

Kennedy Coaching

Facilitating Breakthrough



Looking for a speaker for your business conference, workshop or retreat.....hire one that knows the issues you face!

Christine Kennedy, IOM, CPC, ELI-MP is a leadership & life purpose coach and the COO & Executive Vice President of the Lynchburg Regional Business Alliance formerly the Lynchburg Regional Chamber. In this role she helps individuals and businesses succeed through self- discovery, thought provoking questions and providing piercing clarity on issues that often times the individual can't see.

Through her 10+ year career at the Alliance she has held numerous positions and worked on a variety of projects including transportation initiatives, legislative programming, workshops, seminars, and running the Alliance's award-winning Leadership Lynchburg program. She has also started a number of successful initiatives at the Alliance and is in charge of their business and strategic planning.

In her spare time she conducts on-site training and keynote presentations in the areas of strategic planning, leadership, change management, communication and attitude. She is a frequent presenter for the Virginia Association of Chamber of Commerce Executives and the Association of Leadership Professionals.

Awards and Honors



- Preceptor Award by the Community Leadership Association for her work with Leadership Lynchburg
- Leadership Achievement Award by Chamber Voices Toastmasters
- "20 under 40" by the Blue Ridge Business Journal
- Vice-Mayor's Award of Excellence for her work in the region
- Emerging Leader by the Blue Ridge Business Journal in
- Area Outstanding Point Production, First Citizens Bank
- Best Attitude Award, First Citizens Bank

Christine is passionate about leadership and helping others achieve their potential. Her core values of faith, integrity and humor are incorporated in everything she does.

Presentations can be customized to meet the needs of your organization.

PROVEN RESULTS

"Christine is a vibrant, dynamic leader and motivational speaker."
Nancy, Lynchburg, VA

"Christine is one of those rare jewels in a community. She has the ability to combine exceptional business sense with a high level of personal attention to those she works with and for. Her commitment to her profession is one to be respected and admired. I highly recommend Christine to anyone, at any time, with absolutely no reservations."
Shane, Jacksonville, FL

"Christine is a wonderful coach to work with. I have worked with other coaches, and she far exceeded my expectations. She has assisted and guided me through some great transformations in my life. With her gift to ask the right questions, I have gained freedom from the things that hold me back."
Lisa, Detroit, MI

"Christine's insight is clear and fearless. She is not afraid to challenge me and my perspective. She has an intense energy that helps me to try the next step when I can find only excuses."

Sample keynote or workshop presentation topics:

- Networking & Building Business Relationships
- Leading with your *Best* Self
- Effective Goal Setting
- Success: Getting Past Excuses to Build the Best
- Balance & Productivity
- Change When Change is Hard
- Teams: Going from Dysfunction to Peak Performance

Call Christine Kennedy if you want:

- One-on-one coaching
- Business or strategic planning retreat facilitation
- Leadership & Change Style Assessments
- Keynote and workshop presentations

Call (434) 845-5968 x12 or email
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