provide the HCRH route through downtown Hood River. After crossing OR-35, climb up the Hood River Loops to the Senator Mark O. Hatfield West Trailhead, which is the beginning of this section of the HCRH State Trail. About four miles from Hood River you reach the restored Mosier Twin Tunnels. Mosier is 6.5 miles from Hood River. SR-14 has five narrow tunnels in this section, with "bikes in tunnel" signal lights to warn vehicles of your presence.

- (These sections open to motor vehicle traffic)
- Shoulder Width 3 Feet or Greater
 - Shoulder Width Less Than 3 Feet
 - Preferred Bike Route
 - HCRH Bicycle & Pedestrians Only
 - Interpretive Sign Location
 - Bicycle Shop or Repair Facility
 - Night Camp
 - Day Use
 - Use Fees
 - Waterfall
 - Museum
 - Point of Interest

HOOD RIVER CLIMATE INFORMATION

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Average High	40	49	57	66	74	74	80	87	81	67	52	43
Average low	29	32	36	42	49	55	60	59	51	43	36	31
Precipitation*	2.7	1.8	1.3	0.7	0.5	0.4	0.1	0.3	0.4	1.0	2.1	2.7

* Annual total of precipitation measured in inches



HOOD RIVER THE DALLES

St. Peter's Landmark Church



HCRH near Mosier Twin Tunnel



An evening near The Dalles



I-84 below Rowena Crest



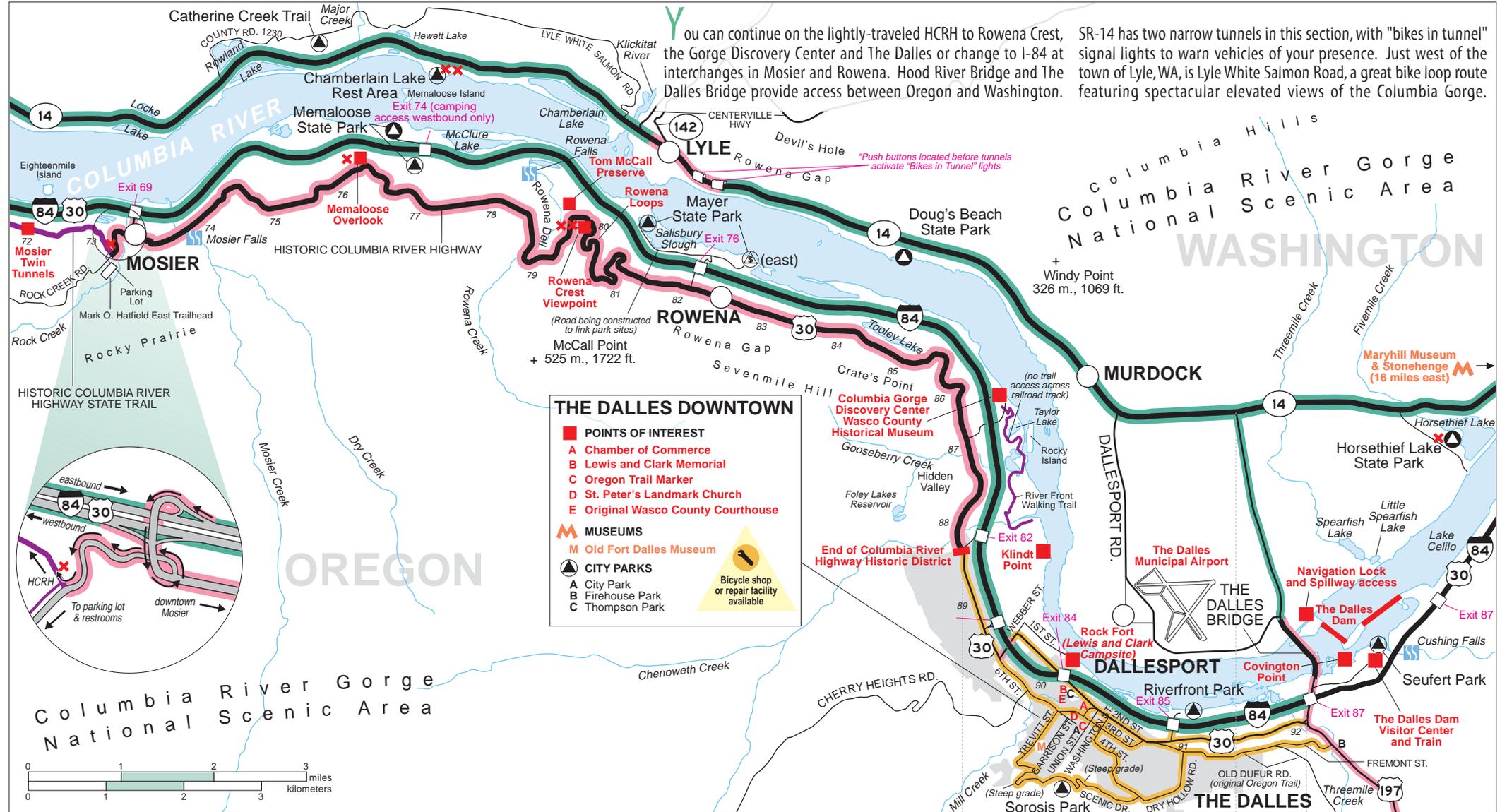
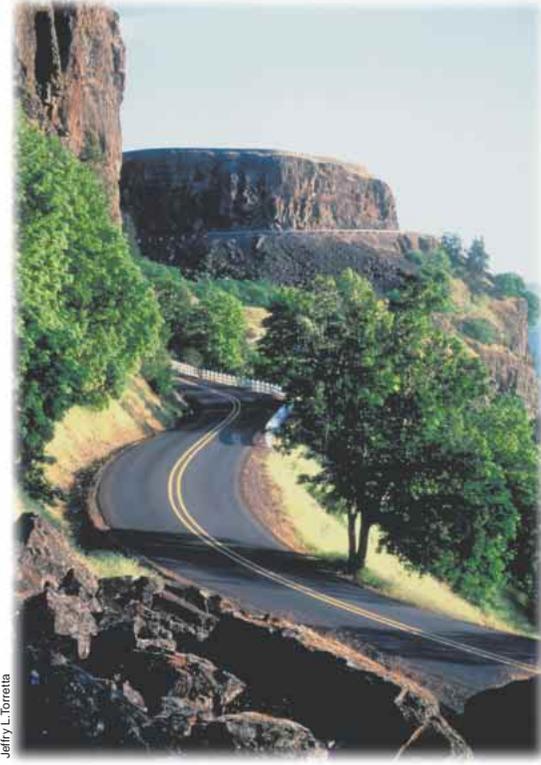
Dry Canyon Bridge



Gorge Discovery Center



HCRH below Rowena Crest



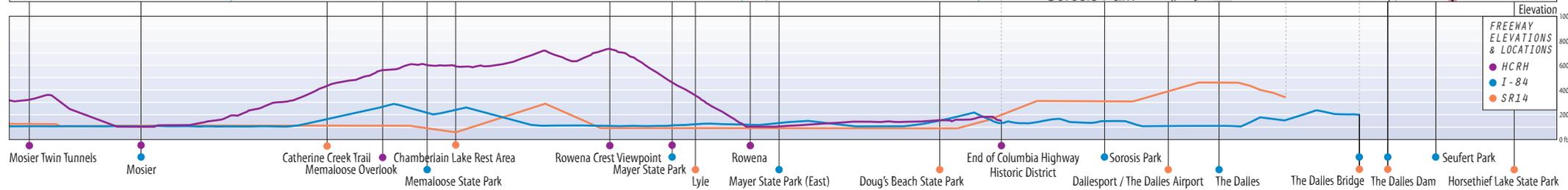
You can continue on the lightly-traveled HCRH to Rowena Crest, the Gorge Discovery Center and The Dalles or change to I-84 at interchanges in Mosier and Rowena. Hood River Bridge and The Dalles Bridge provide access between Oregon and Washington. SR-14 has two narrow tunnels in this section, with "bikes in tunnel" signal lights to warn vehicles of your presence. Just west of the town of Lyle, WA, is Lyle White Salmon Road, a great bike loop route featuring spectacular elevated views of the Columbia Gorge.

- (These sections open to motor vehicle traffic)
- Shoulder Width 3 Feet or Greater
 - Shoulder Width Less Than 3 Feet
 - Preferred Bike Route
 - HCRH Bicycle & Pedestrians Only
 - Interpretive Sign Location
 - Bicycle Shop or Repair Facility
 - Night Camp
 - Day Use
 - Use Fees
 - Waterfall
 - Museum
 - Point of Interest

THE DALLES CLIMATE INFORMATION

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Average High	40	49	56	62	69	74	81	81	76	65	53	46
Average low	33	36	38	41	46	51	54	54	50	44	40	35
Precipitation*	6.3	5.0	4.3	3.4	2.6	1.9	0.7	1.0	2.0	3.6	6.4	6.9

* Annual total of precipitation measured in inches



TIPS FOR A SAFE RIDE

Please: ride carefully, be courteous of other roadway users, and follow the rules of the road. Ride with the normal traffic flow, as far to the right side of the roadway as practicable. Bicyclists may ride two abreast, but should only do so when it is safe and will not impede traffic.

When riding after dark, the bicycle or its rider must be equipped with a white light visible at least 500 feet to the front and a red light or reflector visible at least 600 feet to the rear.

Wear bright or light-colored clothing. Wear a helmet. Stop off the roadway. Beware of strong wind gusts. The seven tunnels on Washington's State Route 14 have "Bicycles in Tunnel" warning lights installed for your protection.

BRING ALONG ITEMS

- Helmet
- Water
- Sunscreen
- Camera/extra film
- Tire Repair Kit
- Food/Energy Bars
- Insect Repellent
- Binoculars/Compass
- Map
- Extra Clothing
- First Aid Kit
- Flashlight/batteries
- Sunglasses
- Backpack
- Pocket Knife
- Whistle/bell

LODGING

The Portland metropolitan area has many: hotels, motels, and bed and breakfasts as well as two hostels (Northwest International Portland Hostel, 1818 NW Glisan Street and Portland International Hostel, 3031 SE Hawthorne Blvd). Motels are located in Oregon at Cascade Locks, Hood River and The Dalles, and in Washington at Skamania, Stevenson and Carson. Several of the original road houses along the HCRH are now bed and breakfasts, including Bridal Veil and Forrest Hall. Camping is available in Oregon at Ainsworth, Viento and Memaloose state parks; Eagle Creek, Herman Creek and Wyeth Forest Service facilities; Corbett RV Park and Cascade Locks KOA; in Washington: Beacon Rock and Horsethief Lake state parks. For information on campgrounds, contact Reservations Northwest at (800) 452-5687.

WEATHER

Weather in the Columbia Gorge varies tremendously from west to east. Rain is most prevalent at the crest of the Cascade Mountains, just west of Cascade Locks. Ice and snow are common throughout the Gorge in January and February, occasionally resulting in road closures. Spring rains are common. Summer temperatures east of the Cascades often reach over 100 °F (38° C). Be sure to carry sufficient water - public drinking fountains are scarce, particularly in the east. During the fall, wet leaves on HCRH pavement can present slippery travel conditions. The Columbia River Gorge

concentrates prevailing winds which blow east in the winter and west in the summer. While these winds help make the Gorge the windsurfing capital of the world, bicyclists should check weather forecasts and try to avoid the most windy periods.

WIND INFORMATION AT CROWN POINT

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Wind Direction	NE	NE	SW	NE	NE							

MUSEUMS ALONG THE GORGE

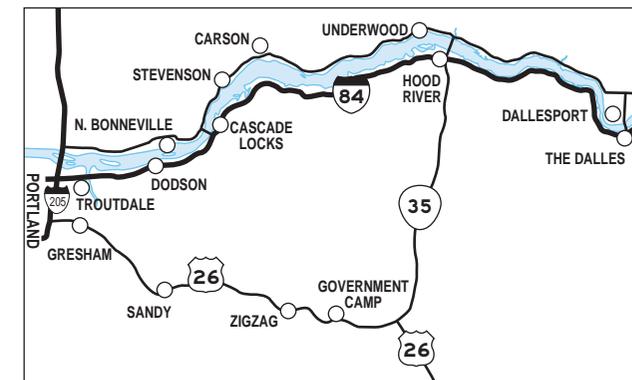
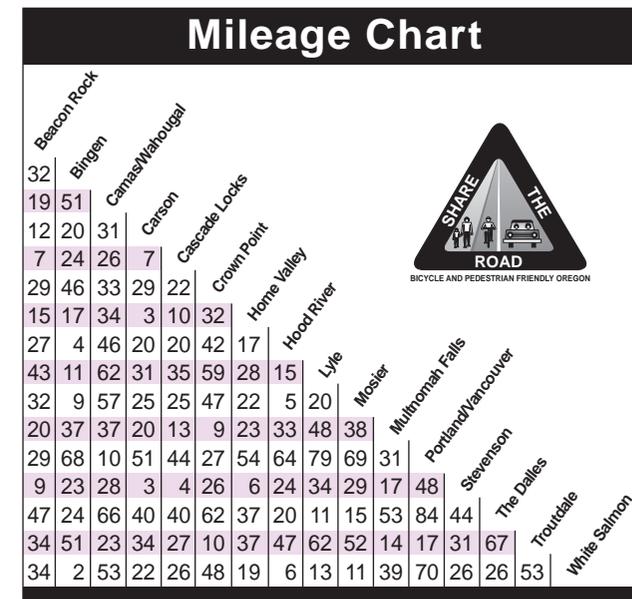
- Harlow House and Rail Depot — 726 E Historic Columbia River Hwy, Troutdale (503) 661-2164. 1900 farm house with local artifacts. Hours: June–Sept, Wed–Sat 10am–4pm; Sun 1pm–4pm. Winter, Sat–Sun 10am to 4pm, Sun 1pm–4 pm.
- Cascade Locks Historical Museum — Port Marine Park, Cascade Locks (541) 374-8535. Exhibits of the western Columbia Gorge with special focus on historic paddleboats. Hours: May–Sept, Mon–Thurs noon to 5pm; Fri–Sun 10am–5pm. Closed Oct–Apr.
- Columbia Gorge Interpretive Center — 990 SW Rock Creek Dr., Stevenson (509) 427-8211/(800) 991-2338. Excellent new cultural & natural history interpretive center. Hours: Open daily 10am–5pm. Closed Thanksgiving, Christmas and New Years.
- Hood River County Museum — Port Marina Park, Hood River (541) 386-6772. Wide-ranging collection of pioneer tools and artifacts from the early history of this region. Hours: Apr 1–Oct. 31, Mon–Sat, 10am to 4pm; Sun, 12pm–4pm.
- Gorge Heritage Museum — 202 E Humbolt, Bingen (509) 493-3228/(509) 493-3573. Museum of local west Klickitat county history. Hours: May–Sept, Thurs–Sun, 11am–4:30pm.
- Fort Dalles Historical Museum — 15th and Garrison, The Dalles (541) 296-4547. Military displays and artifacts from US Army garrison based in The Dalles in the 1860s. Hours: May–Sept, daily 10am–5pm.
- Columbia Gorge Discovery Center/Wasco County Historical Museum — Just west of The Dalles on Historic Columbia River Hwy (541) 296-8600. Wonderful new interpretive center, museum complex and living history presentations. Open daily except Thanksgiving, Christmas and New Years.
- Original Wasco County Courthouse — 409 W 2nd Place, The Dalles (541) 296-4798. This wood-frame, two-story building once was the seat of government for the largest county in the United States. Hours: Tues–Sat 11am–4pm.
- Maryhill Museum — 16 miles east of The Dalles on Hwy 14 (509) 773-3733. Art collections, Rodin sculptures, Native American basketry and much more. Hours: Mar 15–Nov 15, 9am–5pm.

RESOURCES & REFERENCES

- Mountain Biking Opportunities in the Columbia River Gorge National Scenic Area, Columbia River Gorge National Scenic Area 902 Wasco Ave., Suite 200 Hood River, OR 97031 (541) 386-2333 • www.fs.fed.us/r6/columbia
- The Oregon Bicycling Guide, Oregon Department of Transportation (free)
- The Official State Map of Oregon, Oregon Department of Transportation (free)
- Historic Columbia River Highway, Oregon Department of Transportation (free) (503) 986-3200 • www.odot.state.or.us
- Historic Columbia River Highway web site • www.odot.state.or.us/hcrh
- Washington State Hwy Map, Washington State Department of Transportation (free) (360) 705-7075 • www.wsdot.wa.gov/
- Oregon State Parks Guide, Oregon Parks and Recreation (\$1 plus \$1 shipping)
- Columbia River Gorge State Parks, Oregon Parks and Recreation (free) (800) 551-6949 • www.prd.state.or.us
- Mt Hood/Columbia River Gorge Travel Guide, Mt Hood Information Center (free) (503) 622-4822 • www.mthood.org

- Oregon Campground Guide/ Forest Service Publication (free)
- Oregon Tourism Commission (800) 547-7842 • www.traveloregon.com
- "Traveler's guide to the Historic Columbia River Hwy" (\$7.95 includes shipping) M+A tour books (make out check to "Manske & Associates") 3951 SE El Camino Dr., Gresham, Oregon 97080
- "Bike There!" (Portland Area Bike Map) (\$6 plus \$1.00 S/H) Metropolitan Service District, Transportation Dept., NE Grand Ave., Portland OR 97232 www.metro-region.org/drc
- "Oregon Routes of Exploration," Historic Preservation League of Oregon (\$3.35 includes shipping) (503) 243-1923
- The Columbia River Gorge National Scenic Area, USDA Forest Service (free)
- Trails of the Columbia River Gorge, Bridal Veil to Viento State Park (\$5) Columbia River Gorge National Scenic Area, Waucoma Center (541) 386-2333
- Romance of Waterfalls by Barbara L Bloom & Gary W Cohen Outdoor Romance Publishing, Portland, OR 1998
- Gorge Guide, Gorge Publishing Association (free at visitors centers) or (\$4.95 includes shipping) Gorge Publishing Inc. (541) 386-7440

	Water	Restrooms	Showers	Viewpoints	Swimming	Hiking Trails	Camping	Picnicking	Phone
Oregon Parks									
Ainsworth State Park	•	•	•	•	•	•	•	•	•
Benson State Recreation Area	•	•	•	•	•	•	•	•	•
Bridal Veil Falls State Scenic Viewpoint	•	•	•	•	•	•	•	•	•
Children's Park, Hood River	•	•	•	•	•	•	•	•	•
City Park, The Dalles	•	•	•	•	•	•	•	•	•
Crown Point State Scenic Corridor	•	•	•	•	•	•	•	•	•
Dabney State Recreation Area	•	•	•	•	•	•	•	•	•
Eagle Creek Campground	•	•	•	•	•	•	•	•	•
Eagle Creek Overlook	•	•	•	•	•	•	•	•	•
Glenn Otto Community Park, Troutdale	•	•	•	•	•	•	•	•	•
Guy W. Talbot State Park	•	•	•	•	•	•	•	•	•
Herman Creek Campground	•	•	•	•	•	•	•	•	•
Jackson Park, Hood River	•	•	•	•	•	•	•	•	•
John B. Yeon State Scenic Corridor	•	•	•	•	•	•	•	•	•
KOA Campground, Cascade Locks	•	•	•	•	•	•	•	•	•
Koberg Beach State Recreation Site	•	•	•	•	•	•	•	•	•
Lewis & Clark State Recreation Site	•	•	•	•	•	•	•	•	•
Marine Park, RV/Campground, Cascade Locks	•	•	•	•	•	•	•	•	•
Mayer State Park	•	•	•	•	•	•	•	•	•
Memaloose State Park	•	•	•	•	•	•	•	•	•
Mitchell Point Overlook	•	•	•	•	•	•	•	•	•
Multnomah Falls and Lodge	•	•	•	•	•	•	•	•	•
Panorama Point County Park, Hood River	•	•	•	•	•	•	•	•	•
Port Marina & Sailpark, Hood River	•	•	•	•	•	•	•	•	•
Portland Women's Forum State Scenic Viewpoint	•	•	•	•	•	•	•	•	•
Riverfront Park, The Dalles	•	•	•	•	•	•	•	•	•
Rooster Rock State Park	•	•	•	•	•	•	•	•	•
Seufert Park, The Dalles	•	•	•	•	•	•	•	•	•
Sheppard's Dell State Natural Area	•	•	•	•	•	•	•	•	•
Sorosis Park, The Dalles	•	•	•	•	•	•	•	•	•
Starvation Creek State Park	•	•	•	•	•	•	•	•	•
Thompson Park, The Dalles	•	•	•	•	•	•	•	•	•
Tucker County Park, south of Hood River	•	•	•	•	•	•	•	•	•
Viento State Park	•	•	•	•	•	•	•	•	•
Wyeth Campground	•	•	•	•	•	•	•	•	•
Washington Parks									
Beacon Rock State Park	•	•	•	•	•	•	•	•	•
Bingen Point & Marina, Bingen	•	•	•	•	•	•	•	•	•
Bonneville City Park, N. Bonneville	•	•	•	•	•	•	•	•	•
Catherine Creek Trail	•	•	•	•	•	•	•	•	•
Chamberlain Lake Rest Area	•	•	•	•	•	•	•	•	•
Daubenspeck Park, Bingen	•	•	•	•	•	•	•	•	•
Doug's Beach State Park	•	•	•	•	•	•	•	•	•
Forest Home Park, Camas	•	•	•	•	•	•	•	•	•
Franz Lake Wildlife Scenic Viewpoint	•	•	•	•	•	•	•	•	•
Hamilton Island Recreation Area	•	•	•	•	•	•	•	•	•
Hathaway Park, Washougal	•	•	•	•	•	•	•	•	•
Home Valley Park, Home Valley	•	•	•	•	•	•	•	•	•
Horsethief Lake State Park	•	•	•	•	•	•	•	•	•
Marine Park, Vancouver	•	•	•	•	•	•	•	•	•
Rhinegarten Park, White Salmon	•	•	•	•	•	•	•	•	•
Rock Creek Park, Stevenson	•	•	•	•	•	•	•	•	•
Sams-Walker Day Use Area	•	•	•	•	•	•	•	•	•
St. Cloud Park	•	•	•	•	•	•	•	•	•
Swell City	•	•	•	•	•	•	•	•	•
Teo Park, Stevenson	•	•	•	•	•	•	•	•	•
Wintler Park, Vancouver	•	•	•	•	•	•	•	•	•



BICYCLE LOOP ROUTES

Several loop routes are possible. Portland residents often use the western section of the HCRH as a half-day training ride, beginning and ending in Troutdale. Some travel both directions on the HCRH, while others begin on the HCRH and return on I-84. A day ride could incorporate the western section of the HCRH, I-84 from Dodson to Cascade Locks, travel over the Bridge of the Gods to SR-14 for the return trip to the Portland-Vancouver metropolitan area via the I-205 bikepath over the Glen Jackson Bridge. Loops are also possible on the eastern sections. (The Dalles to Mosier or Hood River and return; Cascade Locks to The Dalles Bridge to Dallesport to Skamania and the Bridge of the Gods).



For Oregon highway and weather conditions phone: 800-977-6368 or 541-889-3999
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