

Ten Mile Lake Association

Newsletter

Spring, 2016

Dedicated to the Preservation and Improvement of Ten Mile Lake and its Environment

TEN MILE LAKE CALENDAR FOR 2016

FOURTH OF JULY BOAT PARADES **Monday**
10:00 a.m. **July 4, 2016**
North Shore Area by Arthur's
South Shore Public Access

**WATERCRAFT OPERATOR'S
PERMIT TRAINING** **Thursday**
8:30 a.m. to 3:00 p.m. **June 30, 2016**
At the Hackensack Community Center

WELL WATER TESTING **Saturday**
10 a.m. to 4:00 p.m. **July 16, 2016**
At former Woock's Store (South Shore, Rock Rose Trail &
Lower Ten Mile Lake Road) OR Christiansens' (North Shore, 5457
Co. Rd. 50).....

ANNUAL MEETING **Saturday**
9:30 a.m. **August 6, 2016**
At Union Congregational Church, Hackensack

TMLA BOARD MEETINGS **Saturdays**
9:00 a.m.
At Mary Ackerman's May 21, 2016
At Ann & Kurt Owens' June 18, 2016
At Lee & Mark Sands' July 16, 2016
At Bruce & Jean Carlson's August 20, 2016
At Tom & Sarah Cox's September 17, 2016

FALL FETE — at Tianna **Saturday**
5:00 p.m. **September 24*, 2016**

DEADLINES, MATERIAL FOR NEWSLETTERS:

Spring Issue April 1, 2016
Summer Issue June 15, 2016
Fall Issue September 1, 2016

TMLA NAMES IN THE NEWS

Last fall our own **Phoebe Alden** was presented a North Country Trail Association Honor Award for her loyalty, commitment and hard work to the Itasca Moraine Chapter of the NCTA. Phoebe has been a member and volunteer of the chapter for over 8 years including serving on their board of directors and routing many trail signs. Currently Phoebe helps to maintain a 4+ mile stretch of the trail with **Jerry and Beth Trout**. Their section runs east from the Lake Erin parking area on 371 and is a beautiful woodland hike you might want to try.

The Itasca Moraine Chapter is responsible for a 107-mile section of the North Country Trail in Hubbard and Cass Counties between Itasca State Park and County Highway 125 within the Chippewa National Forest near Longville.

For more information about the North Country Trail, please visit their website at northcountrytrail.org.

(Submitted by Heidi Hoppe.)

*Please note that the date for the Fall Fete has been changed.

Ten Mile Lake Association Officers

Ivar Siqveland, President Cell: 218-341-3970
 Karin Arsan, Vice President 675-6247
 Teresa Conway, Treasurer Cell: 612-414-5963
 Ann Owen, Secretary 675-5095

Resident Directors

Mary Ackerman 675-6229
 Tom Cox 675-6844
 Dave Gapinski 675-5352
 Don Hoppe 675-6265
 Bob Iversen 547-1876
 Sarah Swanstrom 675-6226

Summer Resident Directors

Bill Brandt 675-6107
 Shelley Knuths 675-6340
 Marty McCleery 675-6908
 Kim Moe 675-3975
 Diane Power Cell: 816-305-3369
 Bob Rydell 675-6395

Membership Coordinator

Phoebe Alden 547-3114

Newsletter Editor

Sarah Cox 675-6844

Web Master

Geoff Cox geoff@geoff-cox.com

Committees

Adopt-A-Highway – Karin Arsan, Denny & Paula Abbott, Mary Ackerman & Jim Reents, Phoebe Alden, Jim & Susan Brandt, Larry Clemens, John Coughlin, Elaine Crabb, Teri Gapinski, Cary & Janet George, Kathy Gogela, John & Lolly Hallberg, Bob & Nancy Horn, Mike and Sandy Kennedy, Paul & Carolyn Krech, Ross & Lynn McCown, Emily Minor, Kurt & Ann Owen, Harry & Judy Seward, Kay White, Bob & Carol Williams.

Advisory – Lee Sand, Bruce Carlson, Jay Cline, Tom Cox, Bob Crom, Al Griggs, Jim Miller, Stan Skaug, Don Willis

AIS – Bob Iversen, Bruce Carlson, Jean Carlson, Jay Cline, Warren Gerber, Pat Golden, Marty McCleery, Rick Purvis, Jim Miller, Jim Reents, Bob Rydell, Ivar Siqveland

Communication & Technology – Mary Ackerman, Karin Arsan, Lee Sand, Don Hoppe, Geoff Cox, Sarah Cox, Phoebe Alden, Justin Krueger, Diane Power, Harry Seward

Conservation – Jim Miller, Gary Anderson, Andy Biebl, Bruce Carlson, Mimi Garbisch Carlson, Tom Cox, Al Griggs, Shelly Knuths, Jim McGill, Tom Moore, Jim Reents, Laura Schwartz, Lee Sand, Ivar Siqveland, Diane Westmore, Steve Wilson

Directory – Phoebe Alden

Environment & Ecology – Bruce Carlson, Al Griggs, John Hallberg, Don Hoppe, Bob Iversen, Marty McCleery, Jim Miller, Tom Moore, Ken Regner, Bob Rydell, Judy Seward

Fisheries – Bob Horn, Bruce Carlson, Teri Gapinski, Warren Gerber, Al Griggs, Steve Helscher, Rod Owre

Healthy Lakes – Marty McCleery, Mary Ackerman, Tom Cox, Tom Moore, Bob Rydell, Andy Seward, Sarah Swanstrom,

History – Sue Eikenberry, Karin Arsan, Tom Cox, Kathy Edelbrock, Alden Gjevre, Deb Hamilton, Katy Hoover, Cathy Iversen, Kim Moe, Sue Seyala, Muriel Towler, Larry Urbanski, Mary Ann Varela

Lake Safety – Rick Hughes & Mark Sand, Lynn Abraham, Bill Brandt, Bob Moe, Lee Sand, Bob Williams, Carole Williams

Loons – Bob & Kim Moe, Bob Horn, Kurt Owen, Sarah Swanstrom

Nominating – Shelly Knuths, Dave Gapinski, Kim Moe, Diane Power

Treasurer's – Teresa Conway, Jim Hickman, Dave Kaldor, Sarah Swanstrom

Water Level – Tom Cox, Jay Cline, Dan Eikenberry, Marty McCleery

NANCY GILLES BENEFIT FUND UPDATE

By Lolly Hallberg

Nancy Gilles was presented with a check for \$7000 in December in time for Christmas. Nancy is our long-time Postal Delivery person for Birch and Ten Mile Lakes, known for her helpful services and thoughtful assistance to all her clients. She was overwhelmed and very grateful for the support. She wants to thank everyone who contributed to the fund. There is a thank you note from her from the January 20th Pilot. (See below.)

The fund account will remain open throughout the summer of 2016 so if anyone wants to contribute there is still the opportunity to do so. The account will be closed at the end of the summer and Nancy will receive the remaining funds at that time. Many thanks to all of you who participated in this benefit. It shows how Ten Milers take care not only of our lake but of "our people". It is a wonderful example of how strong our Association is and what we can do as a group.



Letter from Nancy Gilles, from the January 20, 2016 Pilot Independent.

FROM THE PRESIDENT'S DESK

By Ivar Siqveland, TMLA President

I am hoping that wherever you have been for the last few months you have had an enjoyable winter and are now getting ready for another season at our wonderful lake. By the time you read this I imagine the chores of spring are well underway. Spring cleaning, lawn raking, docks and boats in the lake, *etc.* all done in preparation for what we have been thinking about during the long winter.

Although Ten Mile Lake Association (TMLA) activities slow down after the last Board meeting we do not hibernate. With members leaving the lake for parts unknown, our committees continue to operate. Many committees, not being able to meet in person, continue to communicate by phone and e-mail.

Leann Sand, chair of the Advisory Group, has been working with her committee members to review our Bylaws in order to present to the Board recommended changes for implementation. She is working with member **Linda Schwartz**, attorney-at-law, to insure any changes and updates conform to requirements necessary to maintain our tax status.

Vice President **Karin Arsan** reports that plans for the annual meeting are well underway including the securing of our speaker. As chair of the Adopt-a-Highway Committee she is reviewing commitments with the wonderful volunteers. She also has the responsibility of filtering the TMLA email box and forwarding inquiries to the proper individual.

Bob Iversen reports that several members of his AIS committee have attended seminars and meetings throughout the winter. AIS issues continue to be a priority for Cass County and TMLA. Bob also attended a 2 day conference on AIS and water issues in mid- April.

Marty McCleery, chair of the Healthy Lakes committee, has encouraged all officials to develop their goals and strategies for the next three years. Marty has also been tracking pipelines and clean water issues. Members **Mary Alice Ackerman** and her husband, **Jim Reents**, have worked closely with Marty on these. Jim attended the Governor's Summit on Water Issues on behalf of TMLA.

Speaking of Mary Alice, she has been very busy working with members of her Communication and Technology committee to perfect our new email program as well as meeting with her members regarding newsletter and website issues.

Bob Horn, chair of the Fisheries committee, reports that he assisted the DNR in the stocking of walleye fingerlings into Ten Mile in October. Additionally, Bob has been in communication with both **Jeff Reed** and **Doug Schultz** of the DNR regarding fishing issues at TML.

I have also heard from **Sue Eikenberry** (history), **Bruce Carlson** (E and E), **Kim Moe** (Loons) who have all been busy with research activities on behalf of their respective committees.

I would like to personally thank **Jim Miller** (Conservation), **Bruce Carlson**, **Tom Cox**, **Jay Cline**, **Leann Sand**, and **Marty McCleery**, for help they provided me with several projects I was involved with during the winter months. I would also like to recognize **Bob Iversen** for his work in obtaining a \$1,100.00 grant to help defray costs related to I-LIDS.

In closing, I am truly humbled to be associated with so many dedicated and professional persons. We are incredibly blessed to have such individuals working on our behalf to keep Ten Mile the wonderful place that it is.

Have a wonderful summer!

HAVE YOU HEARD THE BUZZ?

By Marty McCleery



(Information for this article was taken from a lecture by and conversations with Dr. Marla Spivak, MacArthur Fellow and Distinguished McKnight Professor in Entomology at the University of MN, and from the U's web site, <http://www.beelab.umn.edu/>).

When the Basswood trees are flowering can you hear the buzz, during those warm spring days, around Ten Mile Lake? Have you noticed that it comes from thousands of bees collecting nectar and pollen from the flowers, and propolis from the tree buds? Where do they come from and where do they go?

Did you know there are almost 20,000 known species of bees in the world? About 3,500 species live in the United States. In Minnesota, there are probably close to 400. Not even 2% of these are honey bees and bumble bees. The other 98% are mostly solitary bees. Solitary bees live on their own, not in colonies with a queen and workers as compared with honey bees and bumble bees. It could be said that each solitary bee is her own queen. She builds her own nest, collects her own pollen and nectar, and lays her own eggs without any help. Most bees (between 60 and 70%) dig burrows in the ground. These bees prefer dry, sandy soil bare of vegetation, often on hillsides. You can attract ground-nesting bees simply by making sure to leave some spots of exposed, undisturbed soil in your yard. The other 30-40%, the cavity-nesting bees, requires a bit more effort. These bees use hollow plant stems or holes in wood left by wood-boring beetles, instead of digging their own tunnel in the ground. A nesting bee will use mud, leaves, or another material to build walls and divide the tunnel into a linear series of small, sealed cells. Each cell contains a lump of pollen and an egg, which usually takes one year to develop into an adult bee and the cycle can begin anew. You can attract cavity-nesting bees by providing tunnels in a man-made structure called a bee house—like a bird house for bees. Google “bee house” to get more ideas.

Among all pollinators (hummingbirds, bats, butterflies, flies and some beetles), bees are unique. In addition to sipping nectar to fuel their own flight, they are one of the few animals to actively gather large amounts of pollen (as pollinators they inadvertently scatter some of it widely between flowers). Rich in protein, the pollen of many plant species serves as the principle food source for bees and developing bee larvae. Bees obtain all of their carbohydrates from floral nectar, and all of their protein from floral pollen.

They convert the nectar into honey, and use the protein in pollen to feed their young.

More than one-third of the world's crop species such as alfalfa, sunflower, and numerous fruits and vegetables depend on bee pollination, an ecological service valued in North America at \$20 billion a year. In North America the trends in honey bee numbers are decidedly downward, with the number of managed hives decreasing by 50% since the 1950s and the amount of crop acreage requiring bee pollination at an all time high.

While honey bees pollinate most of our crops, other bees are also important pollinators. Some bees fly early in the spring when it might still be too cold for honey bees, pollinating fruit trees like apples and cherries. The squash bee pollinates pumpkins, squash, and other cucurbits to the exclusion of all else. Bumble bees make great tomato and pepper pollinators thanks to their habit of buzzing the flower to shake pollen loose. Bees ensure garden plants, ornamentals, and wildflowers get adequate pollination. The world of bees is full of examples like this.

While other bees are important as pollinators of crops and wild plants, all the honey we enjoy is produced by honey bees. The Upper Midwest is the highest honey-producing region in the nation. Yields of honey per colony are highest in North Dakota, South Dakota, Minnesota and Montana. Most of the honey in this region comes from nectar of clover and alfalfa flowers. Minnesota prides itself on delicious and unique honey produced from native Basswood (*Tilia americana*) trees.

Bees in the Upper Midwest are declining due to the replacement of flowering plants with large monocultures of corn and soybeans. Also, the ubiquitous use of herbicides kills off flowering nectar plants along crop borders, ditches and roadsides. Pollinators are essential to our environment. The ecological service they provide is necessary for the reproduction of over 85% of the world's flowering plants, including more than two-thirds of the world's crop species. The United States alone grows more than 100 crops that either need or benefit from

pollinators, and the economic value of these native pollinators is estimated at \$3 billion per year in the U.S.

Beyond agriculture, pollinators are a key species in most terrestrial ecosystems. Fruits and seeds derived from insect pollination are a major part of the diet of approximately 25% of all birds, and of mammals ranging from red-backed voles to grizzly bears. In many places, the essential service of pollination is at risk from habitat loss, pesticide use, and introduced diseases.

WHAT CAN WE DO AROUND TEN MILE LAKE?

1. Planting more nectar producing, bee friendly plants will help our bees stay healthy and help our beekeepers produce more honey! If you have a large tract of land or yard, consider sowing it in clover or alfalfa. These legumes will fix nitrogen, improving the health of your soil while providing nectar and pollen for bees. Or, plant native flowering plants, many of which are good nectar and pollen producers:
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2. Plant flowers on all roadsides — plants for Minnesota bees. Check for information at:
 - http://www.beelab.umn.edu/sites/beelab.umn.edu/files/plants_mn_bees.pdf
 - <http://www.xerces.org/pollinator-conservation/learn-about-pollinators/>
 3. Plant Lawns in flowers and mow no lower than 6".
 4. Protect those cottonwood trees where bees collect cottonwood bud-sap to produce Propolis in the hollows/nests of cottonwood trees. New research projects on propolis, a complex mixture of resins that honey bees collect from some trees, such as poplar and birch in temperate regions. Bees collect the propolis on their hind legs and deposit it in the nest as a form of cement to seal cracks and to line the nest entrance and cavity. Propolis is widely known for its diverse antimicrobial properties and its value as a human medicine.

THE NORTHERN WATER ALLIANCE OF MINNESOTA

By Mary Ackerman

As some of you know a new network of organizations and individuals has been formed to focus on issues affecting Northern Minnesota waters. The **Northern Water Alliance** is hosted by the Leech Lake Area Watershed Foundation, located in Hackensack. The Alliance was formed over several months last year by **Mary Ackerman** and **Jim Reents**, members of TMLA.

It's our hope that the Alliance can become your 'go to' for good information, best practices, and ways you can be involved in water protection and conservation. Our goals are to educate, mobilize, advocate, and take action around issues and threats to our water. We will inform members of issues of urgent concern with sample letters or ways members can respond to agencies and elected officials. We

hope to create timely newsletter articles for lake associations, newspapers, and the newsletters of member organizations. Currently there are 4 working groups: Aquatic Invasive Species (AIS);

Pipeline Concerns (new construction and abandonment); Drinking Water Issues (risky farming practices and chemicals); and, Land & Water Conservation Issues (buffer zones, easements and School Trust Lands).

The Alliance is open to everyone -- either for email updates or participation in work groups. If you would like to learn more just go to

www.nwa-mn.net

or go to the Leech Lake Area Watershed Foundation website and click on our Home Page. Hope to see your involvement!



STATE OF THE LAKE – 2015 REPORT OF THE E & E COMMITTEE

By Bruce Carlson, Chair

IN 2015, THE E & E COMMITTEE began working with RMB Laboratories in Detroit Lakes on analysis of lake water samples. At the end of the year, RMB produced an annual report that covers both 2015 findings and long-term trends. This article will summarize the main points from that report, as well as other information gathered by E & E members during 2015.

EVERY SUMMER, E & E COMMITTEE members spend a lot of time on the water, collecting data. Each month, from May to September, water samples are collected from the deepest part of the main lake and from each of the bays. These are sent to RMB for analysis of dissolved nitrogen and phosphorus, as well as for chlorophyll content. The Secchi disk crew regularly checks water clarity at five spots around the lake. Also, each week water temperatures and oxygen content are sampled for every meter of depth at the deepest spot in the lake. Another committee checks water levels throughout the summer. When all of this information is put together, we can get a pretty good idea of the condition of the lake at the moment. The summarized data for each year are then saved and analyzed to determine any long-term trends.

TO SUMMARIZE A LONG REPORT from RMB briefly (the complete report is available on the TMLA Website), the lake is in very good shape. It naturally falls close to the border between an oligotrophic (nutrient-poor, like canoe country lakes) and a mesotrophic (like most central Minnesota lakes) lake. After a dramatic improvement of water quality in the 1970s and 1980s, due to actions taken by TMLA, the lake has held its own and is probably close to its natural level of water quality. There is a slight long-term upward trend, but trends must be measured in terms of decades, so we need more time to determine what is significant.

VERY IMPORTANT FOR TEN MILE is the fact that the lake has a very small watershed and is fed mainly by ground water, rather than from an inflowing stream. The big advantage of this is that we (Ten Mile Lake cabin owners) have almost total control over the water quality of the lake. Most official recommendations concerning Ten Mile are that emphasis should be placed upon maintaining its already good water quality. There

are two main ways that we can do this. One is to maintain the forested watershed. Trees are one of the best buffers against increased phosphorus levels in the lake. One of the important goals in this area is to get conservation easements on as much second-tier (away from the shoreline) forested land as possible. Fortunately, help is presently available for individual land owners who would be interested in long-term protection of their land with conservation easements. The Conservation Committee (Chair, Jim Miller) should be contacted if you have any interest in or questions about conservation easements.

THE SECOND MAIN AREA where we all can help is on our own lakeshore lots. The main object again is to prevent or reduce the amount of phosphates and nitrogen from entering the lake water. One of the easiest is to keep a shoreline buffer of natural vegetation in the area where your lot meets the water. The roots of the plants and shrubs take up a lot of phosphorus seeping down from higher ground and act as a biological sponge. Planting more trees is a longer-term proposition, but also very effective. If you have questions about shoreline buffers, please contact Bruce Carlson for more information. One of the major contributors to lake water phosphorus is lawn fertilizer. Many of the Minnesota lakes that have water so green that you can see only a foot or two below the surface got that way because cabin owners grew lawns down to the water's edge and then over-fertilized them. When fertilizer runs into the water, it continues to fertilize, but in the water, what grows is algae and more aquatic plants. Unfortunately, many of these lakes are now considered irredeemable because of the high amounts of phosphorus trapped in the lake sediments.

THE E & E COMMITTEE has been very active in monitoring the collective health of the septic systems around the lake and works closely with Cass County Environmental Services in this area. Water run-off from impervious surfaces is a major contributor to bad things coming into water. If you have a large paved driveway, see where rain water runs off, and if you can, plant some shrubs or natural plants in that area. They will take care of some of the problem. It takes all of us working together to keep the water healthy!

THE HISTORY PAGE

THE END OF AN ERA

Reprinted from the Walker Pilot, August 22, 1985

Contributed by Cathy Iversen, History Committee Member



Walker, MN August 15, 1985

As the last train chugged from Bemidji to Brainerd, the crew and the dispatcher were admittedly choked up about the final trip. Even so, it was also a time for some celebration and a little levity. When the train came into Walker at 1:00 P.M., Brainerd brakeman Waldo Frisk had already put in his order for ice cream at the Dairy Queen and when the oncoming train's whistle blew, raced to pick up the treats for the crew. He made the handoff to Bob Berg in the caboose, who grabbed the snack from Frisk as the locomotive lumbered out of town at 10 miles an hour, leaving the city limits at 1:01 P.M. Frisk raced ahead of the train in his pickup for a few other pictures along the route to commemorate the last run on what would become the Paul Bunyan trail.

POEM: MY HAPPY PLACE*By Lainey Patzloff*

My favorite place in the whole world is my Grandpa's cabin.
I like it because it is so far away.
Far away from life, like another world filled with only happy things, happy times, and happy people.
When you arrive take in a deep breath.
Breathe in the joy and beauty, breathe out your stress and worries.
When you take a look around, you may only see an old, out of date cabin, surrounded by other cabins
that look far nicer, on a plain old lake in the middle of nowhere.
But you must see beyond that.

See how the sun dropped sparkles on the lake.
Hear how the birds sing us awake in the morning.
Smell the smoky scent of the air.
Taste the delicious food prepared by loved ones.
And feel the timeless feeling of a well-deserved splash into the gorgeous clear water.

The memories you make here will be priceless.
Remember that time when you were a little kid, and you stupidly ran into a window, but shook it off
because you were having too much fun
Remember that time you had a picnic on the boat, out in the sun, in the middle of the lake, eating piles of
delicious junk food
Remember that time you couldn't sleep, so your whole family let you sit with them and tell funny stories
way past your bedtime
Remember that time you learned to dive off the raft, during the middle of a crazy storm
Remember that time you saw that huge rainbow.
So big you thought it would never end.
These are some things you never, ever, forget.

When you are there take a moment to take in the beauty of it all.
See how it is more than just a cabin. It is a place of relief, comfort, joy, love and memories made, and
memories yet to come.
This is why it is my favorite place in the whole world.

Elaine Patzloff composed this poem for her 8th grade composition class. She is the fifth generation of Macklins who have been making summer memories on Ten Mile Lake. Her great-grandparents built a cabin on Bachelor Bay in 1937; her grandparents on Bachelor Bay in 1972. Elaine's great-grandfather Bill Macklin was a past-president of the Ten Mile Lake Association and was the editor of and columnist for the New Ulm Journal, a daily newspaper in southern Minnesota. He would be very proud of her effort, as is her grandfather.

THE LOON JOURNAL: An Un-Common Loon Story

by Lisa (Abraham) Doucet

HAVING SPENT ALL THE SUMMERS of my youth at Ten Mile Lake I'm accustomed to loons. I have watched their streamlined silhouettes on the water countless times. Their long slender beaks which taper to a sharp point and the "S" shaped curvature formed by the head, neck and breast of the birds make an easily identifiable profile, but I didn't believe my eyes when I saw the familiar outline next to County Road 4 just outside St. Joseph, MN at the edge of a frozen corn field that first week of January, 2016.

MY HUSBAND AND I SPED past the bird seated in the gravel just off the blacktop. My brain didn't register it right away but after we passed it I exclaimed suddenly, "Was that a loon?" Skeptical but curious my husband turned the car around and we pulled onto the shoulder near it. I hopped out of the car and just as I did I heard the familiar tremolo call. It was the same gentle warning call I have been issued in the past when unknowingly paddling my canoe too closely to a loon family. When I heard the call I knew for certain it was a loon even though it didn't have the familiar black and white markings; just dull grey plumage, and it wasn't near any lake — surrounded instead by corn stalks. I thought maybe the loon was frozen to the ground as it made no attempt to move as I approached.

REALIZING THAT THE BIRD must be injured I walked back to the car and grabbed a blanket to warm him temporarily. As I approached him with the blanket the loon made a feeble attempt to take flight, limping clumsily across the road; becoming airborne for a second and then landing roughly in the weeds and brush in the ditch on the opposite side of the road. Now it was evident that due to some sort of leg injury the loon would be unable to perform the long taxiing maneuver necessary for it to take flight.

IN FACT MOST LOON SPECIES are only able to take flight off a body of water and not land. In water loons are strong majestic creatures, able to easily detect the threat of a predator before it attacks. They even sleep in deep water far from the shore to protect themselves from the dangers found on land. When in flight the loon can reach speeds of up to 80 miles per hour; however, on land the placement of a loon's legs at the far back of their bodies give it

a gait similar to that of a bar patron stumbling home from a night on the town. In fact experts believe that the birds name was derived from their silly or "looney" gait.

WE MADE NO FURTHER ATTEMPTS to approach or comfort the loon and instead began making a litany of phone calls to locate someone who could come help the injured loon before it became dinner for a dog, cat, coyote, fox or other animal. After making several calls from our cell phones all the while parked near the loon with our hazard lights flashing we were eventually given the number of a bird rehabilitator and nature enthusiast named **Linda Peck**.

LINDA AND HER HUSBAND, DR. JOHN PECK, a biology professor at SCSU operate a wildlife refuge and rehabilitation center on their home-stead. Linda said that it was quite common for juvenile loons which have grey feathers to migrate south later after the adult birds have left. She eagerly agreed to drive out to our location and try to collect the bird. When she and her husband arrived with a cardboard box and an old bed sheet in hand I had my doubts about the success of the capture. I held my breath as I watched Linda approach the bird from the front with the box and John sneak up from behind with the sheet. It became apparent that what the two lacked in sophisticated equipment they more than made up for in experience. John briskly but gently grabbed the loon with the sheet and began lowering it into the cardboard box. The bird let out a few hoarse squawks and took a jab at Linda with its sharp beak but she was able to evade its reach.

LINDA EXPLAINED THAT THEY had already contacted a veterinarian and they would be taking the loon there directly to be examined. She said she would try to call me later with an update on the bird's condition, but she warned that if it had badly broken bones it would be nearly impossible for it to recover and return to the wild.

A FEW HOURS AFTER THE CAPTURE mission Linda called to tell me that the vet had determined there was nothing broken, but the bird did have a sprained leg and a badly bruised wing which was preventing it from flying. The bird needed a few days to heal and regain its strength before

resuming its migration south. Therefore the vet recommended the bird be released on the banks of the not-yet-frozen Mississippi river in St. Cloud. There it would find plenty of food and it would be able to swim and dive to evade predators. The open water would also provide a sufficient runway for the bird to take flight when it was healthier. Linda explained that they released the bird in the location the vet had suggested and had observed it

swimming and diving normally before she and her husband left.

SHE THANKED ME for pursuing the matter of the injured bird and contacting her and she explained that she and the vet agreed that the bird surely would have died in that corn field if it hadn't been rescued. She also remarked that I had started out the New Year right by doing this good deed and I could expect good things in return throughout the year ahead; in other words, "Good Karma".

A REMINDER:

From Kim Abraham Moe, Chair, Loon Committee

DO NOT FEED THE LOONS!!

Feeding the loons is bad for their health and also accustoms them to being around people, who are basically a threat and an enemy. They are fish eaters. Let them catch their own and leave them alone!

Thank you.

REMEMBERING OUR TEN MILE LAKE FRIENDS

Dr. Stanley C. Benbrook

Dr. Stan Benbrook, 96, of Ames, passed away January 20, 2016 at Green Hills Retirement Community in Ames. A memorial service was held in Ames.

Stanley Clayton Benbrook was born February 27, 1919 to Edward Antony and Jessie Clayton (Whittle) Benbrook in Ames, Iowa. He married Alice Jane Stallings on October 3, 1944, his loving wife of 64 years. He graduated Iowa State College with a Doctor of Veterinary Medicine in 1949, and was a member of Tau Kappa Epsilon. He served in the U.S. Navy from 1942 to 1944 during WWII. He then served in the U.S. Army from 1950 to 1971, retiring with the rank of Lt. Col. During his time in the U.S. Army Veterinary Corps, he received an Army Commendation Medal for work on wound care, a Meritorious Service Medal for work in tropical diseases, an Air Force Unit of Commendation for research at Walter Reed, and a Reserve Medal for 30 years service in the Army Reserves. In retirement Stan was active in committees both at Green Hills and in the Ten Mile Lake Association in Minnesota. In later life Stan continued to enjoy the company of friends and family and religiously kept track of his beloved ISU sports teams.



Stan Benbrook

His most enjoyable and lifelong hobby was wood-working. He made unique canes constructed from Minnesota wood that he gave to family and friends. He had an eye for beauty and enjoyed carving intricate geometric patterns into small wooden card or jewelry boxes. Before he lost a vocal chord in surgery, Stan loved to sing. He could often be heard singing a solo in church or belting one out at home just for the joy of it. Stan had a great sense of humor, and was a wonderful story teller, relating colorful events about people he knew and enjoyed all through his life. He spent every summer with family at his beloved Ten Mile Lake.

Above all, Stan loved his country, and was proud to be an Iowan, especially an Iowan from Ames. He strove to uphold the traditional American values that he believed in and cherished.

His most enjoyable and lifelong hobby was wood-working. He made unique canes constructed from Minnesota wood that he gave to family and friends. He had an eye for beauty and enjoyed carving intricate

Stan is survived by his daughter, Susan (Mahmood) Seyala of Silver Spring, Md.; his grandsons, Layth (Suzanne) Seyala and Nazar Seyala; and great-grandsons, Caleb and Aidan. He was preceded in death by his parents; his wife, Jane; and his sister, Kathryn (Benbrook) Lapp.

(Information provided by Susan Seyala.)



Floyd Albert Borchert

Floyd Albert Borchert, 85, died Tuesday, April 5, 2016, at the VA Extended Care Center in St. Cloud, MN.

A funeral service was held April 11 at Hope Lutheran Church in Walker. Pastor Matthew McMasters officiated. Interment was at the Minnesota State Veterans Cemetery in Little Falls, MN.

Floyd was born Dec. 8, 1930, to Fred and Esther (Gish) Borchert in Federal Dam, MN. He grew up there and attended Federal Dam School, then worked in farming, at a sawmill, and as a guide on Leech Lake. He served in the Korean War and was awarded the Bronze Star and Purple Heart.

After the war, he worked in construction as a carpenter and eventually as owner/operator of Northern Master Builders.

On May 15, 1958, Floyd married Mildred Runyan in Geneva, Ill. They lived their lives together in Federal Dam, Walker and Hackensack, raising a family of three

children. Their Hackensack home was on the shore of Long's Bay of Ten Mile Lake. Floyd and Millie were active members of the community and were frequently seen together anywhere there was music.

Floyd had a talent for pickin' and grinnin' guitar and mandolin, and liked to fish, hunt and travel. He enjoyed



Floyd Albert Borchert

people and loved to visit at every opportunity. He was a dedicated lifelong member of the Walker American Legion. He will be fondly missed.

Survivors include sons, Melvin (Patti) Borchert, Ronald (Larissa) Borchert; daughter, Dori Foster; "the other oldest son," Robert Winkler; seven grandchildren, Melissa, Gregory, Kimberly, Douglas, Emil, Rani and Lee; three great-grandchildren, Gwendolyn, Abigail and Joshua; two brothers, Fred Borchert and Wesley Borchert; two sisters, Margie Conway and Francis Johnson; several nieces and nephews.

He was preceded in death by his parents, Fred and Esther; wife, Millie; and one sister, Florence.

(Information was obtained from the Walker Pilot-Independent, April 20, 2016.)



Roy Edward Chase

Roy Edward Chase passed away on July 26, 2015. His death was unexpected, but peaceful in his home in his favorite chair with his favorite comforter in Chico, California. A few days before his death he had made one of his regular phone calls to his family to see how they were doing. He had been at an outdoor remote control car track running one of his cars, a loved activity.



Roy Edward Chase

He was once cast with a leading role in Jesus Christ Superstar. You may have heard him on Ten Mile many years ago singing at the top of his voice with his cousin, Carl Hansen while breaking in a new speed boat.

Roy spent his early summers on Ten Mile Lake. He fished with his brothers, his sister, his cousins and his grandpa. He enjoyed skiing; both water and snow, and he loved tinkering with all sorts of mechanical and

Roy was born on July 8, 1952 to Elinor and Stephen Chase in Minneapolis, MN. He graduated from high school in Glendale, CA and attended college in Idaho. He was a truck driver, a neon glass technician, a fork lift driver and a personal care attendant.

Roy had a beautiful singing voice. Singing made him happy.

electrical equipment. As a high schooler he built his family's Heath Kit TV set and reel to reel eight track player and recorder. He was also a talented woodworker and some of his furniture remains with family members. He liked to have the best of all tools.

Hiking, biking, visiting large water dams and showing off the beautiful area where he lived gave him pleasure.

Words, especially silly words, were his signature. Platypus and armadillo, to name a few, made him laugh. Roy had boundless energy. He would often have to jump up and down saying silly words and laughing just for the sheer joy of it. He called his newborn little sister, Rare, because she sounded like that when she cried. His mother often tells the story of how many times he would say, "My little Rare, I am going to take care of you." Roy was five.

He was a voracious reader and would like to have long talks about the books he read, mainly non-fiction and political biographies. He would sometimes follow up by mailing that book to you. His great voice, his love and his chuckle are just a few of the things greatly missed.

He is survived by his mother, Elinor Chase, his brothers, Stephen Chase and David Chase (Anne Fitzgerald), his sister, Katy Chase, nephews, nieces and cousins. He was preceded in death by his father, Stephen Chase.

A memorial for Roy will take place May 22, 2016 at 2:00 PM at 5370 County Rd. 71 NW, Hackensack, MN. Mitch Carmody, family friend, of Heart Light Studio will officiate.

(Information provided by Katy Chase.)

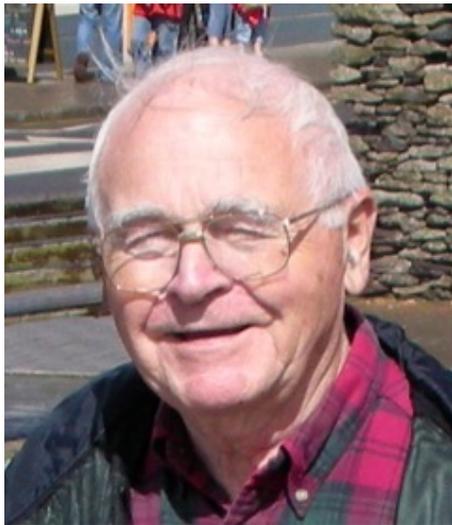


John T. McManus, MD

John T. McManus, aged 83, died peacefully at home on October 20, 2015. He was preceded in death by his wife, Joyce Gray McManus, sister, Shirley Bakker, and grandson, James Plaunt. He is survived by brother, James McManus; children Margot (John Eaton) McManus, Lori (Steve Plaunt) McManus, and Michael (Michelle) McManus; seven grandchildren; and nieces and nephews.

Born and living most of his life in Wisconsin, "Johnny Mac" was an avid fan of both the Green Bay Packers and Wisconsin Badgers. He went to Iowa State University, where he met his wife of 55 years. A graduate of Marquette Medical School, he was drafted into the Army, where he served in Vietnam, setting up the first evac hospital. A radiologist, John enjoyed working with interns and modeled a compassionate bedside manner.

Doc John, as many called him, was active in the Hackensack community, volunteering at the VFW, Lion's Club, and Hackensack Co-Op. He loved Ten Mile Lake. He visited the Grays on the south shore for first time in 1955, as a medical student and fiancé of Joyce Ann Gray. After retirement, he and Joyce made their fulltime home on Ten Mile, living there every season. A long standing member of the Ten Mile Lake



John T. McManus, MD

October 23, 2015.

(Information was provided by Margot McManus.



Homer E. Olsen, MD

A native of Climax, MN, and the son of Oluf and Elma Olsen, Homer E. Olsen spent his early summers driving a tractor on the family wheat farm in Dahlen, ND, memorizing canonical poetry and contemplating how to avoid spending future winters in freezing weather.

Valedictorian of his college class, Olsen graduated from Luther College in Decorah, Iowa. He was president of the Luther College Band where he played the baritone horn, as had his father before him. He earned his doctor of medicine degree at the University of Chicago Medical School. Following internship at the University of Oregon Medical School he completed his psychiatric residency at the University of Colorado Medical School. He is also a graduate of the Denver Psychoanalytic Institute. He taught in the Department of Psychiatry and the Denver Psychoanalytic Institute for many years. He maintained a private practice of psychiatry and psychoanalysis and also served as chief of outpatient psychiatry at the Denver Veterans Administration Hospital Mental Health clinic. He was named a Fellow of the American Psychiatric Association in 1992.

Association and Safety Committee, he and Don Harris partnered with the Sheriff's department to initiate the annual summer boat safety class for kids more than 15 years ago.

An Irish wake celebration was held on

Homer met "the love of my life", Dianne Cox, in 1964 while completing his chief residency in psychiatry at the Univ. of CO where she was a social work intern. They truly connected on a ski excursion to Aspen, CO and married 7 months later.

Homer served in the U.S. Air Force from 1965-67 as chief of psychiatry at Langley Air Force Base. He and Dianne then returned to Denver where they lived for 30 years.

Homer retired in 1998, moving to Tucson, AZ during the winter and expanding his time at the lake in MN during the summer.

Winters in Tucson found him playing great golf, enjoying spirited ping pong. He enjoyed time to savor works of biography, Shakespeare and history. His Hackensack area book group of lively-minded men of different political persuasions brought him much pleasure.

He was a teacher of many things to his family including tennis, skiing, sailing and appreciation for art and poetry. He will be remembered as a model of loving support, wisdom, hard work, introspection and integrity.

At the age of 80, he died of cancer in MN, surrounded by his immediate family. He is survived by his wife, of 51 years, Dianne, daughters Lise K Olsen-Dufour (Eric), Sara M Olsen (Arzhang Kalbali), granddaughters, Emma Olsen-Dufour, Amanda Olsen-Dufour, Donya Majidi-Olsen, and sisters Andrea Hauge Bacon, Evangeline Michalson (Edgar) and many wonderful nieces and nephew-s.

Memorials are preferred to the International Rescue committee, the American Cancer Society, or the Jim Schwartz Environmental Fund of the Ten Mile Lake Association. All sites can be found online.

Celebrations of Homer's life in were held in Tucson in February and in Denver in March. Another will be held in the Hackensack area in July of 2016.

(Information provided by Dianne Olsen.)



Homer E. Olsen, MD

James 'Dick' Sampel

Dick Sampel was born October 20, 1932 in Des Moines, Iowa to James J. and Alice B. (Stradley) Sampel. He died on his 83rd birthday on October 20, 2015 at Scottish Rite Park in Des Moines.

Dick grew up in Des Moines and attended Roosevelt High School where he graduated in 1950. He attended Grinnell College and graduated in 1954 with a degree in economics. Dick then joined the Air Force as an officer for two years. After serving his country, he worked briefly at Younkers department store before starting his career with Equitable of Iowa. At Equitable, Dick worked first in policy management and then moved into administration and human resources, where he rose to become a vice president. Dick worked for Equitable for 38 years and retired in 1994.



James "Dick" Sampel

After retirement, Dick volunteered at Iowa Methodist Hospital and read with second graders at King and Hubbell schools. Throughout his career, Dick was active in Toastmasters and the Lions Club and served as a board member of the Science Center of Iowa and an advisor with Iowa National Heritage. He was very fond of sailing and spent many happy summers sailing, canoeing, and fishing at the family cabin on Ten Mile Lake in northern Minnesota. Dick was also a talented

Dick married Nelda Jean Bork in 1958 and enjoyed 57 years of marriage. Dick and Nelda made their lifelong home in Des Moines and had two children, Pamela and Steven. Dick and Nelda were active members of Grace Lutheran Church for 47 years.

After retirement, Dick

poet and many occasions were celebrated with his well-loved whimsical rhymes.

Dick is survived by his wife, Nelda Jean; daughter Pamela Jean Sampel (John Sager); son Steven Jay Sampel; and brother David Sampel (Jeanne White.)

The family wishes to thank Hospice Services for all their care and support.

(Information provided by Cathy Iversen.)



Gary Youngdahl

Gary Youngdahl, age 68, of Hackensack, died peacefully at his beloved home on Ten Mile Lake surrounded by his family just after sunset on March 28th, 2016.

He was a warrior, patient teacher, expert fisherman, loyal friend to many, devoted husband of 46 years, the best dad that two girls could ask for, and a man who made it easy to know which of life's paths to follow.

Gary is survived by his wife, Nancy; daughters, Lisa (Tim) Rounds, Toni (Paul) Palecek; grandchildren, Isaac, Luke, Lexi, Nolan; mother-in-law, Oney Flakne; brother-in-law, Dale Flakne; nieces and nephews; and Jigs, his loyal dog. A memorial service was held on April 9 at the Evans-Nordby Funeral Home. Brooklyn Center, MN.



Gary Youngdahl

(Information provided by Marilyn Hultgren)



AIS NEWS UPDATE

By Bob Iversen, Chair, AIS Committee

AFTER A WARM WINTER, signs of spring have appeared at Ten Mile, and the boating and fishing season is getting underway. Even during the winter months, AIS control and prevention work has been ongoing in Cass County and at the U of MN AIS Research Center.

IN ADDITION TO MANAGING the paid inspectors for about 24 Cass County lakes last summer, **Rima Smith-Keprios** at Cass County Environmental Services secured a \$22,212 grant from the Initiative Foundation. This will be a grant, matched with county funds and will enable Rima to develop and pilot an Enhanced Training Workshop for Watercraft Inspectors in Cass (and Beltrami) County. This two day training class will go far beyond the DNR training . Another piece of good news from the county is that 23 of last year's paid inspectors will be returning, so less of a learning curve is expected.

I RECENTLY RECEIVED THE REPORT from Cass County summarizing the 2015 inspections. The highlights are:

- The inspectors performed 843 inspections on 64 days
- A total of 577 inspection hours were performed
- Vehicles from 24 states in addition to MN were towing the inspected boats, including Alaska, California, Massachusetts and New Hampshire

THE U OF MN AIS RESEARCH CENTER continues their good work, as well. In an effort to discover ways to combat zebra mussels, they are making good progress on a project

to sequence the genome of the nasty critters: <http://www.maisrc.umn.edu/news/zm-genome-0>.

IN THE FALL NEWSLETTER, I reported on a project sponsored by the Association of Cass County Lakes (acclakes.org) and funded by Cass County to keep the Boy River chain of lakes (starting with Ten Mile) free of AIS. One component of that project was conducted by retired Prof. Pat Welle in which he interviewed the owners of 56 resorts on 11 lakes on the chain. The purpose of the interview was to gauge the resort owners' knowledge of AIS best practices as well as that of their customers. Some interesting highlights:

- Most resort owners place a great deal of importance on preventing the spread of AIS and believe they are knowledgeable about best practices.
- On the other hand, many owners believe that some of their customers do not know what precautions to take, especially those from out of state.
- Most resorts said that between 10 and 50% of their customers come from out of state.

THIS IS NOT A GOOD SITUATION, and it highlights the need for continued AIS education and inspection. (Note: the resorts and campground on Ten Mile are very AIS-knowledgeable and the owners are personally inspecting most of the boats launched there.)

REMEMBER TO BE AIS-AWARE this summer on all of our lakes, and please make sure that your guests are, as well. Have a great spring!

**This Newsletter is a Publication
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To subscribe to this Newsletter, or to enquire about membership in the Ten Mile Lake Association, please contact the Membership Secretary. Membership dues are \$35.00 per year.
All TMLA Newsletters can also be found on the TMLA website, tenmilelake.org

**TMLA NEWSLETTER, SUMMER, 2015
TABLE OF CONTENTS**

Page 1	<i>Calendar, Names in the News: Phoebe Alden</i>	Page 8	<i>Poem: My Happy Place (Lainie Patzlov)</i>
Page 2	<i>List of Officers, Directors, Committee Chairs Report on the Gilles Find (Lolly Brandt)</i>	Page 9-10	<i>The Loon Journal:: An Un-Common Loon Story (Lisa Abraham Doucet)</i>
Page 3	<i>From the President's Desk (Ivar Siqveland)</i>	Page 11-14	<i>Remembering Our Ten Mile Friends: Stan Benbrook, Roy Edward Chase, John McManus, Homer Olsen, James Sampel, Gary Youngdahl</i>
Page 4	<i>Have You Heard the Buzz? (Marty McCleery)</i>	Page 15	<i>AIS News Update (Bob Iversen)</i>
Page 5	<i>The Northern Water Alliance of Minnesota (Mary Ackerman)</i>		
Page 6	<i>State of the Lake: Report of the E & E Committee (Bruce Carlson)</i>		
Page 7	<i>The History Page: The End of an Era (Sue Iversen)</i>		