

Ten Mile Lake Association



Newsletter

Summer 2019

Dedicated to the Preservation and Improvement of Ten Mile Lake and its Environment

From the Editor: Call for Submissions

Currently the paper is seeking individuals or submissions regarding:

- ◆ Artwork, visual or written, involving the lake and experiences with it. If you'd like to see your art featured in the Artist's Inlet, please submit your short stories, photos, paintings, & other items to 10milenewsletter@gmail.com;
- ◆ Fall recipes and Halloween decorating ideas
- ◆ & Stories of Ten Mile's Summer of 2019.

Watercraft Operator Permit Training
Provided by the Cass County Sheriff Dept.

Free to anyone ages 12-17

Wednesday July 3, 2019

8:30-2:30

At the Hub in Hackensack

Please pick up by the city dock on Birch Lake

Lunch is provided

Please email leann_sand2001@yahoo.com to preregister and include the child's name and age as well as contact info for a parent or guardian.

ANNUAL MEETING

SATURDAY, AUGUST 3, 2019

Coffee and Social Time: 9:30 a.m.

Meeting: 10:00 to 11:30 a.m.

At Hackensack Union Congregational Church, Hackensack

Key committees will update us on the health and status of our lake

BOOK STUFF

Terry and Char Bergstrom have put "A LITTLE LIBRARY" by the public access on their property. Please use this library and encourage others to use it as well. We will maintain the library. If you have any suggestions or want to donate books, just put them in the library. We hope that people will enjoy this little "extra" library at the public access.

This library was a gift given to Char by her son-in-law Travis. Happy reading, coloring, playing cards. Experience this little library. Take a book, leave a book, leave a note.

Please enjoy.

You can reach us for further info at [218-675-6105](tel:218-675-6105).

Thank you—**Terry and Char Bergstrom**



President's Corner

My time as your president is almost up and I want to thank all the wonderful volunteers who have made it possible for the Ten Mile Lake Association to do so much to help keep this a wonderful community for all of us. Some issues, like AIS, we are always aware of and working on but there are also surprises. I will mention one here as an example of how we were so fortunate to have a volunteer willing and able to immediately help out.

Last Aug 2, late at night, I had a call from Quiet Woods resort that one of our lit buoys had been moved and was now submerged and in a dangerous position where a boat could accidentally run over it. Also, Quiet Woods is way back inside the bay to the NW of Brandt's island and it's difficult to navigate in or out without that buoy, especially at night. The next day I contacted Jim Brandt and he went to check it out. He found it had been hit by a propeller - surely by an inattentive boat driver - and dragged and got a hole that allowed it to fill with water. He was able to remove it and take it home for repair. Larry Overcash brought him another buoy, this one without a light, and he exchanged this unlit buoy for the lit buoy on the SE side of the island and put that lit buoy where the damaged buoy had been...all before dark on Aug 4. And this was in the midst of a huge storm. How lucky we all are to have such valiant and willing volunteers! Then Jim also repaired the damaged buoy.

Jim is just one of many wonderful volunteers. I thank you all and know we all have a better life here because we help one another. I also thank those who support TMLA financially by your dues and gifts. This is of vital importance.

We are in the midst of big changes regarding our communications and technology. Please bear with us as we work through integrating all the various pieces.

- Our new website is up and paying online is easier and more secure.
- Board meeting minutes will now be available to members through the Anchor.
- We're working hard on getting our membership records correct and complete online and you can help us by checking your profile page. Your Directory listing will be printed as it is listed in the Anchor.

If you need help with this, or are unsure about your listing, please contact Annie Swanstrom at membership@tenmilelake.org or telephone 218-429-1164. She is very willing to help and also appreciates comments, suggestions and questions about the new communication tools we are using.

– Karin Arsan
President

Ten Mile Lake Association Summer Calendar 2019

Wednesday, July 3	Watercraft Operator Permit Training	8:30 am to 2:30 pm. Meet at the Hub in Hackensack, lunch provided. Free to anyone ages 12-17, provided by the Cass County Sheriff's Office. See website for details.
Thursday, July 4	Fourth of July Boat Parades	10:00 am – noon. North shore begins at Headwaters dock, south shore at public boat access.
Saturday, July 20	TMLA Board Meeting – all members are welcome to attend	9:00 am – 11:00 am. See website for details.
Saturday, August 3	TMLA ANNUAL MEETING – all members are welcome to attend	9:00 am – 11:00 am. See website for details.
Saturday, August 17	TMLA Board Meeting – all members are welcome to attend	9:00 am – 11:00 am. See website for details.
September 1	Deadline 2020 membership dues	Dues may be paid in advance at the Annual meeting or mailed to: TMLA Membership, P.O. Box 412, Hackensack, MN 56452
September 15	Deadline for Fall Newsletter	Send articles to newsletter@tenmilelake.org

Summer AIS Report

This will be a short update: so far, everything's on track. No new AIS infestations have been reported. Ten Mile's I-LIDS motion-activated camera was installed at the DNR boat access the Thursday before the fishing opener, and on that same day the county-paid AIS inspector was on his first day of duty.

As I mentioned in my spring newsletter update, I'd like to get AIS education info into lake properties that are being rented. If you have or know of a rental, please contact me (bob@iversenconsulting.net) so I can deliver that material.

– Bob Iverson
AIS Committee Chair

Loon Journal

With winter finally losing its grasp, loons returned to our lake in April. They quickly began scouting out nesting areas along the shoreline. (This is why our four floating platform nests had to be out on the lake right after the ice melted.) Loons may select this manmade option for a nest or they may build their own.

Young non-breeding loons typically return to the area where they were hatched and raised. They swim about and eat all summer, while they enjoy the territory that they hope to someday conquer. The more mature breeders return to the territory where they mated & bred last year.

Loons fight for territory in early spring and seek a suitable mate. Male loons aggressively fight a threatening male loon by chasing, grabbing, drowning, wing beating & stabbing! Conquering a certain territory is worth dying for to a mature male loon. Females also fight other females for territory by chasing and wing beating. The "winners" eventually pair up, mate and ready their nest.

This said..... Loons do NOT mate for life!

Now that summer is here, we can once again enjoy watching the loons and their precious chicks. This summer, take notice of loon behaviors and their vocalization. You'll see fights, bill-dipping, circle swimming, wing flapping, group fishing, etc. Then listen to their complex & interesting calls.

Can you tell what they are communicating? Keep your eyes open & your ears listening to these amazing birds we love so much.



Always be an advocate and a good neighbor to the loons. Give loons their space and don't approach their nest or families with chicks! Avoid boating & fishing in nesting areas. Address any unusual behaviors & harassment that you may encounter regarding the loons on TML.

– Kim Moe
Loon Committee Chair

Rock Bass



I wonder how many folks who grew up spending summers at Ten Mile got their first introduction to fishing by catching rock bass off one of the several rock piles scattered around the lake. Ten Mile is blessed (or cursed, depending upon your viewpoint) with a huge population of these fish that occupy a surprisingly large number of ecological niches throughout the lake. Not only are there a lot of them, but their willingness to bite on almost any fishing bait makes them the most commonly caught species of fish. Every summer I catch a few that are shorter than the artificial bait that hooked them. This article will give you a chance to become better acquainted with this denizen of the lake.

Rock bass are members of the sunfish family, which in addition to bluegills and pumpkinseed sunfish, also includes crappies and largemouth and smallmouth bass.

Because they are not highly sought-after game fish, they have been much less studied than other members of this family. These flat-bodied fish are readily recognizable by their large red eye, relatively large mouth compared with other sunfish, and an olive background color punctuated by lots of darker scales. Although some specimens as large as 2-3 pounds have been caught in other locales, I don't think that I have ever caught one over 10 inches in Ten Mile.

Rock bass are indiscriminate feeders and are likely to eat whatever they can catch, but insects and large plankton make up the bulk of the diet of small fish. As they grow, crayfish and smaller fish are added to their diet. In many lakes, crayfish make up the bulk of the diet of large rock bass. Translated into fishing language, you can catch them on almost anything, including bare hooks on occasion. If you are taking kids on a rock bass expedition, worms are as good as anything, but tiny jigs also work. The big advantage of the latter is that they don't have to be rebaited. For those into fly fishing, rock bass bite readily on subsurface flies, especially in the spring when they are still in shallow water. Especially when they are caught while trolling, rock bass often hit a lure with an impressive bite and an initial pull. After that, their fight is a disappointment because they tire easily.

Although this isn't usually reported, rock bass remain very active after dark, and when I troll for walleyes at night, I usually catch well over a dozen of them. Their activity at night is for me a good indicator of likely success or lack thereof in walleye fishing. If the rock bass fail to bite, I rarely catch a walleye. The large red eye of a rock bass seems to help them with night vision, although other senses, especially that of vibration, are probably more important for their night feeding. More than most fish, rock bass can change color to some extent, and at night they become much paler and take on a blotchy appearance, as well as losing their greenish cast.

Like all other members of the sunfish family, rock bass make nests in shallow water in the spring. During spawning season, their dorsal and anal fins are rimmed with jet black. At about the same time when smallmouth bass spawn, rock bass make much smaller nests in the same areas as the smallmouth bass. Males make the nest and guard it for a few days after the eggs have been laid. After that, the young are on their own. They make their way into shallow water and feed largely upon plankton during their first summer, at the end of which they are about an inch long.

In succeeding years, growing rock bass head for deeper waters and, as their name implies, often congregate in small schools around rock piles. They are very eclectic in their choice of habitat, however. In Ten Mile they are also very common in deep weedy flats at depths of 15-25 feet. They like clear and cool water. Only once, when the water temperature was in the upper 70s, have I seen them completely abandon their shallower (8-15 foot) rocky haunts and all congregate in deeper water. In late summer of a normal year, I catch the largest rock bass in 30-35 feet of water, just above the top of the thermocline. If the option is available, rock bass like shade. I remember once on a canoe trip on the Boy River on a hot summer day seeing a rock bass positioned perfectly in the shadow of a thin stick immersed in the water.

Although small rock bass are preyed upon by larger fish, larger ones don't seem to be as attractive as food as crappies of the same size - even for pike. I don't know the reason for this, but I suspect that the sharp spines on their dorsal and anal fins act as a strong deterrent. Speaking of food, they are rarely eaten at Ten Mile, but I remember as a kid often eating rock bass caught from a lake north of Duluth, and they tasted fine.

Love them or hate them, rock bass are a permanent part of the Ten Mile scene. From our perspective, they may not be the most useful of fish, but they are obviously an important part of the ecological community of our lake. Historically, they have constituted a significant part of the piscine biomass of the lake and have for the most part occupied a fairly unique niche in both the environment and the food chain. With smallmouth bass increasing in number in Ten Mile, they now have a new competitor for both food and habitat, but to date I haven't seen that either population is interfering with the other. From my perspective, the most likely losers are the crayfish, which are considered delicacies by both species.

As annoying as they may be to most fisherpersons, rock bass have one major redeeming feature. Put a \$9 fishing outfit in the hands of a child or grandchild; give that child a batch of worms; and take that child to a shallow rocky area. After looking into the clear water and seeing a school of small rock bass surrounding the baited hook, that child will experience the same thrill as catching a muskie when one of those pesky creatures grabs onto the hook.

– Bruce Carlson

E&E Notes

The Importance of Well Water Testing

The TMLA has been carrying a long-standing volunteer program of testing water from individual wells for coliform bacteria and nitrogen compounds. Almost all positive cases of *E. coli* have been shown to be the result of improper sampling methods, rather than contamination from leaking septic systems or other causes. Analysis of nitrogen compounds has been almost a free add-on, and historically it hasn't seemed that relevant. This, however, has changed because of the expansion of potato farming west of Ten Mile.

One of the toxic side effects of potato farming, as presently practiced, is contamination of groundwater by nitrates, among other compounds. This problem has resulted in making drinking water unsafe for many individual dwellings in Hubbard County and was so bad in Park Rapids that they had to completely relocate the source of water for the town and install an expensive water treatment facility. Why are nitrates bad for you? A classical condition associated with high nitrate levels is the "blue baby syndrome." This is actually a condition called methemoglobinemia, where the conversion of the oxygen-carrying molecule, hemoglobin, in the blood to an abnormal form results in a decreased ability of blood to carry oxygen to tissues of the body. This condition is especially dangerous to bottle-fed infants less than 6 months of age, but it can also exert detrimental effects on certain older people. Some investigators also suspect that certain cases of non-Hodgkin's lymphoma may be related to high nitrate levels in water.

Why is this relevant to Ten Mile and, especially, well water testing? At present we have no nitrate problems in our well water, as far as we know. This is because our groundwater comes from a different aquifer than that present in much of Hubbard County. However, that aquifer borders on ours not many miles west of the lake. The reason for getting extensive well water testing data now is to accumulate a database of negative findings for nitrate presence at the present time. If high nitrate levels begin to show up in our well water in future years, we will then have evidence that this was not naturally occurring before further expansion of potato farms. Therefore, the E & E Committee would encourage as many cabin owners as possible to have their well water tested. Another article in this Newsletter gives more information on the well water collection and testing program.

Non-Phosphorus Soaps, Detergents and Shampoos

Maintaining the excellent quality of our lake water is one of the prime charges given to the E & E Committee. One of the most important ways of doing this is controlling the amount of phosphate that enters the lake water. Phosphate in water is essentially a fertilizer that promotes the growth of algae and other plant life, resulting in a reduction of water clarity and all of the downstream effects that this entails. Historically, a great improvement in water quality occurred when effluent from septic systems and some other sources was better controlled. At present, our water quality is excellent and the main issue is maintaining our excellent water quality.

One way to keep up water quality is by using phosphate-free soap compounds. In this era of increasing environmental consciousness, there are now numerous options available for use in cabins. Rather than recommending specific brands, we suggest that when you are shopping for any soap compound, look at the contents label to be sure that it says "phosphate free." More and more, some of the best-known brands have removed phosphate from their product. Amazingly, even seemingly small contributions to our collective efforts to maintain lake water quality make a difference.

– Bruce Carlson

Excerpt From a Letter To TMLA From The MN Lakes & Rivers Advocates

Dear Ten Mile Lake Assn (TMLA),

Summer is here. It is the time of year when we all start thinking about the lake, about the good times with family and friends. But as a Lake Association leader you are no doubt thinking about all the work and projects you have to do.

Lake associations like yours are part of the largest, most generous and most committed conservation/angling group in Minnesota, contributing about \$6.25 million towards lake work collectively, and about 1.2 million volunteer hours to protect the public waters, and almost \$400k for annual fish stocking.

Responses to a recent survey outline the challenges and suggest a concrete course of action:

- The top 3 challenges that Minnesota's lake associations face as they work on achieving their goals are:
 - inadequate member participation (i.e. the needs far exceed the available human capital);
 - not being heard/taken seriously by the DNR; and,
 - the aging population of lake property owners.
- Most respondents do not agree that their lake associations are authentically included in the lake planning process.
- Most respondents do not feel that their lake associations have real authority over the lake.
- Most respondents do not think that the DNR has sufficient lake management policies in place.

So the MLR overall plan is this:

- continuing to work to unify lake associations into a single voice at the legislature,
- working to support lake associations by pushing for increased grant opportunities,
- building greater links between lake association and the DNR in St. Paul,
- and advancing a positive narrative in the media about lake associations and the great work they do.

MLR's strategy specifically includes:

- Full-time lobbying at the State Capitol to change laws and push pro-water initiatives,
- Keep up a steady drumbeat of pro-water news stories in press, television and radio to educate citizens and politicians on water issues,
- Support local partnerships that build capacity and give local water advocates a seat at the table,
- Support funding for world class science to identify issues and discover on-the-ground solutions to our water problems and then make this science available through the Aquatic Invaders Summit, the press and direct communications.

Within the articles of our newsletters, you will find a lot of great information that we hope will help your lake association advance its mission and draw membership. As our grassroots and media efforts continue we gain a larger voice in water related debates and get greater authority to do work to protect the lakes we love.

Stay tuned for outcomes from this legislative session. There are bills advancing that would provide grants to lake associations to manage invasive aquatic plants, fully fund the Minnesota Aquatic Invasive Species Research Center, create grants to do outdoor education programs. By partnering with local schools to include aquatic sciences and AIS education in local school curriculum, some lake associations are increasing their civic stature in their local community, engaging younger people with children, and building the next generation of lake and river advocates.

I hope you make the decision to continue your membership in MLR. Minnesota will not be able to meet its water quality goals without engaged lake associations and a statewide association working to advance our goals. Quite simply you and other lake associations in partnership with MLR are building the largest and most effective water group in the state. This is an exciting effort. Please don't hesitate to call if you have any questions or suggestions.

Thanks you for all the work you do,

**– Jeff Forester (Executive Director) & Judy Corrigan
(MN Lakes & Rivers Advocates)**

Northern Water Alliance Update

**On the 2018 Citizens' Petition for Environmental Assessment Worksheet (EAW) in the Pineland Sands Area - Dec 12, 2018.
Referring to the encroaching potato conglomerate RDO and their use of land and water near TML.**

As most probably know, last spring the DNR accepted the Citizens' Petition and in early August declared intent to perform an Environmental Assessment Worksheet (EAW) that would start detailing ecological effects of RD Offutt Company (RDO) potato growing operations in Pine and Lake country. The DNR initially agreed to do this because the pending water appropriation applications in the Pineland Sands Area may have the *potential* for significant cumulative environmental effects due to *potential* nitrate contamination of groundwater.

The MN Dept of Agriculture's (MDA) Township Testing Program has shown there is more than just potential, demonstrating the connection between chemical intensive agriculture, large scale irrigation (which DNR has permit authority over), and nitrate contamination of

groundwater. For example, as of 2016, irrigation-dense Badoura Township in Hubbard County has 17% of wells testing over the state safe drinking limit for nitrate.

Groundwater withdrawal amounts by irrigators have become problematic also, as they happen to coincide with changes in both ground and surface water characteristics as documented in the DNR Straight River Groundwater Management Area Plan, yet the call for more study by state agencies continues.

In short, the sandy soils and interconnected aquifers and surface waters of the Pineland Sands have proven to be excellent for growing pines and producing pure water but poor for conducting industrial agriculture in a sustainable fashion.

[For reference, information from a DNR data practices request in May 2018 lists RDO as permittee for 108 irrigation wells in just the 8 counties in and around the Pineland Sands Aquifer; 26 of these were permitted 2014-2018. This does not include surrogate permit holders, who may, for example, rent irrigated field space to RDO.]

The DNR's letter to RDO in late July informing the company of the situation caused RDO's immediate withdrawal of 3 new irrigation permit requests. It appears this was a common tactical legal maneuver, done to try to make a project "disappear" from a regulatory authority's view. If there are no permits, there is no project - as viewed through courtroom eyes.

According to DNR Region 1 Eco-Waters Manager Nathan Kestner, RDO did leave 4 amendments for existing water appropriation permits in the system with DNR, asking for more water from wells already in use at the Winnemucca Farm in Cass County, and this appears enough to keep the Petition for EAW under consideration for an undetermined period.

DNR Environmental Review Unit Supervisor Randall Doneen reported a complicating factor in reaching a decision on the petition was related to missing monitoring data that was required to be collected on the existing water appropriation permits. Doneen stated that the DNR is considering the company's phased activities and cumulative effects, acknowledging RDO's major role as contributor to the difficulties entailed when chemical intensive agriculture combines with large scale irrigation. "Determining if water appropriations are sustainable in the Pineland Sands is a requirement for DNR to issue water appropriation permits," he added.

The 2018 petition for an Environmental Assessment Worksheet in the Pineland Sands Area represents the 4th attempt at detailing RDO's ecological impacts in the Pineland Sands via the Environmental Review process. The first attempt was an inadequate EAW signed by Cass County in 2012 (which caused DNR and MPCA to request an Environmental Impact Statement), the second was a 2015 DNR discretionary EAW (proposed but denied), and the third was another citizen petition for EAW in 2015/2016 which was also denied.

Randall Doneen indicated that DNR leadership would support a Generic Environmental Impact Statement (GEIS) or some other special study that would address sustainability issues that accompany chemical intensive irrigated agriculture statewide. Representative Sandy Layman has signaled her interest in holding discussions with her colleagues on legislative options pertaining to this matter in the upcoming January session. Representative John Persell echoed that sentiment, adding that he would support consideration of a statewide GEIS in this situation, and pointed out understanding the amount of water withdrawn from the Pineland Sands Area would be one of the first steps. Rep. Persell is to be the next Chairman of the House Environmental and Natural Resources Policy Committee.

Any GEIS would be a time-consuming affair - time some residents of the Pineland Sands believe they can no longer afford as chemical contamination from industrial agriculture continues to be discovered.

A GEIS also would need funding through the legislature, and that is where the Pineland Sands Land and Water Study faltered in 2016. In what could be called an engineered failure, the legislature asked to use \$1.5 million from the LCCMR budget to fund the proposed RDO/DNR cooperative study. The two entities agreed to the study as part of a Memorandum of Understanding that resulted from RDO's lawsuit against DNR's attempted 2015 discretionary EAW. Governor Dayton vetoed the study's funding, citing the legislature's intent to operate against citizen council recommendations. It seems likely industrial agriculture interests would rally against a GEIS of this sort, if producer backlash to MN Dept of Ag's Groundwater Protection Rule is any indication.

On a positive note, in December, then-Governor-elect Tim Walz made the rounds conducting listening sessions and pledged that he and his new commissioners will be much more available to citizens in public forums. At the listening session in Bemidji on Dec. 2 he took in comments from Willis Mattison (ecologist, retired MPCA) on the wisdom of the governor forming an independent science advisory panel to combat "regulatory capture" of state agencies by industry. This panel would be free from the threat of defunding by the legislature and at liberty to provide sound, unbiased science to Minnesota, lightening the burden on commissioners and staff who will need to speak truth to power.

The Northern Water Alliance is optimistic introduction of these ideas will guide the new administration to policies that will prioritize clean water and finally address how agricultural water appropriations are contributing to nitrate contamination, and, in some cases, drawdown of water tables.

As we move through winter, expectations are that the DNR and the legislature will take up the issue once the new administration settles in - or better yet, we can ask RDO to join with others in using regenerative farming practices that eliminate the intensive use of chemicals and heavy irrigation. These regenerative methods are already in use in Minnesota and surrounding states and, while yields are sometimes lower, profit is higher because the produce is more desirable.

Who wants chemicals in their food.... or their drinking water.... or their lake?

– Mike Tauber
Northern Water Alliance

Artist's Inlet Summer Recipes!

CANTALOPE ICE CREAM (SHERBET)

1. Get a really ripe & fragrant cantaloupe.
2. Cut in 4 pieces (quarter it), remove all seeds and peel it.
3. Put ¾ of the cantaloupe flesh in a blender & liquify it.

Recommendation: This ice cream has no additives and is mostly fruit juice, therefore it crystallizes in 4-5 hours in the freezer. it should be eaten quickly or it will taste more like granita than ice cream



Add to the mixture:

- 1) 4 heaping soup spoonfuls of full fat traditional greek yoghurt
- 2) A cup of heavy cream
- 3) A cup of full fat milk
- 4) ½ Cup of Sugar

- 1) Blend mixture for at least 30 seconds until sugar melts & all ingredients are mixed & blended.
- 2) Put mixture into ice cream maker & churn.
- 3) When mixture gets to a soft ice cream consistency, about ½ hour, remove it, put it in a container & place it in the freezer.

– Ahmet Arsan

RHUBARB CAKE

Ingredients:

- * 1 ½ C dark brown sugar, packed and leveled
- I like C+H because it's cane
- * ½ C butter, room temp
- * 1 egg
- * 2 C flour
- * dash salt
- * 1 t vanilla

- * 1 C buttermilk (or milk with 1 T lemon)
- * 1 t baking soda
- * 1 ½ C rhubarb – 1" pieces, about
- * 2 stalks, can use frozen

Topping:

- 1/2C sugar
- 1 t cinnamon

Instructions:

- 1) Cream sugar and butter.
- 2) Add egg.
- 3) Add vanilla.
- 4) Combine flour and salt-I sift into small bowl.
- 5) Combine baking soda and buttermilk - it will expand.
- 6) Add flour/salt alternately with buttermilk/b soda.
- 7) Add rhubarb.
- 8) Put in 9x13" pan (I butter and flour pan) and I level and push rhubarb under the batter.
- 9) Add topping

Bake at 350 for 36 minutes if rhubarb is frozen. If fresh, bake 30 minutes.

Strawberry---Rhubarb Jam

- 1) Put the ingredients in a medium big pot, stir and leave 20 minutes to sit. This will allow the juice to start coming out of the fruit.
- 2) Turn the heat to medium and bring just to a boil.
- 3) When it boils, turn the heat down and simmer 20 minutes.
- 4) When it gets frothy remove froth and discard

That's it. It's done. It will not set. It will be more like a sauce, but is good on toast or pancakes and waffles. I make this every summer early to mid-June when the rhubarb is ready to pick.

It will make about 3 ½ pints. I put it up to keep better by immediately, while it's hot, putting it in hot canning jars with hot 2 piece lids. When the lid pings it is sealed and it will keep. You can also see and feel that the lid has become convex. If this doesn't happen it didn't seal and you should eat that one first.

It's easy to double this recipe if you have a big pot.

Ingredients:

- * 5 cups cut up rhubarb
- * 4 cups sugar
- * 3 cups cut up strawberries



– Virginia Lane - 10 Mile Lake 1950s
(via her daughter, Karin Arsan, 2015)

The History Page

Ninety-Six Years of TML Memories



The following collection of memories were told to me by my father, Frank Sunstrom, when he was in his late eighties. His first visit to Ten Mile Lake was in 1923 when he was 12 years old, and his last was at age 92. Dad died on December 25, 2009 at the age of 98, leaving our family with fond memories of our time on the lake, a tradition we carry on.

My Grandfather first came to 10 Mile Lake in 1916 on a fishing expedition with friends from Boone, Iowa. He had learned of the lake from C.C. (Charlie) Ball, Principal of the Boone Schools. Mr. Ball had purchased the Boone Point land and was trying to interest Boone people into buying lots and building on the point. The fishing was great and Grandpa caught a 22 lb. northern, several smaller ones, plus walleye and bass. However, he wasn't able to return until 1923 when he rented a cabin from Walt Keller at Crescent Beach and brought his family for a vacation.

My father, Frank (Sank), remembered that trip well. They had packed the luggage on the left running board of the 1920 Chevy Touring Car, along with two tents and a camp stove on the back half of the right running board. At 4:30 a.m. Grandma and Grandpa loaded the food and three boys into the backseat and were off for Minnesota. The gravel road was dusty and bumpy. They drove until about noon, stopping at a roadside park somewhere near Albert Lea for a picnic lunch. After lunch they drove on until they reached a tourist park near Sauk Center. There they pitched the tents, fired up the cook stove, and had a dinner of ham, beans, homemade bread and canned milk. After a hike to look at the Mississippi River, Dad and his older brother Chuck went to the pup tent for a sleep.

Grandpa tied Chuck's leg to Dad's, as he was inclined to sleep walk. It was up to Dad to keep Chuck out of trouble! Jimmy crawled into the big tent with my grandparents. Before dawn they were dismantling the tents and continued on their journey, arriving in Hackensack about 5:00 pm. They proceeded on to Crescent Beach. Their cabin was one big room complete with a double bed, bunks, a table and chairs. The lake side of the cabin was all window with a view of TML. The "biffy" was northwest of Mr. Keller's cabin, but they did have a "thunder muck" back of a curtain between the beds.

The next summer the family rented from Mr. Hanson, who was a glove manufacturer from Boone. Later they rented from the Balls and the Munnekes, all on Boone Point. In those days they parked the car in a seven stall shelter on the north shore then took a little flat bottom boat across to the point. If the boat wasn't there, they'd shout until someone on "the point" would hear them then someone would come to pick them up in a row boat.

About 1926 Dad's older sister Francis' husband, Russell Mackey, and his brother, F.L. (Les) Mackey, also from Boone, bought Dr. Whitehill's property on Boone Point. My grandmother especially loved the Boone Point location. She wrote postcards to her family exclaiming how it reminded her of home (Sweden.). She could go out the door and pick blueberries, listen to the wind whistle through the pine as the water lapped on shore. Also, the fishing was great! Mackeys drafted Dad for two summers as they wanted someone at the cabin when one or the other was not able to come up. He was a sophomore in high school and would come up with Les to open, then stay until Francis, Mack and other family arrived.

The brothers had purchased an outboard Larson that looked like a small battleship. It had a 3 horsepower motor that was good for trolling and getting to and from the north shore. When the road through to Thomases (a pair of muddy tracks for the wheels) was finally completed, Mackeys bought an old flat bottom boat, too. Dad was commissioned to fill the boat with rocks he had dug out of the lake, haul them to their beach then split them with a mallet. He found this chore a bit dangerous as the chips kept hitting him. He finally rustled up a piece of wire screen and made a mask to cover his face and eyes. Once the rocks were split, they built a new foundation and fireplace for the cabin; then added a second floor balcony for sleeping quarters; and finally new windows on the lakeside.

Summers on Ten Mile also gave Dad plenty of time for fishing, boating, swimming and socializing. Of course, many Boone Pointers were folks he knew already from Boone. Dr. L.M Basset lived on the point. He was always improving things. He had rails from his basement to the lake for launching his boats. (Doc had built a big boat in the basement of his office in Boone then was forced to knock out a wall and dig a trench to get the boat out!)

Canier's cottage was located on the point just beyond Gitchie Goomie Beach. It was a big house with an open balcony that was surrounded by bedrooms. One day Dick, who was a couple of years older than Dad, took the new Thompson motor boat, raced across the lake and missed the opening to Flower Pot Bay. He hit the rocks and ripped the bottom out of the boat.

After that he spent his summers playing golf!

C.F Canfield was a retired colonel from the Spanish-American War. A widower, he was catered to by his sisters Kate and Lucy. One day Dad remembered Kate coming down the path and stumbling into a hole, crying for help. Mackey's big German Shepherd, who was on the beach chewing a dead fish, dropped the carcass, and ran to her rescue and began licking her face. Kate jumped up and raced

to the lake, jumping in to wash off...more commotion!

Others along the beach those summers included the Garrisons next to Bassets, the Munnekes, a minister who had three sons; the Fred Crarys with three daughters; and W.E. Zimbeck, a grocer from Boone whose son was Dad's age. Of course the Balls, who really started it all, can't be forgotten. They had 3 daughters: Eloise, who was Chuck's age; Zelda, Dad's age; and Kathy, or "Tinker," who was somewhat younger. Their dad taught the kids to cast for bass in the water lilies just back of their cabin.

Andy Christie's was the meeting place on the north shore. He lived on Ten Mile year around, supplying the area with fresh milk, eggs, and veggies. He also harvested ice from the lake during the winter and sold it in the summer. The young people around the lake would meet evenings at the store, eating popcorn and telling stories around a campfire. One of the great story tellers was a man named Verde. He was a big man, strong as an ox. Dad once saw him break a pair of boat oars while trying to make the boat go faster! The stories he told sometimes entertained all evening.

Les and Russell had a little racing speed boat named Miss Hezy-Tate. (The only other one, at that time, belonged to Jonny Leonard who had purchased the Canier place.) Andy Christie had been asking for a ride in the worst way, so one quiet day when Dad had driven her over to pick up ice and milk, Andy said he was ready. The two of them squeezed into the little cockpit and proceeded across the lake. When Dad opened the throttle, Andy let out a whoop, grabbed the side of the boat and let him know he had had enough! They sped back to the dock where Andy leaped out, ran to the store and sent his son out with Dad's supplies.

In 1930, Boone built their first municipal swimming pool and Dad was hired as lifeguard/manager. For the next several years, between jobs and college he was only able to make brief trips to Ten Mile. When World War II erupted, the cabin was closed. After Dad and Mom returned from California in 1946, the three of us had a few years to enjoy vacations at Shack O' Mac . This continued until the early 50's, when Russell and Les sold the property to the Lees of Minneapolis. Dad settled into his dental practice in Boone. He and Mom continued to bring my brother Jon and me to Ten Mile Lake for August vacations. During the 80's we began renting 3 cabins at Hamilton's so Mom and Dad could share TML with our children. In 1988, Dad purchased the property at 5160 Lower Ten Mile Lake Road from Jim Sandelin . There, my parents were able to enjoy five months each summer for twelve years , joined frequently by children, grandchildren and many friends.

My husband Jim and I now live year around on Lower Ten Mile, enjoying all that the seasons have to offer. Our children, too, come frequently, appreciating the magic of TML.

-Lynn Sunstrom Schall

Remembering Our Ten Mile Lake Friends

Norma Catherine (Young) Becher (1926-2018)



Norma Catherine Formerly of Bellbrook, Ohio, died October 14, 2018 in Lexington after a brief illness. "Norm" was born in Winnipeg, Canada on August 3rd, 1925, and grew up in Ames, Iowa, where her grandfather Albert Boynton Storms served as president of Iowa State University. She graduated from ISU in 1947 with degrees in dietetics and restaurant management. Shortly thereafter she met her future husband S.W. "Jim" Becher on a blind date to the homecoming dance at the University of Illinois. The couple married two years later. Both Bechers worked at Harding's Restaurant in Chicago before moving to Dayton, Ohio, in 1952. Norm became an active member of Westminster Presbyterian Church in Dayton, Ohio, and served for many years as deacon. She was also a member of Chapter AN of the P.E.O. Sisterhood for more than 60 years. The couple and their three children Cyndy, Kim, and Rick vacationed every Summer at the family's cabin on Ten Mile Lake in north central Minnesota, where they entertained friends, pulled young skiers behind "The Shark," and played bridge every chance they got! Norma, and her parents Florence and Lafe Young, first visited Ten Mile Lake in 1925. Her Aunt and Uncle, Edith and Hans Jensen owned and operated Camp Iowa on the North Shore of Ten Mile, where Norma and her family rented a cabin for many years. In 1949, her family built a cabin of their own on the North Shore, near the corner of 50 and 71. Ten Mile meant a great deal to Norma and her parents, her 2 sisters and their husbands, and to each following generation of children, grandchildren, and great-grandchildren. Norma often expressed how all her families' lives had been touched by the beauty, the peace, and the happy times that Ten Mile provided. Having the family cabin, The Knoll, was a true blessing.

She leaves behind a sister, Gretchen Plagge Bush; her son Rick and his wife Gail; daughter Cyndy Lendon; daughter Kim Tønning and son-in-law Barry; her grandchildren Emily Lendon Reynolds (Brad), Sam Lendon, Derick Tønning, and Shane Tønning (Clare); three great-grandchildren, Lainey, Liza, and Chandler Reynolds; and nieces and nephews from across the U.S. She was

preceded in death by her husband, S.W. "Jim" Becher; her parents, Florence and Harry Young; her sister Mary Ann Schmidt; and a grandchild, Starla Medina Tanning. A joint celebration of life service will be held at Westminster Presbyterian Church in Dayton, Ohio, for Norm and her husband of 68 years, Jim, on October 27th at 1 pm. In lieu of flowers, the family requests donations to Westminster Presbyterian Church, 125 Wilkinson St, Dayton, OH 45402; the Starla Medina Scholarship Fund at Traditional Bank, 49 W. Main, Mount Sterling, KY 40353; and Bluegrass Navigator/ Hospice, Jessica Sandler and Staff, 2313 Alexandria Dr, Lexington, KY 40504. As Norma departs this world, her family would like to thank everyone for their love and remind them that she always said if you want to get something done, "Do! It! Now!"

– Published in Dayton Daily News on Oct. 16, 2018

Sheldon (Jim) Becher (1926-2018)



Sheldon W. "Jim" Formerly of Bellbrook, Ohio, died October 8th in Lexington, Kentucky after a brief illness. "JB" was born in Chicago on April 3, 1926. After graduating from Taft High School in 1945, he joined the U.S. Air Force and was stationed in Germany for three years. He later graduated with honors from the University of Illinois' first restaurant management class. He married Norma Katherine Young of Ames, Iowa, on June 10, 1950. The couple moved to Dayton, Ohio, in 1952. Over the next 50 years JB worked at, managed, or co-owned a series of restaurants in southwestern Ohio, including Seven Nations, Highview Terrace, Culps Cafeteria, Jay's Seafood Restaurant, Sycamore Creek Country Club, Surf and Turf, the Daytonian, and Bellwood Country Club. During his later career, JB was active in the Country Club Management Association of America and the Dayton Rotary Club. JB and Norma were also long-time members of Westminster Presbyterian Church in Dayton, where he served as deacon, elder, and trustee. He is survived by his wife of 68 years Norma, his daughter Cyndy Lendon, his son Rick (Gail), his daughter Kim Tanning (Barry), his grandchildren Emily Lendon Reynolds (Brad), Sam Lendon, Derick Tanning, and Shane Tanning (Clare), three great-grandchildren (Lainey, Liza, and Chandler Reynolds), and nieces and nephews from across the U.S. He was preceded in death

by his mother, Lillian Becher, his father, Frederick Becher, his brother, Don Becher, his sister Shirley Hayes, and a grandchild, Starla Medina Tanning. A celebration of life service will be held at Westminster Presbyterian Church in Dayton, Ohio, on October 27 at 1:00 pm. In lieu of flowers, the family requests donations to Westminster Presbyterian Church of Dayton (125 North Wilkinson Street, Dayton OH 45402); the Starla Medina Scholarship Fund (c/o Traditional Bank, Mount Sterling KY 40353), or Hospice (Bluegrass Care Navigators, 2313 Alexandria Drive, Lexington KY 40504). As JB departs this world, his family would like to thank everyone for their love and remind them of how he always liked to say his farewells: "Goodbye and take care, I'm sure glad you got to see me!"

– Published in Dayton Daily News on Oct. 12, 2018

Alden Harold Gjevre (1931-2018)

Alden Gjevre passed away peacefully at Edgewood Assisted Care Facility in Blaine, MN on April 11, at the age of 88. He was born to Anton and Josephine Gjevre on March 13, 1931 in Spencer, SD. He was the second of four sons born to the Lutheran Pastor and his wife. The family moved several times during Alden's childhood, but Rosholt, SD became his home, and the place where lifelong friendships were made.

In his high school years, Alden was identified as a possible West Point candidate. In order to pursue this opportunity, he transferred to Oak Grove Lutheran High School in Fargo to complete his senior year and be schooled in mathematics. He graduated from Oak Grove in 1949, and was working in Northern Idaho that summer when he received the letter that he had been accepted to West Point. Unfortunately, the letter was two weeks late, and he was given two days to report to Illinois. As it took two days just to get to civilization from the camp he was working at, West Point was not to be. Alden chose another path and began attending Concordia College in Moorhead in the fall of 1949.

He enlisted in the North Dakota National Guard in 1950, and in January of 1951 was sent to Korea. He suffered a shoulder injury and returned in July of 1952. That fall he continued his education at Concordia, graduating in 1955, and then onto Law School at the University of Minnesota.

In 1956 he married Patricia Lou McHarg, and in 1958 he graduated from law school practicing briefly in Duluth, MN. He and Pat moved to Moorhead in 1959. He was hired by the Thysell law firm in 1961. The firm went through a few name changes but eventually became known as Gjevre, McLarnan, Vaa, Hannaher, Skatvold, and McClarnan. He retired in 1994. He was also the attorney for the City of Barnesville from 1963 to 1993.

Alden had an incredible memory and charm with people. With Alden around you didn't need a phone book, as he could recall hundreds of telephone numbers and addresses by memory. Equally impressive was his ability to recall people's names and conversations from previous encounters. This quality endeared him to people in his professional and private life. His mind remained sharp and focused even up to his passing.

Alden had many hobbies and interests. He avidly followed his grandchildren's sporting events, willing to travel hundreds of miles for a softball game, cross country, or track meet. He loved reading (especially history), hunting, fishing with friends and family, walking, coffee with friends at the Frying Pan and Sunmart, get togethers at The Sons of Norway (Fargo), making the Thanksgiving turkey, and more. Some of the best memories were shared with friends and family at their cabin on Ten Mile Lake, where on a Saturday afternoon he would sit on the deck with his good friend Norman Peterson, drink beer, and listen to Red Sovine.

Alden is survived by his wife Pat, his three children, Ross (Connie) Gjevre of Ramsey, MN, Scott (Penny) Gjevre of Clearwater, MN, and Kathy Gjevre of Wickenburg, AZ; grandchildren Alexandra Nail, Connor, Carter, and Hayzen Gjevre, Bill, Renee, and Emilee West, numerous nephews and nieces, and his brother John (Marjorie) of Moorhead. He was preceded in death by his parents, Anton and Josephine, and brothers Paul and Phil. Burial will be held at a later date at Lyster Lutheran Church Cemetery in Nelson, WI.

The family would particularly like to thank Allina Hospice for their outstanding care and compassion, as well as the staff of Edgewood Assisted living for their grace in caring for a very stubborn Norwegian.

Memorials should be directed to Trinity Lutheran Church Moorhead, MN, Rejoice Lutheran Church Clearwater, MN, and/or Allina Hospice care of your choosing.

Evelyn (Toni) Schwartz (1918-2018)



On Dec. 14, 2018, Ten Mile Lake lost one of its most enthusiastic and loyal residents. Having just celebrated her 100th birthday in late October with family and friends from around the country, Evelyn (Toni) Schwartz passed away peacefully at her grandson's home in Lakeville in the company of her beloved family.

Toni was born in 1918 and raised in Garner, Iowa—where she also met “the love of her life” Jim Schwartz on a blind date (with different partners). Jim liked to mix his metaphors, noting that Toni was the catch of his lifetime.

Both Toni and Jim graduated from Iowa State College (now University) and lived in several small towns throughout Iowa—Toni teaching school and Jim running the local newspaper—until they were interrupted by WWII. However, despite the close of the war, they continued a brutal battle against Jim's tuberculosis, reaching eventual cure in the early 50's. From then on, they devoted their energies to radio, television and print journalism education at ISU in Ames. They were known as a team and Toni is still remembered by their students and colleagues for her hospitality and jazz piano at faculty parties.

Summer vacations through the 50's always led the Schwartz's north to the Minnesota lakes.

Jim had fished Ten

Mile as a youngster but our first family visit to Ten Mile was in 1953. After several years of searching the entirety of northern Minnesota for lake property, finally in 1960, Jim and Toni began to build their dream—a small modern cabin on Chariton Beach. For fifty years, that cabin was their oasis in God's country with innumerable family and other visitors. Their passion for and dedication to Ten Mile and the goal of maintaining its pristine beauty was infectious. Toni loved Ten Mile's clear water, birds, wildflowers, woods and vistas. She could often be seen sailing or speeding out in the ski boat to one of Jim's fishing spots to bring him a snack. In many ways, their vision and tireless efforts on behalf of Ten Mile still reverberate in the TMLA itself. It was a love that paid dividends.

After Jim's death in 2011, Toni's visits to the lake from Edina (their residence since 1982) became day-trips only, but her curiosity and love for Ten Mile and the state of the world never subsided. Nor did her musical talents, as she performed for senior dances, funerals and many other gatherings to the ripe age of 98. She even played a bit of jazz at her 100th birthday party.

Toni's optimism and warmth continued to the end as well. She always saw the full half of the glass and her faith in God's hopeful promises lit up her eyes and smile. She ran the race with style and grace and was ready to go—ready to be with Jim again.

Toni is survived by a loving family, including sons James Michael (Linda) and Jeffrey (Jeanne), grandchildren Nathan (Kristin), Jaclyn (Chris) Napier, Colin (Maggie), Lyndsey (Dave), Stephanie (Jeff) Herring, and great grandchildren Allison, Benjamin, Carolyn, Natalie, Jessica, Cooper James, Joelson, James, Miles, Scarlett, Savannah and Sadie.

All these and many more will miss Toni. Still, she lives on in our hearts.



– Submitted by James Michael Schwartz

Please send obituary articles to the editor at 10mileneewsletter@gmail.com and include pictures if possible. I am pleased to publish pictures or add to obituaries after initial publications. Due to limited space, obituaries may be shortened in the print version, but will always be available, in full, in the online publication of the newsletter. Added details will appear in the obituary archives on: www.tenmilelake.org.

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To subscribe to this newsletter, or to enquire about membership in the Ten Mile Lake Association, please contact the membership coordinator. Membership dues are \$40 per year.
Archived newsletters are available on the TMLA website.

TMLA Newsletter, Spring 2019

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Please contact any officers, directors or committee chairs with questions, comments and suggestions, or to volunteer. Your involvement ensures a better future for Ten Mile Lake.

Full committee membership lists are available on the website: www.tenmilelake.org

The Roster: The roster remains accessible on the website. This yearly update is only available in the Fall publication of the print issue, following the Annual Meeting and Elections.