



August 21, 2019

Trade Partner (Subcontractor) Ownership and Safety Personnel

DC Metro General Contractor's Environmental, Health & Safety Leadership Team

Balfour Beatty Construction

CBG Building Company

Dewberry Design-Builders Inc.

Donohoe Construction

Gilbane Building Company

Hoar Construction

HITT Contracting

James G. Davis Construction

Skanska USA Inc.

Regarding: Worker Training and Documentation –

The goal of this group is to standardize many of our safety requirements to ease confusion and create more consistent industry requirements. We ultimately want to help and coach trade partners to be more productive and safe while on our sites. Providing job specific safety training has been an OSHA requirement for many years and job/task specific safety training is essential in order for safe and productive operations. Our group has seen a need to refocus on this requirement and communicate to our trade partners that we will be collecting/verifying the training for all trade partners and tiered contractor employees. Beginning October 1<sup>st</sup>, 2019, all General Contractors listed above will require verified trade specific worker safety training (applicable to their scope of work), including the appropriate documentation meeting OSHA standards for all workers on site. OSHA 10 Hour and OSHA 30 Hour is safety awareness training and does not meet OSHA standards for job/task specific safety training. See [OSHA Training Requirements Booklet – OSHA 2254](#) for specific training requirements. Some relevant training includes, but is not limited to the topics listed on Topics Tab of the excel document.

Prior to mobilization on sites, documentation of the satisfactory completion of such training will need to be provided for review to the site General Contractor (referenced above) for all employees (including tiered contractor employees). Failure to comply with this request can result in delayed mobilization. We have included an excel spreadsheet with vendors, associations, and trainers who can assist with any needed training.

In addition, information regarding the OSHA Outreach Programs in the DC Metro area are included (Vendors Tab). This free service includes consultation visits, training, program assistance and much more.

If you have any questions please contact any of the team members on the Contacts Tab of the excel document.

Sincerely,

DC Metro General Contractor's Environmental, Health & Safety Leadership Team



**Company Name\* = confirmed discount if you mention "GC EHS Leadership Team" during scheduling**

Company	Contact	Phone	Email	Notes	Website
3M Fall Protection: The DBI & Protecta brands*	Matt Smith (MD, DE, PA) Jacob Kozanecki (VA & DC)	301-785-1136 303-549-5273	<a href="mailto:matthewcsa@aol.com">matthewcsa@aol.com</a> <a href="mailto:jkozanecki@mmm.com">jkozanecki@mmm.com</a>	Fall Protection-Authorized Person, Authorized Person plus Walking Working Surfaces, Competent Person (EM385, Trainer, Refresher, Trainer Refresher, Equipment Inspector, Fall Protection for Tools Dropped Object Competent Person, & PPE essentials.	
ABC Virginia	Jamie Carrow (Norfolk) Christine Ciarlo (Richmond) Amanda Ruckman (Northern VA)	757-855-8220 804-346-4222 703-968-6205	<a href="mailto:jamie@abcva.org">jamie@abcva.org</a> <a href="mailto:christine@abcva.org">christine@abcva.org</a> <a href="mailto:amanda@abc.va.org">amanda@abc.va.org</a>	OSHA 10/30 and 500 Classes, EM385, COSS, Safety Academy, Competent Person, CPR, Flagger, Fall Protection, etc.	<a href="http://www.abcva.org/">http://www.abcva.org/</a>
AGC- Maryland	Sue Battey	410-321-7870	<a href="mailto:sue@marylandagc.org">sue@marylandagc.org</a>	OSHA 10/OSHA 30/ EM385-1-1 Fall Protection Competent Person/Excavation & Trenching/Flagger/CQM for Contractor(USACE/NAVFAC)/Active Shooter/Safety Leadership Training/OSHA Recordkeeping/SDS & GHS	<a href="https://www.marylandagc.org/">https://www.marylandagc.org/</a>
Amphibious Medics*	Ian Foley	562-355-9850	<a href="mailto:ian@amphibiousmedics.com">ian@amphibiousmedics.com</a>	First Aid/CPR Training, Fall Protection, General Safety Training. Onsite, Roving, and On-call/demand medical support by EMT/Paramedic/RN. Pre-employment/post accident/random drug and BA testing, Qualitative/Quantitative Fit Testing, Health & Wellness Coordination, & Case Management.	<a href="http://amphibiousmedics.com/">http://amphibiousmedics.com/</a>
Atlantic Hardware Supply*	Gary Engleman	301-885-6130	<a href="mailto:genleman@atlantic-supply.com">genleman@atlantic-supply.com</a>	Toolbox talks on various topics, Respirable Crystalline Silica Training & written exposure plans, Respiratory Fit Testing, Powder Actuated Tool Certification, Fall Protection Training for Qualified Operators and Fall Protection Inspection Training, Fall Protection Competent Person Training (16 hour-2 day OSHA/ANSI and 24 hour-3 day EM-385), Firestopping Training (installer certs for 3M, STI, Metacaulk/Rectorseal, and Grabber (through penetration, duct wrap, and construction joint firestopping which may include engineering judgements), Adhesive Anchor Certifications (tension/shear testing on adhesive, mechanical, and powder actuated concrete anchors), General Safety Training, Site Visits, & Equipment/Tool Demos.	<a href="https://www.atlantic-supply.com/">https://www.atlantic-supply.com/</a>
ATSSA*	Training Department	540-368-1722		Traffic control, design and flagger training	<a href="https://atssa.com/">https://atssa.com/</a>
Chesapeake Region Safety Council*	Connie Schultheis	800-875-4770	<a href="mailto:connie@chesapeakesc.org">connie@chesapeakesc.org</a>	Refer to 2019 Safety Training Calendar - OSHA OTI Education Center: Risk Management, Fall Protection, Lift Truck, Scaffold, Trenching & Excavation, First Aid Instructor, EM-385-1-1 SSHO, On/Off Site Safety Program Development & Consulting Services, Defensive Driving Training.	<a href="https://chesapeakesc.org/">https://chesapeakesc.org/</a>
Colony Hardware Corporation*	Billy Smith	301-440-8065	<a href="mailto:bsmith@colonyhardware.com">bsmith@colonyhardware.com</a>	General Safety Awareness Training, Demo of tools/equipment, Ladder Training, Rigging Training, Fall Protection Training, Hand Protection Training, etc.	<a href="http://www.colonyhardware.com/">http://www.colonyhardware.com/</a>
Grainger	Jarett Payne	571-358-5460	<a href="mailto:jarett.payne@grainger.com">jarett.payne@grainger.com</a>	Fall Protection/Prevention Training, Ladders/Scaffolding, PPE, Electrical Safety, Emergency Planning, Machine Guarding, Confined Spaces, Material Handling, Slips & Trips, Spill Control, Lockout/Tagout, Hot Work, Lone Worker, First Aid, Workplace Wellness, Temperature Stress Hazards, Airborne Contaminants & Noise, Radiation Safety, Ergonomics, etc.	<a href="https://www.grainger.com/">https://www.grainger.com/</a>
HD Supply Industrial & Construction WhiteCap*	Ben Mickey, Phil Roane, Christine DeNardo	240-302-7642, 240-585-1017, 202-317-0628	<a href="mailto:Benjamin.Mickey@hdsupply.com">Benjamin.Mickey@hdsupply.com</a> , <a href="mailto:phil.roane@hdsupply.com">phil.roane@hdsupply.com</a> , <a href="mailto:christine.denardo@hdsupply.com">christine.denardo@hdsupply.com</a>	Various Construction Safety Training, Demo of tools/equipment, Various Safety Standdown Options/ Jobsite Trainings.	<a href="https://www.whitecap.com/shop/en/wc/home">https://www.whitecap.com/shop/en/wc/home</a>
Honeywell / Miller	Training Department	855-565-6722	<a href="mailto:HoneywellSafetyTraining@Honeywell.com">HoneywellSafetyTraining@Honeywell.com</a>	Aerial Lift, Authorized Tower Climber/Rescuer, EM-385-1 Fall Protection Training for USACE & Contractors, Confined Space (entry & rescue), Customized Training Programs, Fall Protection (awareness, competent person, equipment inspection, rescue, train the trainer), On-Site Contract Training, OSHA 10 Hour-General Industry & Construction, OSHA 30 Hour-General Industry & Construction, SCBA SAR Training, etc.	<a href="https://www.millerfallprotection.com/">https://www.millerfallprotection.com/</a>

Husqvarna*	Jack Cummings	804-381-1962	<a href="mailto:jack.cummings@husqvarnagroup.com">jack.cummings@husqvarnagroup.com</a>	Site/Operation Consultations, Silica, Saw, cut core drill vibrate, diamonds, vacuum & dust suppression, concrete Demo of tools/equipment	<a href="http://www.husqvarnacp.com">www.husqvarnacp.com</a>
KA Associates LLC*	Sarah Adiutori	520-904-0848	<a href="mailto:sarah@kaasolutions.com">sarah@kaasolutions.com</a>	On-Site/Permanent Safety Personnel, On-Site Safety Services (audits, detailed reports, safe work recommendations), Safety Training, Safety Program Development, OSHA Compliance (Recordkeeping Assistance, On-Site Audits, Mock Inspections, Assisting you through the process when you are faced with alleged violations), Insurance/Risk & Loss Control Services, Incident Investigation, Contractor Qualification & Review, & Subcontractor Compliance.	<a href="http://www.kaasolutions.com/">http://www.kaasolutions.com/</a>
Keep Up the Beat*	Jennifer Buss	724-448-0858	<a href="mailto:jennifer@keepupthebeat.net">jennifer@keepupthebeat.net</a>	First Aid/CPR/AED/BBP, Innovative Training like you've never seen before- Learning with a competitive edge that your employees will love.	<a href="http://www.keepupthebeat.net/">http://www.keepupthebeat.net/</a>
Med-eScreen (a division of Abbott)*	Jamie Tompkins	804-357-6873	<a href="mailto:jamie.tompkins@escreen.com">jamie.tompkins@escreen.com</a>	Stop the Bleed, Dropped Object Protection, PPE, General Safety Awareness Training, Demo of tools/equipment, Drop Test Demos, Fall Protection Training, Scaffold Training, Highway Safety Training, JLG Equipment Training/Demos, EHS Training & Consulting, Ladder Systems Training, First Aid, CPR, AED, OSHA, ACLS, PALS, First Responder, Bloodborne Pathogens, Fire Extinguisher Safety, Emergency Preparedness & Response Training, Field Instrument Demos/Training, Respirator Fit Testing, etc.	<a href="https://www.escreen.com/us/home.html">https://www.escreen.com/us/home.html</a>
Miller Fall Protection*	Ron Nobles	410-340-3051	<a href="mailto:ron.nobles@honeywell.com">ron.nobles@honeywell.com</a>	ABC's of Fall Protection (Awareness Training), Site Evaluations, & Equipment Selection	<a href="https://www.millerfallprotection.com/">https://www.millerfallprotection.com/</a>
MSA The Safety Company		1-800-672-2222	<a href="http://training@msasafety.com">training@msasafety.com</a>	Fall Protection-authorized, competent, user, trainer and inspection. Confined Space, Rescue and Tower, Respiratory	<a href="https://us.msasafety.com/training">https://us.msasafety.com/training</a>
National Capitol Industries*	Joe Sendlorfer	301-343-2234	<a href="mailto:joe@natcap.com">joe@natcap.com</a>	Traffic Safety Training, Personal Protective Equipment Demos, Fall Protection Training, DOT Spec Productline Training	<a href="https://www.natcap.com/">https://www.natcap.com/</a>
Pivot Occupational Health*	Chelsea Perna	302-419-4847	<a href="mailto:cperna@pivoths.com">cperna@pivoths.com</a>	Employee/Occupational Health ONLY medical clinic for Work Injury Treatment, and Medical Testing. Focusing on conservative care eliminating unnecessary recordables. Nurse Case Management monitors all cases from beginning to end. Medical testing for Drug Screening, Return to Work and Fitness for Duty Physicals (and more), DOT compliance and OSHA compliance testing; PFT, Audiogram, X-rays, and more. Clinic locations throughout MD, DE, PA.	<a href="http://www.pivotocchealth.com">www.pivotocchealth.com</a>
Proactive Occupational Medicine, Inc.*	Bonnie Armstrong	740-876-1567 740-574-1770	<a href="mailto:barmstrong@pominc.com">barmstrong@pominc.com</a>	Onsite first aid services, case management, CPR, AED, First Aid training, oncall services, 24/7 oncall hotline, drug/alcohol screening, respirator fit testing, pulmonary function testing/Spirometry testing, Audiometric testing, physicals, RTW, Lab work, X-ray services, vaccinations, also have a mobile medical unit and a mobile audio unit w/ 8 stations.	<a href="https://pominc.com/">https://pominc.com/</a>
Pure Safety Group - Home of Guardian Fall Protection*	Vic Engleman	443-758-8185	<a href="mailto:vic.engleman@puresafetygroup.com">vic.engleman@puresafetygroup.com</a>	Fall Protection Awareness Training, Authorized User Training (online options too), Competent Person Training, EM-385 Training, Tool Tethering & Dropped Objects Competent Person Training, Fall Protection Drop Demos with variety of equipment and tool tethers.	<a href="https://www.puresafetygroup.com/">https://www.puresafetygroup.com/</a>
RAM Tool*	Herbie Copenhaver	703-928-5007	<a href="mailto:herbie.copenhaver@ram-tool.com">herbie.copenhaver@ram-tool.com</a>	Fall Protection & Inspection Training, General PPE Training, Glove Training, Ladder Training, and Silica & Respirator Training	
Rescue One *	Lori Lewman	443-538-1851	<a href="mailto:llewman@rescue-one.com">llewman@rescue-one.com</a>	First Aid /CPR/AED Training (English & Spanish- online options, CPR/AED Drills, CPR/AED Awareness Training, Advanced Bleeding Control Training/Awareness, Bloodborne Pathogens, Fire Extinguisher Safety, Emergency Medical Responder (Initial/Renewal) Training.	
Safe Bet Group, Inc*	Jamie Kolher	814-547-3138	<a href="mailto:jkohler@safebetgroup.com">jkohler@safebetgroup.com</a>	First Aid/CPR/AED/BLS, Fall Protection Training, Respiratory Protection Training, Silica in Construction, and Stretch & Flex for Construction Training.	<a href="https://safebetgroup.com/">https://safebetgroup.com/</a>

Safety Concepts, LLC*	Skip Guardino	301-440-4673	<a href="mailto:skip.quar@gmail.com">skip.quar@gmail.com</a>	Fall Protection Training & equipment, General Safety Awareness Training, Crane Rigging & Signaling, Scaffold Awareness Training, General Consultations/Site Visits, ATTTSA (Traffic/Flagger Training).	
Sales Solutions, Inc.*	George Stallings	703-431-6041	<a href="mailto:info@falltech.com">info@falltech.com</a>	Fall Protection-authorized user, general awareness/task specific and inspection. Confined Space, Rescue and Tower, Traffic Safety, Personal Protection Equipment Training.	<a href="https://www.salestolutionsinc.net/">https://www.salestolutionsinc.net/</a>
Scaffold Resource, LLC*	Ulysses Medina or Phyllis Caldwell	301-924-7223	<a href="mailto:umedina@scaffoldresource.com">umedina@scaffoldresource.com</a> <a href="mailto:pcaldwell@scaffoldresource.com">pcaldwell@scaffoldresource.com</a>	Scaffold Hazard Awareness (Subpart L compliant), Shoring/Wall-bracing, Hoists, Any kind of Scaffolds, Overhead protection/ Pedestrian Protection.	<a href="http://www.scaffoldresource.com/">http://www.scaffoldresource.com/</a>
The Safety Company, Inc.*	Hank Hedges	202-557-6869	<a href="mailto:safety@thesafetyco.com">safety@thesafetyco.com</a>	Site Safety & Health Officers, Safety Consulting (audits, investigations, program development), Safety Training (EM 385-1-1 40 Hour, Competent Person Training, OSHA 30, OSHA 10, Confined Space, Fall Protection, etc.	<a href="http://thesafetyco.com/">http://thesafetyco.com/</a>

**OSHA Outreach Programs /  
Consultation Services:**

**DC**

Service Contact:

Office of Occupational Safety & Health

Contact Email:

[does@dc.gov](mailto:does@dc.gov)

Contact Phone:

(202) 671-1800

Contact Fax:

(202) 673-2380

Website: <https://does.dc.gov/service/occupational-safety-and-health>

**Maryland**

Division of Labor and Industry

Maryland Occupational Safety and Health (MOSH)

10946 Golden West Drive, Suite 190

Hunt Valley, MD 21031

Phone: 410-527-4472

Fax: 410-527-5678

e-mail: [dldlimosh-dllr@maryland.gov](mailto:dldlimosh-dllr@maryland.gov)

Website: <http://www.dlir.state.md.us/labor/mosh/volc.shtml>

**Virginia**

Virginia Department of Labor & Industry

Attention: Consultation Services

Main Street Centre

600 East Main Street, Suite 207

Richmond, Virginia 23219

Consultation Services – (804) 786-8707 – Fax (804) 786-8418

Website: <https://www.dolj.virginia.gov/vosh-programs/consultation/>