

# More Than 65 FREE Preventive Services

When it comes to your health, studies show early detection is key. That's why your BlueShield plan includes more than 65 free checkups and preventive services to help you take control of your health — and work to improve it, too.

**\$0** preventive services include:



Routine annual physical



Screenings such as Pap test and routine OB-GYN visit, prostate-specific antigen (PSA) test, mammogram



Routine vision exam



Well child visits



Adult and child immunizations

Visit [bsneny.com/preventive](https://bsneny.com/preventive) for a complete list of preventive services.