

# Lakeview Center



BAPTIST HEALTH CARE

FOR IMMEDIATE RELEASE

## National Recovery Month - Strong Communities Make for Strong Recovery

**Pensacola, Fla. (August 28, 2019)** – The theme of this year's National Recovery Month is Join the Voices for Recovery: Together We Are Stronger which reminds us to celebrate the millions of people in recovery. It also calls on faith-based organizations, treatment facilities, recovery support programs, law enforcement and every citizen to support recovery in their communities. Mental and substance use disorders affect us all, and we are all part of the solution. Knowledge of the disease of addiction also helps reduce stigma. Here are a few fast facts.

1. Addiction is a disease the same as asthma, diabetes or hypertension. It's a brain disease.
2. Only half of adults with a co-occurring mental illness and substance use disorder in 2017 received either type of service.
3. The No. 1 abused substance is still alcohol, which is used more than all other substances combined.
4. While alcohol remains the most widely abused substance overall, the opioid crisis is taking more lives on a daily basis. At its peak, 72,000 people died of opioid overdoses in 2017 compared to 58,220 U.S. persons who died during the Viet Nam War.

Florida Attorney General Ashley Moody has made fighting the opioid crisis a priority for the state. Earlier this year she established a statewide task force, and as the leading agency in Circuit 1 Lakeview Center has a seat at the table. The goal is to take a unified approach to helping people into recovery programs.

There are many paths to recovery which is why Lakeview Center provides many programs and individualized treatment plans. Learn more at [lakeviewcenter.org](http://lakeviewcenter.org). You also can read stories about successful recovery efforts at [RecoveryMonth.gov/personal-stories/read](http://RecoveryMonth.gov/personal-stories/read).

### CONTACT BELOW IS FOR MEDIA USE ONLY

For more information about this press release or to schedule an interview, please contact Tish Pennewill at 850.469.3621 or [Tish.Pennewill@bhcpns.org](mailto:Tish.Pennewill@bhcpns.org).

About Lakeview Center, Inc. Behavioral Health

The Mission of Lakeview Behavioral Health is to help people throughout life's journey. We specialize in providing effective, research-based services for children and adults with mental illnesses, drug and alcohol dependencies, and intellectual disabilities. Our services range from inpatient and residential treatment to outpatient counseling, psychiatry, case management, day treatment, and round-the-clock support for those with serious mental illnesses. Additionally, Lakeview Behavioral Health provides specialized trauma services, medication-assisted treatment for opiate dependency, and medically supervised drug and alcohol detoxification. In all, Lakeview Behavioral Health offers more than 60 programs and services for people in the northwest Florida area. To learn more, go online to [eLakeviewCenter.org](http://eLakeviewCenter.org).

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