



Julie Hammond, Chair

Brenda Cronin, Executive Director

What is the Mental Health and Recovery Board of Erie and Ottawa Counties?

The Mental Health and Recovery Board of Erie and Ottawa Counties (MHRBEO), made up of five staff and 18 Board members, serves as the addiction and mental health services planning agency for the communities of Erie and Ottawa Counties to create a continuum of care for those suffering from mental illness and substance use disorders. The MHRBEO does not provide services directly to the individual. Instead, the Board contracts with community agencies and local providers to ensure that counseling and support services, trained professionals, and proven methods are in place and accessible to those in need.

How many people have accessed MHRBEO-funded mental health and substance use disorder services?

- In fiscal year (FY) 2018, over 27,000 individuals directly benefited from 220 programs and services supported by the MHRBEO.
- In 2018, our crisis hotline received more than 11,000 calls, with over 9,000 relevant to mental health issues.
- On any given day, an average of nine (9) individuals from Erie or Ottawa County are patients at the Northwest Ohio Psychiatric Hospital who were assessed by Firelands Counseling and Recovery Services.
- 75% of inmates in our county jails are afflicted with mental illness and/or substance use disorder and have access to mental health and addiction services.
- 559 patients were admitted to Firelands psychiatric unit in 2018.
- In FY 2018, there were 219 admissions to the Erie County Health Department detox unit.
- 18 individuals were referred to residential treatment for substance use disorder.
- 49 individuals resided in recovery housing during FY 2019.
- 60 individuals with mental illness received guardianship services to oversee their welfare and finances.
- In FY 2019, 62 families with 97 children were offered assistance through the *GRAND Love* program which assists grandparents (and others) who are raising children with absent parents.
- 18 schools with a total student population of 17,268 received funding to provide a variety of prevention, intervention and treatment services for school year 2019 – 2020.
- In FY 2019, 54 law enforcement and emergency responders were participants in Crisis Intervention Team (CIT) training in order to sustain more effective interactions among law enforcement, mental health care providers and those with mental illness.
- 165 individuals were trained in Mental Health First Aid in FY 2019.
- Over 400 education staff have been trained in suicide prevention.

Which organizations are funded through MHRBEO and provide services to the community?

The following providers receive funds from the MHRBEO to serve the citizens of Erie and Ottawa Counties:

- **Bayshore Counseling Services (419-626-9156)** – Continuum of care for substance use disorders and mental health.
- **Blanchard Valley Hospital Detox – Findlay (419-423-4500)** – Detox for men and women.
- **Catholic Charities (419-668-3073)** – Guardianship services for individuals with mental health disorders needing oversight of their welfare and finances.
- **Erie County and Ottawa County Sheriffs' Offices** – Services to inmates with mental health and/or addiction issues, including counseling, psychotropic medication and Medication Assisted Treatment.

- **Erie County Health Department Detox Unit (419-626-5623)** – Detox services for residents in Erie and Ottawa Counties.
- **Erie Shore Network (419-626-2006)** – Consumer operated services for social networking, activities and events for those with mental illness.
- **Firelands Counseling and Recovery Services (800-826-1306)** – Continuum of care for mental health and substance use disorders.
- **Light House Sober Living (419-967-9550)** – Recovery Housing for men and women.
- **Northpoint Education Services Center (419-627-3900)** – Prevention, intervention and treatment services for youth in schools.
- **Oak House (419-734-4417)** – Consumer operated services for social networking, activities and events for those with mental illness.
- **Ottawa County Family Advocacy Center (419-301-0225)** – Manages programs such as CASA, TNT Mentoring, TICKET to Success, *GRAND Love*, and Summer Lunch.
- **Rescue Mental Health and Addiction Services (419-255-3125)** – Crisis care for individuals needing hospitalization for mental health issues.
- **Sandusky Artisans Recovery Community Center (419-621-9377)** – Consumer operated services for social networking and support services for those with substance use disorder and/or mental illness.
- **Surest Path to Recovery Detox – Bloomville (419-983-4100)** – Detox services for women.
- **Surest Path to Recovery Detox – Fremont (567-280-4531)** – Detox for men.
- **University of Toledo Medical Center (419-383-3815)** – Child and Adolescent Crisis Stabilization Unit.
- **Volunteers of America (419-248-3733)** – Housing for individuals with mental illness or in need of recovery housing.

How does an individual access services?

- Call the crisis hotline at 1-800-826-1306.
- Call any of the providers directly except for the University of Toledo Medical Center and Rescue Mental Health and Addiction Services. Referrals to these services must be made by calling Firelands Counseling and Recovery Services (1-800-826-1306).
- Call the MHRBEO at 419-627-1908.
- Text 4hope to the number 741741 to text with a crisis counselor. Individual does not need to have a phone conversation with the counselor and the entire conversation will be through texting.



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