

Newsletter

Fall, 2015

Dedicated to the Preservation and Improvement of Ten Mile Lake and its Environment

TEN MILE LAKE CALENDAR FOR 2015

SPRING FLING..... Saturday
5:00 p.m. April 30, 2016

Location to be determined.

**WATERCRAFT OPERATOR'S
PERMIT TRAINING..... Wednesday**
8:30 a.m. to 4:00 p.m. June 30, 2016

At the Hackensack Community Center

FOURTH OF JULY BOAT PARADES Saturday
10:00 a.m. July 4, 2016

North ShoreArea by Arthur's
South Shore Public Access

WELL WATER TESTING.....No Well Water Testing
..... 2016

ANNUAL MEETING Saturday
9:30 a.m. August 6, 2016

At Union Congregational Church, Hackensack

TMLA BOARD MEETINGS..... Saturdays
9:00 a.m.

At Mary Ackerman'sMay 21, 2016

At Ann & Kurt Owens.....June 18, 2016

At Lee & Mark Sands..... July 16, 2016

At Bruce & Jean Carlson's August 20, 2016

At Tom & Sarah Cox's September 17, 2016

FALL FETE..... Saturday
5:00 p.m..... September 17, 2016

Location to be determined

DEADLINES, MATERIAL FOR NEWSLETTERS:

Spring Issue April 1, 2015

Summer Issue June 15, 2015

Fall Issue September 1, 2015

A REPORT ON THE ANNUAL MEETING

At the Annual Meeting of TMLA on August 1, President **Lee Sand** reviewed the many accomplishments of TMLA over the past year, including the establishment of the new Communication and Technology Committee, chaired by **Mary Ackerman**.

The speaker for the meeting was **Jeff Jackson**, MNDNR Northeast Firewise Specialist, who talked about the need to create and maintain a firewise property, to reduce one's vulnerability to a wildfire. Jeff believes our watershed is potentially a good host for a wildfire and that lake properties, usually heavily wooded lots containing large sources of fuel, are also conducive to wildfires. He recommended creating a 30-foot wide fire-resistant zone around a home where burnables on the ground are removed, and that the bottom six feet of trees be pruned of branches. Dead branches should be removed up to 10-12 feet.

After the speech and reports from TMLA committees, **Bob Rydell**, Chair of the Nominating Committee, announced a slate of officers and directors which was approved by the members. Officers are: **Ivar Siqveland**, President; **Karin Arsan**, Vice President, **Ann Owen**, Secretary; and **Teresa Conway**, Treasurer. New directors are Resident Director **Dave Gapinski** and Summer Directors **Kim Moe**, **Shelly Knuths**, and **Diane Power**. (Biographies of the officers and new directors will be found on page 11-12.) **Teri Gapinsky** and **Bob Moe** were recognized and thanked for their nine years each of service as directors.

Ten Mile Lake Association Officers

Ivar Siqveland, President..... Cell: 218-341-3970
 Karin Arsan, Vice President..... 675-6247
 Teresa Conway, Treasurer..... Cell: 612-414-5963
 Ann Owen, Secretary675-5095

Resident Directors

Mary Ackerman675-6229
 Tom Cox.....675-6844
 Dave Gapinski.....675-5352
 Don Hoppe675-6265
 Bob Iversen547-1876
 Sarah Swanstrom.....675-6226

Summer Resident Directors

Bill Brandt.....675-6107
 Shelley Knuths675-6340
 Marty McCleery675-6908
 Kim Moe.....675-3975
 Diane Power..... Cell: 816-305-3369
 Bob Rydell.....675-6395

Membership Coordinator

Phoebe Alden.....547-3114

Newsletter Editor

Sarah Cox675-6844

Web Master

Geoff Cox..... geoff@geoff-cox.com

Committees

Adopt-A-Highway – Karin Arsan, Denny & Paula Abbott, Mary Ackerman & Jim Reents, Phoebe Alden, Jim & Susan Brandt, Larry Clemens, John Coughlin, Elaine Crabb, Teri Gapinski, Cary & Janet George, Kathy Gogela, John & Lolly Hallberg, Bob & Nancy Horn, Mike and Sandy Kennedy, Paul & Carolyn Krech, Ross & Lynn McCown, Emily Minor, Kurt & Ann Owen, Harry & Judy Seward, Kay White, Bob & Carol Williams.

Advisory – Lee Sand, Bruce Carlson, Jay Cline, Tom Cox, Bob Crom, Al Griggs, Jim Miller, Stan Skaug, Don Willis

AIS – Bob Iversen, Bruce Carlson, Jean Carlson, Jay Cline, Warren Gerber, Pat Golden, Marty McCleery, Rick Purvis, Jim Miller, Jim Reents, Bob Rydell, Ivar Siqveland

Communication & Technology – Mary Ackerman, Karin Arsan, Lee Sand, Don Hoppe, Geoff Cox, Sarah Cox, Phoebe Alden, Justin Krueger, Diane Power, Harry Seward

Conservation – Jim Miller, Gary Anderson, Andy Biebl, Bruce Carlson, Mimi Garbisch Carlson, Tom Cox, Al Griggs, Shelly Knuths, Jim McGill, Tom Moore, Jim Reents, Laura Schwartz, Lee Sand, Ivar Siqveland, Diane Westmore, Steve Wilson

Directory – Phoebe Alden

Environment & Ecology – Bruce Carlson, Al Griggs, John Hallberg, Don Hoppe, Bob Iversen, Marty McCleery, Jim Miller, Tom Moore, Ken Regner, Bob Rydell, Judy Seward

Fisheries – Bob Horn, Bruce Carlson, Teri Gapinski, Warren Gerber, Al Griggs, Steve Helscher, Rod Owre

Healthy Lakes – Marty McCleery, Mary Ackerman, Tom Cox, Tom Moore, Bob Rydell, Andy Seward, Sarah Swanstrom,

History – Sue Eikenberry, Karin Arsan, Tom Cox, Kathy Edelbrock, Alden Gjevre, Deb Hamilton, Katy Hoover, Cathy Iversen, Kim Moe, Sue Seyala, Muriel Towler, Larry Urbanski, Mary Ann Varela

Lake Safety – Rick Hughes & Mark Sand, Lynn Abraham, Bill Brandt, Bob Moe, Lee Sand, Bob Williams, Carole Williams

Loons – Bob & Kim Moe, Bob Horn, Kurt Owen, Sarah Swanstrom

Nominating – Shelly Knuths, Dave Gapinski, Kim Moe, Diane Power

Treasurer's – Teresa Conway, Jim Hickman, Ivar Siqveland, Sarah Swanstrom

Water Level – Tom Cox, Jay Cline, Dan Eikenberry, Marty McCleery

NEW IDEAS ABOUT NEWSLETTER DISTRIBUTION

We want to alert everyone to a new experiment we are making in the distribution of this Newsletter. It will, as usual, be mailed to our entire list of members. However, it will also be E-mailed to everyone for whom we have an E-mail address. We hope you will review it in both media, and let us know what you think.

We understand that many of you will continue to want to receive the Newsletter in paper form, and we will continue to mail it for this group.

However, some of you may have difficulties with addresses so that the mailed Newsletter never reaches you on time, or may prefer simply to receive it by E-mail. Then you could either read it on the screen or download and print it.

One advantage of the E-mailed version is that the pictures will appear in color, if we have received color pictures originally. Another is that for everyone who opts to receive the Newsletter by E-mail only, we would save postage expenses, which tend to add up quickly.

Please let us know your preferences by E-mailing us at

association@tenmilelake.org.

If we do not hear from you, we will assume you still want to receive the paper form. If we do hear from you, we will follow your choices. If you are happy to receive simply an E-mailed version, we will remove your name from the newsletter mailing list and save the Association the postage cost.

FROM THE PRESIDENT'S DESK . . .

By Ivar Siqveland, TMLA President

Where, O where did the summer go? It seems like just yesterday we were putting in docks, boats, and lifts, and preparing our cabins for another summer on Ten Mile. Now we are in the middle of reversing the whole process. (How time flies!)

Your association has not stood still during the 2015 summer season. Starting with the first board meeting of the year in May, and led by the superb leadership of President Lee Sand, we picked up right where we left off last fall. And please don't assume that means we remained dormant during the winter months. Many of our committees continue to pursue plans and goals as well as attend pertinent seminars and meetings.

So now we begin the cycle again. I am very honored to serve as your new president. I feel especially confident if for no other reason than that I have the support of the tremendous people who have been so instrumental in making our association really great. Ours is recognized by many in the State as an example of how a really good association should be run. I, along with many others, recognize the dedication, experience, and knowledge of those, past and present, who have made us what we are. I would particularly like to thank my predecessor, Lee Sand, for her outstanding leadership. Having served as her Vice President for the last two years, I have learned a great deal about the job requirement. Her willingness to assist me in the transition is invaluable.

For me, Ten Mile has been a lifelong love affair. My parents met here as teenagers when my paternal grandparents had a cabin on the South Side and my maternal grandparents on the Northwest Side. My three brothers and I benefitted greatly by being able to spend whole summers at the lake. Like many of you I have many, many pleasant memories of Ten Mile.

Moving forward, I shall do my best to keep you informed with all that is happening. I have a strong belief that those issues and projects we undertake are done for the good of our members. Of course, our mission statement, "**Dedicated to the Preservation and improvement of Ten Mile Lake and its Environment,**" remains paramount. I believe the creation of the new Communication and Technology Committee is a perfect example of our efforts to serve our membership better. By bringing together our Newsletter (Sarah Cox, Editor), Website (Geoff Cox, Webmaster), and our newly developed E-mail system (Justin Krueger, Communications Specialist), we are better able to select and utilize the best medium by which to reach you on a timely basis. With the E-mail system, you are able to voice questions, comments, suggestions, etc. By simply sending an E-mail (association@tenmilelake.org), your correspondence will be forwarded to the appropriate official who will, in turn, respond.

In closing, I am honored to serve you and will do my best to uphold the fine tradition we all have received from those who have preceded us.

THANK YOU FROM HACKENSACK FIRE & RESCUE

By Jim Reents, Volunteer EMT and TMLA Member

I think the switch from the TML Association's process of matching donations to our new system of sending donations directly to the Fire House is working! Ten Mile folks have again been very generous. Know that your dollars help us to have up-to-date medical equipment for our EMT team. We average nearly 200 calls each year. You literally help us save lives. Your dollars also help our Fire team with equipment.

With our dry winter we anticipated an increase in wild fires, and your dollars helped us procure better equipment to fight such fires. Fire calls average around 40 each year. If you have not sent a check to Hack Fire & Rescue this year, I'm happy to give you that address again: **Hackensack Fire & Rescue, 231 1st Street N., Hackensack, MN 56452** All 29 of the Volunteer Fire and EMT's thank you again for your terrific support!

STAY CONNECTED! STAY INFORMED!

By Mary Ackerman, Chair, Communications & Technology Committee

Our newly formed Communication & Technology Committee is working hard to inform and connect our members. Here is a list of some of the many ways you can get information about the lake and the Association, and stay connected to other Ten Milers.

- **The TMLA Yahoo Group**

Lost something? Found something? Want to rent the cabin? Sell a boat? Have an event others might enjoy? Just want to discuss a lake issue? Post it on our **Yahoo Discussion Group**. You can sign up for this group on our Website Home Page. We are hoping this group becomes more active and useful to all of us!

- **The TMLA Website: tenmilelake.org**

If you haven't added this website to your Bookmarks, do it now! Everything is there — from the webcam so you can see our snowfall or ice out — to the locations of our TML coffees, minutes of all Annual Meetings and more. Make a habit of checking in!

- **Email Updates**

Email updates are new this summer. The Updates are *short* monthly (during the summer) emails with timely information the Board thinks members should know. We hope to send an additional one in Winter and one in Spring. We have had positive feedback as we launched this new communication; please continue to send feedback.

- **Email Alerts**

Email Alerts will come to the email address you sent us if there is a critical issue concerning safety, or if immediate action is necessary. Please be sure we have your latest email address!

- **Legislative Alerts**

Many of our committees stay attentive to their issues throughout the year, and particularly during the Legislative session. If something comes up that needs our attention, such as the need send letters or emails or phone calls to our representatives or Governor, you will be notified by a Legislative Alert email, which will include information about whom to contact and how.

- **The TMLA Newsletter**

Our *Newsletter* (that you're reading!) has been our traditional and great communication channel for years! Our goal is to send it in both mailed paper and emailed PDF forms, beginning with this issue. In Spring of 2016 we will ask you which method you prefer. Again, send us feedback!

- **TMLA Board Meetings**

Any TMLA members are welcome to attend any of the Board of Directors meetings. The dates and places for these meetings are always listed on the front page of the Spring *Newsletter*, and for the next year, on the first page of the Fall *Newsletter*. Attending these meetings is a good way to find out what the issues are that the Board is working on, and what is happening around the lake.

- **The TMLA Email Address — association@tenmilelake.org**

This is how YOU communicate with US. This is the place to send your comments, suggestions or questions. All will be forwarded to the right person or committee for a timely response!

- **Ten Mile Lake Maps**

Recently members of our E & E Committee have completed a detailed contour map of the lake. It is available in two sizes: 2 feet by 3 feet, and 13 inches by 19 inches. The cost to purchase them is \$35 for the large one and \$6 for the small one. These maps are available at Arthur's Ten Mile Lake and at Swanson's Store in Hackensack.

They are beautiful to look at, and useful, especially if you are a fisherperson. Some people get them laminated and use the small ones for place mats.

So keep in touch, stay informed, and stay connected!

FALL AIS NEWS

By Bob Iversen, Chair, AIS Committee

VIGILANCE AND HARD WORK to prevent the spread of AIS into Ten Mile and nearby lakes is continuing to pay off. We are fortunate to benefit from the AIS work performed by Cass County's paid AIS inspectors. In August alone they put in 160 hours at our south shore DNR access.

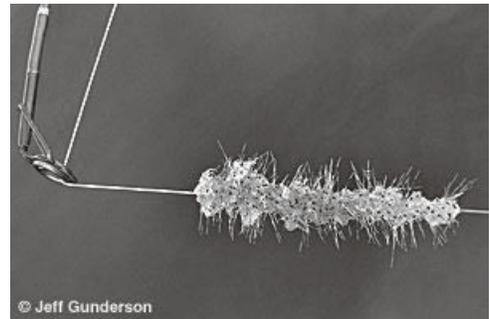
THE INSPECTORS HAVE BEEN BUSY at approximately 24 Cass County lakes, including at major fishing tournaments on Leech Lake. This year, the inspectors were asked to work at the Leech Lake Regatta. Before the event Cass County AIS coordinator Rima Smith-Keprios had to determine the appropriate inspection techniques for these watercraft - it isn't yet part of the DNR's training. It was fortunate that they knew where to look, because zebra mussels were located on one sailboat from Lake Minnetonka.

THAT'S WHERE the decontamination stations come into play. There are nine decontamination stations around the county, with the closest to Ten Mile being Northwoods Dock on Highway 371. PLEASE TAKE YOUR BOAT THERE IF YOU HAVE ANY QUESTION ABOUT HAVING AIS ON YOUR WATERCRAFT.

IN THE SUMMER NEWSLETTER, I mentioned that the Association of Cass County Lakes (ACCL: acclakes.org) is sponsoring an AIS prevention project for the entire Boy River chain of lakes, from Ten Mile to Leech. As part of this, ACCL wanted to verify the belief that none of the chain was infested with zebra mussels. To accomplish that, RMB Environmental Labs from Detroit Lakes used very

fine mesh nets to sample the water at nine locations along the chain, including Ten Mile. The water rinsed from the nets was then inspected microscopically for the presence of zebra mussel veligers (larvae). Great news: no veligers in the river or any of the lakes!

DESPITE THE GOOD NEWS locally, AIS threats continue to grow in northern Minnesota. One of the latest infestations is in Lake Vermillion, where SPINY WATER FLEAS have been detected. This critter creates a real mess for fishing lines and anything else in the lake. To make sure it doesn't come to Ten Mile, please carefully inspect all fishing lines, anchor ropes, etc. to make sure nothing like this is attached.



Spiny Water Fleas on a Line

BY THE TIME YOU READ THIS, we will have made it through another wonderful summer at Ten Mile without any of the really bad critters joining us. Thanks for all your vigilance in making sure all of your watercraft and lake equipment is free from AIS before entering the lake. See you next spring!

REPORT OF THE ENVIRONMENT & ECOLOGY COMMITTEE

By Bruce Carlson, Chair, E & E Committee

OVERALL, 2015 has been a pretty good year for the lake. Things started with a bang, with two record deep Secchi disk readings taken early in the summer. Ten Mile wasn't the only lake with good readings. Many lakes in the area also had improved early summer readings – probably because the lack of winter snow resulted in less phosphates pouring into the lakes with the snowmelt. As of this writing, oxygen levels in the deepest spot (~200 ft) have been dropping – a typical pattern, but they have not yet reached a critical level. It will be interesting to see what happens over the next month.

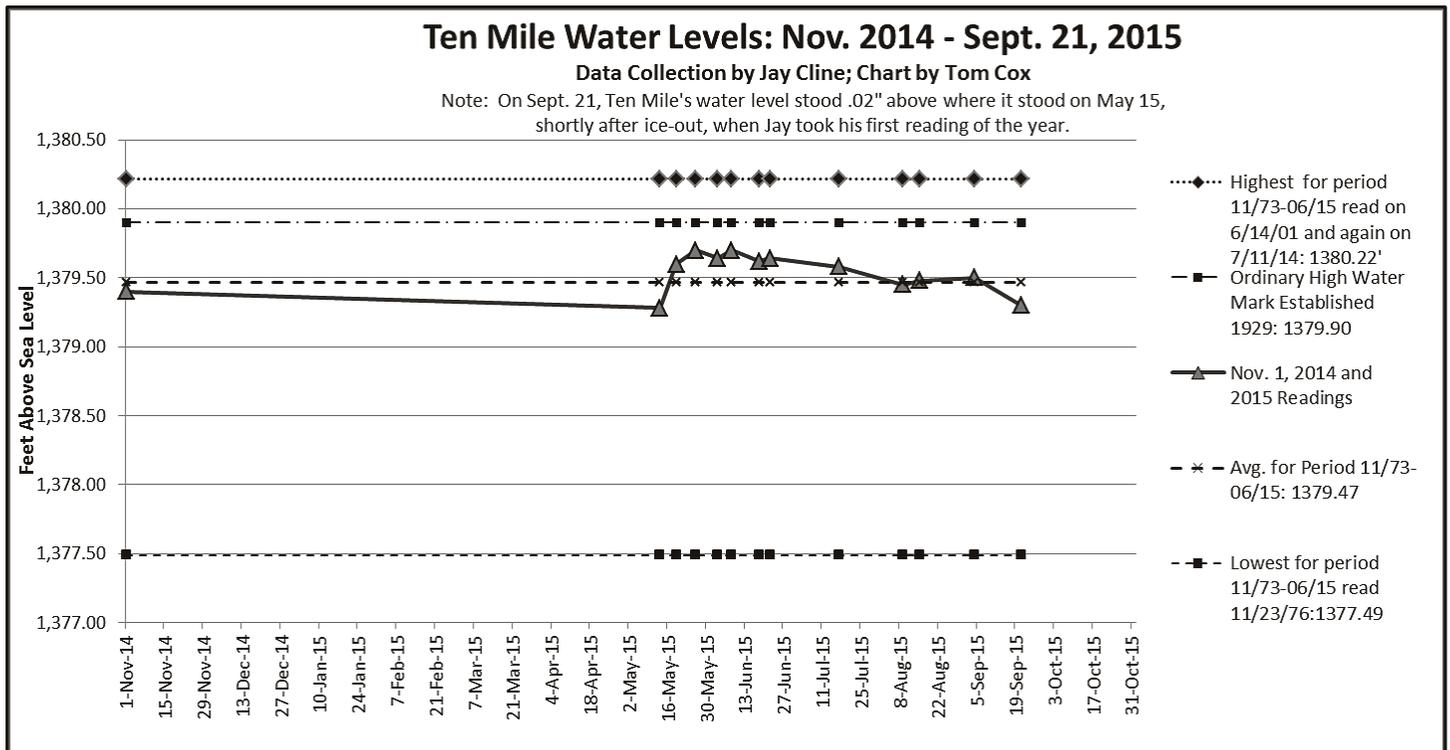
WE HAVE HAD A GOOD EXPERIENCE working with RMB Labs for analysis of lake water samples in this, our first year with them. These values have remained stable, and there are no discernable trends for the better or worse. Our water quality continues to be excellent.

SIXTY CABIN OWNERS SUBMITTED well water samples this July, and about ten more had to be turned away because we didn't have enough bottles. We were very pleased with the response, and for the next well water sampling time (July,

2017) we will be sure to have enough bottles. Of note, no wells had high levels of nitrates, even though this is a major problem in the Park Rapids area. We can thank our heavily forested watershed for this.

THE NEW LAKE MAPS have been a big success. We sold almost \$1,100 worth of maps at the annual meeting. Lake mapping continues, but not for bottom depth. Rather we are surveying vegetated areas every year to see if there are trends in density of vegetation or if new vegetated areas appear. This is one way of monitoring the presence of exotic plants, especially Eurasian milfoil and curly-leaf pondweed.

ON THE AIS FRONT, by this summer, Chinese mystery snails and banded mystery snails have now emerged from Long Bay and seem entrenched in Crescent Beach. Our committee continues to monitor their spread, although nothing practical can be done about them. Other than being a nuisance, these snails are relatively innocuous, even though it would be better not to have them in the lake.



NANCY GILLES BENEFIT FUND

By Lolly Brandt

Our wonderful mail lady, **Nancy Gilles**, lost her mother in May; her husband, who had dementia, died in June. She had had the financial responsibility for their long term care plus their daily physical needs. She also cared for her sister when the sister was ill. Nancy says that it was a difficult spring.

As a contract employee with the United States Postal Service, Nancy is responsible for the maintenance on her car. She also drives longer distances on her routes around Ten Mile and Birch Lakes than city postal drivers. Her number of deliverables doubles in the summer, and requires more mileage on her car. Nancy has had difficulties with her car but in spite of that always makes her deliveries. Although she is paid monthly, she has little money left at the end of the month for her own expenses.

Nancy does more than just put mail in boxes, and many people have stories to tell about the extra services she has provided. She delivers packages to the door when it is snowing or raining! **Don Hoppe** tells the story of how one day Nancy notified him that his neighbor had not picked up his mail the day before, which was unusual. Don went to check on the neighbor and found

that the neighbor had fallen. Nancy received a letter of commendation from the Postmaster General in 2010 for her vigilance.

Her co-workers describe Nancy as a person of good character who takes pride in her work. They say that she enjoys seeing people on her routes.

We take care of our lake, shoreline, wildlife and roads. It is important also to take care of members of our Ten Mile community like Nancy Gilles, who has taken care of us and our mail for more than twenty years. Therefore, a benefit fund has been established at the bank in Hackensack to help Nancy with her expenses and car. Contribution to this fund can be sent to

First National Bank of Walker
P.O. Box 460
Hackensack, MN 56452

The check should be made out to the Nancy Gilles Benefit Fund, Account Number 3622969.

A December deadline is suggested, so that Nancy can receive the funds before Christmas.

REPORT ON THE JAMES W. SCHWARTZ FUND

By Gary Anderson, Member, Conservation Committee

WHILE I AM NOT A REALLY great sports fan, my last article used a baseball metaphor because we were in the middle of the baseball season. That season is still going on as I write, but now football is now coming into its annual contests. In baseball the challenge is getting a player to hit and then make it back to home base. In football, one challenge is being on the ten yard line and getting into the end zone! Many a team has pushed forward that far or even down to the one yard line and not been able to score.

OUR ENVIRONMENTAL FUND, THE JIM SCHWARTZ Environmental Protection Fund, is approaching the thirty yard line in terms of time. We had established a three year period to raise the \$175,000 needed to replenish this important fund which helps protect and preserve Ten Mile's pristine water. Two plus years are now behind us. We have gone seventy plus yards on the time line and the good news is that we have now received \$142,131.00 in gifts from Ten Mile Lake Association members plus an additional \$5,700.00 in pledges. Thank you, thank you to all who have contributed gifts large or small! You are people who are investing in our lake's future.

NOW WE ARE DOWN TO LESS than a year until our next association meeting in August, 2016. Just think how close we are to scoring! While in terms of time, we are at about the thirty yard line, in terms of gifts we are actually only about fifteen yards from the goal. What we need now is either one big play, maybe even a field goal, or, as many teams do, a number of small ones--a few yards gained over and over until we get the ball across into the end zone.

IN OUR NEXT NEWSLETTER it would be really exciting to report that we have won the game or are at least just a few yards from the goal. It would be really exciting if you are someone who can help with a really big play! But many small gifts can accomplish the same goal. Contributions in any amount are welcome. A nice idea is to memorialize someone who loved Ten Mile with a gift or to give in honor of someone. Gifts can be made in the form of a pledge to be fulfilled by August 2016 or by check made out to the Ten Mile Lake Association, PO Box 412, Hackensack, MN 56452. Gifts are tax deductible.

THANK YOU FOR YOUR GIFT toward our important goal of helping to preserve Ten Mile's water quality and beauty.

FISHING CHATTER

By Bob Horn, Chair, Fisheries Committee

With an early ice out, spring fishing was pretty good in the bays. Since then, fishing has been slow — not many good reports from the walleye people this summer. Panfishing has been better. And some nice Northern Pike have been boated.

So, where are the Walleyes? They show up on the graph, but the bite has been poor. Maybe it's the bait — I'm thinking a salamander might be the answer. Our TM walleyes might be tired of leeches, night crawlers, and minnows. I can remember back

in the 70's the Brainerd fishing guides used them. Just a thought!

A member of the TML Fisheries Committee had a good idea. If the fish aren't biting here on Ten Mile, why not try one of the best fishing lakes in the state, our neighbor to the north, Leech Lake. Teri Gapinski, along with her dad's help (Jim Miller), boated a 50+ inches Muskie in late August. Good job Teri! The fish was released successfully after a picture was taken.



Teri Gapinski with her 50+ inch Muskie from Leech Lake.

REVIVING FISH

By Bruce Carlson

OVER A FOUR-DAY PERIOD in July, I had a couple of experiences of reviving seemingly dead fish that prove the power of persistence. As background, from over 40 years of operating on thousands of rats while doing biomedical research, I had found that that it was possible to revive many animals that appeared to be clinically dead as a result of over-anesthesia. The same thing holds true for fish that for various reasons don't look like they will make it when they are released. When a released fish turns belly-up chances are excellent that it will not survive unless assisted.

THE FIRST FISH CASE was a 37" northern pike, weighing an estimated 16-18 pounds – one of the fattest pike I have ever caught. It fought doggedly for a long time, and by the time I had unhooked it and collected data from it, the fish couldn't right itself after release. A fish that size is a real treasure, and I didn't want to see it die. So I spent 10 to 15 minutes nursing it back to survivability. The real test, however, came a few days later when my son brought home a 27" walleye that he had hooked while bass fishing the reeds. This fish was all but gone, with its gill covers flaring out (a very bad sign) and no signs of motion anywhere. When released into the water, it turned belly-up immediately and was limp as a rag. What happened next was very instructive.

THE FIRST THING I DID was to hold it gently by the tail and turn it right side up. At this point I was lying on my belly on the dock. Then I began gently moving the fish back and forth just a few inches at a time. The fish was totally limp, and the head bent back when it was pushed forward. After about 10-15 minutes of no seeming progress, I noted some slight movements of its pectoral fins. After another 15 minutes of little further progress, I noticed that its body was no longer totally limp, and a bit later, I could feel some slight contractions of its tail muscles. Still, when I let it go, it turned belly up right away. Gradually, the tail muscle contractions got slightly stronger, and it remained upright for a second or two before going belly-up. By 45 minutes, I could notice some obvious strengthening, and it remained upright for a few more seconds when released. Then it began to revive a bit more quickly and could even move its tail sideways a few times when released. After almost an hour of such treatment, the fish finally got to the point where it could swim a few inches on its own. Finally, after an hour I let it go and watched it very slowly swim off to deeper water, where it would probably remain almost motionless on the bottom for a day or two while recovering.

WHY WOULD ONE GO TO SUCH LENGTHS for one fish?

In this case, it was done as an experiment in addition to concern for an individual fish, but there are other reasons why it is worthwhile trying to save trophy specimens. Very few fish of any species live to reach trophy size. In the case of the 27" walleye, it was likely about 12 years old. A good rule of thumb is that for most game fish, about 30% of the fish of a particular year class die for various reasons each year. Given that, the 27-inch walleye was one of approximately 20 fish that would have survived 12 years from 1,000 that were born or stocked during their first year. A walleye that size is almost certainly a female and would produce about six times as many eggs as a two-pound fish. More importantly, her eggs would have the genetics for producing larger fish, just because a large walleye has already proved its growth potential. Also, for the trophy angler, a fish that size that is released has a chance to turn into a true trophy if caught in subsequent years.

LET ME END WITH A FEW TIPS for reviving large fish.

1. You can hold them gently by the back just behind the head, or by the base of the tail, if the fish is too big to be held comfortably behind the head.
2. From my experience, keeping the fish upright is extremely important. I don't know why being belly-up is bad for a fish. (As an aside, if you want to keep a freshly caught fish from wiggling too much, just turn it upside down, and it will usually stop moving. This is especially true for bass and northern pike, but also works for walleyes.)
3. Very slowly move the fish back and forth in the water to get water moving over its gills. This is the equivalent of our taking deep breaths and facilitates oxygen exchange across the gill membranes. Some recent editorials in fishing magazines have said that moving a fish backwards is bad for its gills, but if done slowly enough, I have never noticed a problem.
4. Water temperature is important – the colder the water, the greater the chance of survival for the fish.
5. Have patience!! I have often spent over 10 minutes reviving large pike, and the success rate is well over 75%.

ONE THING NOT COVERED in this article is fish caught from very deep water. In this case, their swim bladder may expand due to the reduced pressure at the surface, and no amount of resuscitation of the type described above will work effectively. There are ways of doing this, but they would require another article.

THE LOON JOURNAL

By Kim Moe, Co-Chair, Loon Committee

We celebrate the fact that 11 loon chicks were hatched on the lake this year, and we think that they have all survived.

Otherwise, we leave you to enjoy your winter, with the following cartoon, and a reminder:

NOTICE!

Please DO NOT feed the loons!

DO NOT

tame & train them to approach your boat for a treat! This practice is not illegal, but

IT IS NOT GOOD FOR THE LOONS!



THE HONOR ROLL

In the fall Newsletter, we like to include an Honor Roll of those Ten Mile Lake residents who have upgraded their septic systems or installed new systems. We honor them because maintaining effective and safe septic systems is one of the most critical components of our ongoing effort to preserve and improve Ten Mile Lake and its environment. Here we list the names of those families who have improved, replaced, or built new septic systems since we last published this list. We thank these residents for doing their part to protect the health of the lake. If you or someone you know has updated a septic system and not been recognized in the Honor Roll, please let us know about it.

Peter Bailey
Rocky Berndt
Juliann Brunzell
Philip Claussen
Marcia Krause

Nancy Mackenzie
Wayne Osatiuk
Thomas Pauly
Marie Rose

INTRODUCING OUR NEW OFFICERS

This year at the annual meeting, two new officers and four new directors were voted into office. The nominating committee thought it would be helpful to include in the Newsletter the biographies for these officers and directors.

PRESIDENT: Ivar Sigveland

Ivar was born and raised in St. Paul, MN where he attended grade and high school. In 1965 he earned a bachelor's degree in business from the University of Minnesota, as well as a commission in the U.S. Army through ROTC. He entered active duty and went to Officers' Branch School at Ft. Bliss, Texas. Then he earned his wings at flight school and reported for duty in July, 1967 in Bien Hoa, South Vietnam, and was assigned to the 118th Assault Helicopter Co. He flew Huey gunships for six months.

Then he was assigned to be the personal pilot for Mr. John Vann (a civilian who directed the revolutionary development program and reported directly to General Westmoreland and the Ambassador), for what he thinks was probably the most interesting six months of his life.

At the end of his one-year tour, he returned to Ft. Rucker, AL where he finished active duty as an instructor pilot.

When he returned to MN in 1970, he flew a helicopter ambulance for two years, then took a job with a small convenience store as a store manager and then supervisor of stores. After three years with this company he purchased a travel agency in St. Paul. He remained in this business for 30 years before he retired.

Both of Ivar's grandparents built cabins on TML in the late 1920's, and his parents met at the lake. He and his three brothers were fortunate to spend summers at the lake while growing up and have spent at least part of the summer here ever since. He and his wife, Peggy, bought a winter home in Walker in 2006, since their cabin is not winterized, but they still spend three seasons in the cabin. They have two sons and four grandchildren.

VICE PRESIDENT: Karin Arsan

Karin first came to TML with her parents, Stuart ("Tate") and Virginia Lane. It was a pretty rustic Woock's cabin they stayed in, with no running water and a true ice box — but it was love at first sight.

After attending Grinnell College, Karin worked as a social worker in Chicago from 1965 to 1970, working with children in foster care. Then she went overseas with her husband. During their time in Hong Kong she volunteered in various social projects, such as being on the board of St. Barnabas Society and Home, and working in a Vietnamese refugee center school. In Singapore she worked in an orphanage. She was also a director of Exceltrade Development Limited, a mom-and-pop company started by her husband Ahmet.

Even though Karin lived overseas from 1970 to 2002, she never missed time at TML and brought her children

here every summer. She and her husband, Ahmet, bought their cabin in 1984, and this has been their beloved home ever since. She enjoys writing TML history stories for our newsletter and organizing the Adopt-a-Highway volunteers.

TREASURER: Teresa Conway

Teresa Conway was born and raised in Audubon, Iowa and began coming to Ten Mile Lake for vacation when she was a year old in 1956. She mainly stayed on the North Shore as her relatives, the Dr. L.E. Jensen family, stayed at Camp Iowa. After attending Iowa State and teaching for a few years, she married Christopher Conway in 1980. Chris and Teresa had 3 children and lived various places in the Midwest before settling in Shoreview, MN in 1994.

Through all the years, they continued to vacation on Ten Mile Lake every year. The Conway children, Laura, Joseph, and Thomas grew to love Ten Mile as much as their parents. In 2011, Teresa and Chris realized their lifelong dream and purchased property on the North Shore. They live in Nashville, TN where Chris is finishing his career. Teresa is able to spend most of the summer on Ten Mile and Chris is able to travel back and forth. They are hoping to move back to the Twin Cities when Chris retires and spend 5 months on Ten Mile.

SECRETARY: Ann Owen

Ann Owen graduated from the University of Iowa with a B.S. in Business Administration in 1976. There she met her husband, Kurt. They moved to Little Falls, MN in 1982, where they raised their two daughters, Abigail and Sarah. They owned several Napa auto parts stores in Little Falls and surrounding communities until 2012. Ann and Kurt purchased their Ten Mile Lake property in 1997. This spring they sold their home in Little Falls and now permanently reside on Ten Mile.

RESIDENT DIRECTOR: Dave Gapinski

Dave Gapinski and his wife, Teri, have been married for 25 years and have three children: Alex (23), Jessica (21) and Amber (18).

About 11 years ago, they decided to make a change and leave the north metro area. They chose to move north because Teri had been coming up here for most of her life with her family, Jim and Patricia Miller, so they felt it was the best choice. They have been blessed to have found property so close to family on the lake.

Dave has been in the construction business for 32 years; for 23 of these he has been a licensed general

contractor. He has been blessed, once again, to have plenty of work. He loves fishing and bow hunting, so living in God's Country has been wonderful.

He looks forward to serving on the Ten Mile Lake Board.

SUMMER DIRECTOR: Shelly Knuths

Shelly Knuths has been a summer resident on Ten Mile Lake since 1969. She and her husband, Leroy, purchased the Burns cabin on the North Shore of Ten Mile in 1971, where they raised their four children each summer. With family marriages and grandchildren arriving, they needed a larger place and with luck purchased her present location on Boone Point.

Shelly is an avid needlepointer, reader, traveler and retired golfer. She and her husband owned Rosco Manufacturing company in Madison, SD, where she was active in the business. Shelly was named Small Business Woman of SD, one year after Rosco was named SD small business of the year. She served on the SD REDI Board for economic development as well as being active in many Madison activities. Shelly is now enjoying retirement on Ten Mile with her children and grandchildren.

SUMMER DIRECTOR: Kim Moe

Kim Abraham Moe was born in 1952 — the same year that Lucette came to stand on the shore of Birch Lake in Hackensack. Kim has spent every summer of her life at TML.

The Abrahams developed and owned Blu Bay Resort and Abraham's camping on Lundstrom's Bay from 1950 to 1985. Along with helping at the resort, Kim had summer jobs at Bromley's Ten Mile Lake Inn and the Sun & Fun in Hackensack.

Kim has many wonderful memories: the Chat & Chew Café that became the Owl's Nest; Indian dances in Walker; attending church in the current Hackensack Bakery building; visiting the baby bears at the Trading Post; viewing the Big Fish on display in the freezer; and stopping at the multicolored stone building (Chappy Cline's Bait Shop). Out at the lake she enjoyed swimming, water skiing to the Camp Des Moines store, fishing, canoeing, and hiking in the woods.

What a great place to grow up each summer!

After Kim graduated with a BS degree in Nursing from Augustana College, she married Bob Moe at St. Paul's Lutheran Church in Hackensack, where they remain actively involved today. Kim worked as a nurse in southern MN for 28 years and Bob taught high school English in Madelia, MN for 34 years. Once Kim and Bob retired in 2001, they were able to spend entire summers at TML and winters in Bonita Springs, FL.

Kim has been active with the TMLA Loon Committee and stays in touch with the DNR regarding loons. She regularly writes the "Loon Journal" for the TMLA Newsletter, about loons and our responsibilities to be good stewards of the lake and to protect the loons. She is also involved with the History Committee.

SUMMER DIRECTOR: Diane Power

Diane Finley Power has been coming to Ten Mile Lake her whole life, spending summers at the Finley cabin on Chariton Beach. Diane was raised in Iowa, and went to St. Olaf College in Northfield, Minnesota, where she met her husband, John Power. After John completed law school in St. Louis, they moved to Kansas City where they made their home and raised their family. Diane spent her career in not-for-profit management as Executive Director of Ronald McDonald House Charities, and as a consultant with a variety of other Kansas City charities. After leaving her professional career, Diane has served on various organizations' boards and volunteers as a docent at the Nelson Atkins Museum of Art in Kansas City. In 2009, John and Diane built a year-round cabin on the southeast side of Ten Mile. They have two grown children, daughter Jensen Power in San Francisco, and son Brennan Power in New York City. In addition to summers on Ten Mile, the Power family loves coming to their cabin for Thanksgiving, Christmas and wintertime fun.

If you know of any TML resident who has died, please send an obituary or information about the person to

Susan Paulson

**4906 Hiram Loop Road
Hackensack, MN 56452**

Or send email to

tmlpaulson@gmail.com

THE HISTORY PAGE

A JOYOUS 100TH ANNIVERSARY

By Jeremy Franklin, Angie Brainard, and Darlene Munneke

Boone Point residents added a twist to their Independence Day festivities by celebrating **one hundred years** on Ten Mile Lake. The centennial celebration reunited over fifty descendants of the original residents, in addition to more recent Boone Point property owners. The joyous occasion was filled with photos and memoirs, burying of a time capsule, and sharing of family stories.



Boone Point & Ball Family Reunion on Boone Point, July 4, 2015

While principal of the Boone Iowa High School, **Charles C Ball** first visited Ten Mile in the summer of 1914 at the request of the school district's Superintendent Meredith. Ball visited the North Shore's Sandy Beach, but observed the then-unnamed Boone Point across the water.

The government offered the land for sale late in 1914, and Ball moved quickly to purchase sixteen acres and named it Boone Point. The following summer, June 1915, Ball and friends from Boone, Iowa had furniture, cabinetry, and lumber delivered by train to the station at the south end of Long's Bay. They built rafts and traversed down Long's Bay to the new property for building the first cabins on Boone Point.



Floating building materials over to Boone Point from the railroad station at the end of Long's Bay, 1916. It took until 4:30pm to load the rafts and then until 7:45pm to pilot them to the Point. Individual in the photo is probably Gudmundson, one of Ball's fellow teachers in Boone who took the trip to Ten Mile to meet the train and help transport the materials

Traveling from Boone was a major trip. Mothers and children would often stay for the entire summer, while the fathers would typically be able to stay for a couple weeks. Bathing and washing in the lake; enjoying the sandy beach; building model cities; learning to swim; fishing; listening for the calls of the loons; picking blueberries; and of course, having encounters with lynx, bear, deer, porcupines, raccoons, and skunks - whose territory had been invaded - were among the stories shared at the gathering of families.

Pastor Bob Munneke, grandson of early settler **Pastor Stado Munneke**, has carried on the tradition of opportunity for growth in the Christian faith. Sunday School and worship services were always held on the beach of Ten Mile in front of the Munneke cabin. In Pastor Bob's pastorate, the opportunities were in the form of youth weekend retreats, at times involving as many as 35 young

people in that “little cabin.” The retreat participants still have fond memories of the rustic, no-running-water facilities they had to endure, and also the many games that were played in the lake, the front yard, and in the cabin.



Original Ball family cabin in 1918



Formerly known as the 'kin cabin' when owned by the Ball family — now owned by Gary Krueger

Charles C Ball and his descendants, as well as the descendants of Pastor Stado Munneke, have returned to Ten Mile Lake each summer for one hundred marvelous years, enjoying the lake and a break from home life. With Ten Mile visits from the parents of Charles and his wife Roslyn, the modern families' children now represent the sixth generation of Boone Point lovers, still enjoying story time around the fire, swimming, boating, and fishing. With the modernization of the cabins over the years, life during lake visits has become easier – but no less treasured.



Typical family gathering at Boone Point in summer 1917

The Ball descendants (Helscher, Johnson, and Franklin families), and the Munneke kin, as well as the neighboring families are thankful to Ten Mile Lake residents for keeping Ten Mile Lake and its surroundings pristine and one of the clearest lakes in Minnesota.

NOTICE:

The TML History Committee is searching for a picture of Bromley's Ten Mile Inn. Any exterior photo of this establishment from the 1950's to the 1970's would be appreciated!

If anyone can help us please contact: Kim Moe at kimoe1974@yahoo.com or Sue Eikenberry at tenmile@tds.net

REMEMBERING OUR TEN MILE LAKE FRIENDS

Jack Adams

John F. (Jack) Adams, of Ames, passed away on August 6, 2015 under the loving care of hospice at Northcrest Community Care Center. Just prior to his passing, Jack spent an active four weeks with his family and many friends at his cabin on Ten Mile Lake in Minnesota. He was 83.

Jack was born on October 2, 1931 to Clinton J. and Margaret (Macy) Adams in Ames, Iowa. He graduated from Ames High in 1949, and attended Kemper Military School before receiving his Bachelor's degree from the University of Iowa in 1953. Jack was a First Lieutenant (Captain in the USAF Reserves) for the United States Air Force during the Korean War, serving as a radar interceptor controller in Japan from 1954 to 1956. In 1959, Jack married Barbara J. Teig and together they enjoyed many good times with their children and grandchildren. Jack's career had him serving as Vice President of Collegiate Manufacturing Company and then at Ames Millwork before retiring in 1983. A fun-fact: Jack became the first official Iowa State University "Cy" when the mascot for Collegiate was unveiled at a 1954 ISU homecoming pep rally.

Some of Jack's favorite times were with his family and friends at Ten Mile. Jack started coming to the lake as a toddler when his parents Clint and Margaret Adams bought the cabin on the north shore next to the old Camp Iowa. Jack and his siblings brought many friends up to the lake every summer. Together they made many new friends around the lake. A composite photo of this early Adams "TML" gang still hangs in the main cabin to memorialize those early friendships.

After Jack and Barb were married they continued to share the lake place with many friends over the years where they enjoyed riotous games of charades, fishing, and tiki-torch night skiing. This group of friends ultimately brought their children to the lake, much to the delight of Jack's own children and nieces and nephews and their lake friends. Jack and Barb also introduced the lake to Barb's family members, many of whom purchased their own cabins on Ten Mile and Portage. All of this resulted in a whole new generation of members in the Adams TML Gang who continued the traditions of the original gang,

and added their own including the annual 4th of July Huevos Rancheros party on the patio.

Jack's impact on Ten Mile Lake, and his commitment to his lake friends and family is immeasurable. He became president of the Ten



Jack Adams

Mile Lake Association and served on numerous association committees to protect the lake and surrounding environment. Many will also

remember Jack as the avid runner/walker along the Upper Ten Mile Lake road, usually picking up trash along his route. During July 2015, Jack powered through the challenges of battling stage four cancer to enjoy extended visits with friends and family, treat his family to dinners at the new Arthur's restaurant, and reminisce with his wife and daughters during outings to nearby small towns and lakes. Jack passed away just 5 days after leaving his beloved lake. The legacy Jack, his parents, and his siblings leave to family is a true appreciation for the privilege of living the Lake Life, and the importance of being a caring friend.

Jack was a member of both the First United Methodist Church in Ames and the Union Congregational Church in Hackensack, MN. He will be remembered for his quick wit, sharp mind, and upbeat attitude. He maintained a high standard in all that he did which his survivors can only hope to achieve. Those wishing to do so

may make memorial contributions to the Ten Mile Lake Association.

(Information provided by the Adam & Soderstrom Funeral Home)



Dave Byers

David J. Byers, 76, of Hackensack, Minn., passed away peacefully with family at his side Friday, Aug. 7, 2015, after a short battle with cancer.



Dave Byers

Dave was born July 21, 1939, son of Bernard J. and Mabel (Kuchenreuther) Byers in Mason City, Iowa. He graduated from Garner High School in 1956 and served in the Army Reserves. Dave worked at Nebraska Food Packaging in Britt and was later employed by Winnebago Industries for 25 years.

Dave retired to Ten Mile Lake near Hackensack in 1998. He had a passion for the wildlife in and around the lake. As a member of the Ten Mile Lake Association's Loon Committee, Dave took pride in preparing and guarding a loon's nest each spring. His cabin was a busy place during the summer with tents overflowing his property. His grandchildren enjoyed tubing, fishing and

roasting marshmallows by the campfire — memories to be cherished for a lifetime.

He was a member of Sacred Heart Catholic Church in Hackensack and was active in church activities.

Dave's greatest blessings in life were his four sons and their families: Todd Byers of Des Moines, Iowa; Dr. James Byers and his wife, Dana, of Minnetrista, Minn., and their two sons, John and Noah; Jeffrey Byers and his wife, Kristen, of Cedar Falls, Iowa, and their two sons, Lucas and Jacob; and Gregory Byers and his wife, Michelle, of Cedar Falls and their three daughters, Brady, Lauren, and Natalie Jo. He is also survived by his sister, Marjorie Senne and her husband, Marlin of Lake Mills, Iowa; brother Robert Byers and his wife, Carole, of Clear Lake, Iowa; brother Ronald Byers of Salem, S.D.; and one niece, three nephews, and cousins. Dave was preceded in death by his nephew Marc Byers.

Memorial contributions may be made to the Ten Mile Lake Association, PO Box 412, Hackensack, MN 56452, or to a favorite charity of the donor's choice.

(Information from the Walker Pilot-Independent.)



Juliet Campbell

Juliet Alvera Olson was born August 18, 1922 to Alfred Theodore Olson and Jennie Otila Bradley on the family farm in Carrollton Township, rural Lanesboro, Fillmore County, Minnesota. She was baptized at the Bethlehem Lutheran Church parsonage in Lanesboro and confirmed at Union Prairie Lutheran Church, rural Lanesboro, by the Rev. P.J. Nestande.

Juliet died on July 9, 2014 at Mayo Clinic Hospital, Saint Mary's Campus in Rochester, MN at the age of 91.

Juliet attended Clear Grit country school (near what is now the Old Barn Resort) through the 8th grade, and Lanesboro High School through tenth grade. On August 27, 1941 she married Carmen Ray Campbell at the church parsonage in Lanesboro, the Rev. Nestande again presiding.

She worked as a Housekeeping Supervisor at Mounds Park Hospital in St. Paul, MN until her retirement.



Juliet Campbell

Juliet was member of Bethlehem Lutheran Church in Lanesboro and the Women of the ELCA. She enjoyed crocheting and embroidering. She always looked forward to spending time with her children, grandchildren, and great-grandchildren. She and her husband worked tirelessly saving their resources so they could travel. They enjoyed many trips with their children and shared many special moments at their cabin on Ten Mile Lake and in their condo in Laguna Beach, CA.

Juliet's family includes her two sons David (Barbara) Campbell of Lanesboro, MN and Gary (Nancy) Campbell of Oronoco, MN; four grandchildren; seven great-grandchildren; and one sister, Lorraine (Manley) Lange of Harmony, MN. She was preceded in death by her husband of 69 years, Carmen.

(Information provided by David and Barbara Campbell.)



Marian Zejdlik

Marian Zejdlik died at age 86 in Plymouth, MN. Marian grew up in Grand Forks, ND. She was the daughter of Swedish/Norwegian immigrants, Gerda and Oscar Johnson. Their little "Mimi"

spent her childhood summers on Lake Plantagenet in northern Minnesota, where her own family later spent their childhood summers.

At the University of North Dakota in Grand Forks Marian, an Alpha Phi sorority member, met her husband, her life partner and friend, Richard F. Zejdlik. Marian and Richard shared the joys and passions life had to offer. They traveled the world and attended sporting events.



Marian Zejdlik

Marian and Richard spent their summer months at Ten Mile Lake and their winters in Port Antonio, Jamaica.

The Zejdlik clan of nearly 40 became her greatest joy and achievement. She had a special way of making each family member feel special and loved. The family feels blessed and grateful to have had the wonderful years with their Mother and Nana. She was preceded in death by her husband, Richard, who died in January.

She is survived by her loving children and spouses: son Randy Zejdlik and wife, Sheila; son, Todd Zejdlik and wife, Mary Jane; daughter, Jan Zejdlik; daughter Dana Stoneback and husband, Jeff; son, Joel Zejdlik and wife, Ann; daughter, Lisa Zejdlik; daughter, Leslie Foster and husband, Todd; and son, Kirk Zejdlik. Also surviving Marian are 19 grandchildren and 5 great-grandchildren..

(Information from the Minneapolis Star-Tribune)



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Ten Mile Lake Association, Inc.
P.O. Box 412
Hackensack, MN 56452
association@tenmilelake.org**

**Editor:
Sarah J. Cox
5688 Fernhurst Drive, N.W.
Hackensack, MN 56452
sjcoxreston@aol.com**

**Webmaster:
Geoff Cox
geoff@geoff-cox.com
TMLA Website:
<http://www.tenmilelake.org>**

**Membership Secretary:
Phoebe Alden
5168 Park Point Road
Hackensack, MN 56452
phoebealden@arvig.net**

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